

## Geaux CrossFit - Baton Rouge

baton rouge

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*baton rouge*

## *Geaux CrossFit - Baton Rouge*

### **Discover Geaux CrossFit: Your Fitness Community in Baton Rouge**

Located in the heart of Baton Rouge, Louisiana, **\*\*Geaux CrossFit\*\*** offers more than just a gym; it's a vibrant community that welcomes individuals from all walks of life. Whether you're looking to enhance your fitness journey or simply drop in for a session, this facility has everything you need.

### **Membership Required and Planning for Success**

At Geaux CrossFit, **\*\*membership is required\*\***, but it is well worth the investment. With a structured training program designed to meet various fitness

levels, members can expect carefully planned workouts that not only challenge but also support their individual goals. From beginners to seasoned athletes, every member gets the attention they need to succeed.

## **Accessibility for All**

One of the standout features of Geaux CrossFit is its commitment to **\*\*accessibility\*\***. The facility is equipped with a **\*\*wheelchair-accessible entrance\*\*** and **\*\*wheelchair-accessible car park\*\***, ensuring that everyone, regardless of physical ability, can join in on the fitness journey. This inclusive environment has been praised by many who have experienced the welcoming atmosphere firsthand.

## **A Warm Community Awaits**

Feedback from members highlights the incredibly supportive community at Geaux CrossFit. Many visitors and members emphasize how welcoming the coaches and fellow athletes are. Reviews often mention the personalized attention and encouragement received during workouts. For instance, one visitor stated, "Everyone was so welcoming, and the coaching was top-notch!" Such sentiments reflect the core values that make this gym feel like a second home.

## **Top-Notch Coaching**

The coaching staff at Geaux CrossFit is committed to providing a top-tier training experience. Coaches are known for their attentiveness, knowledge, and ability to meet each athlete at their skill level. Members appreciate the depth of coaching, noting that "coaches are very knowledgeable and willing to go the extra mile to assist their athletes." This strong emphasis on education helps ensure that every member feels safe and confident during their workouts.

## **Environment and Facilities**

In addition to exceptional coaching, Geaux CrossFit boasts a clean and spacious facility filled with high-quality equipment. Members frequently comment on how organized and well-maintained the gym is, asserting that it's "probably the cleanest CrossFit gym" they've ever visited. The welcoming atmosphere is complemented by modern amenities, including shower facilities, making it convenient for those who squeeze workouts into their busy schedules.

## **Conclusion: Join the Geaux Family**

If you're looking for a gym that prioritizes community, accessibility, and outstanding coaching, Geaux CrossFit is an excellent choice. Whether you're planning to become a full-time member or just want to drop in for a class, you will find a supportive environment that encourages personal growth and achievement. With **\*\*membership opportunities available\*\***, there has never been a better time to see what Geaux CrossFit has to offer. Join today and

discover the transformative power of fitness!

**We are located at**

12110 S Harrells Ferry Rd, 70816 Baton Rouge, Louisiana - United States (US)

The contact line of this **Gym** is +1225-438-9661

And if you want to send a WhatsApp, you can do so at +1225-438-9661

**Our opening hours are:**

Day Hours  
Monday

*5?AM–1:30?PM 3–8?PM*

Tuesday

*5–10?AM 11:30?AM–1:30?PM 3–6?PM*

Wednesday

*8:30–10?AM*

Thursday

*2–4?PM*

Friday

*5?AM–1:30?PM 3–8?PM*

Saturday

*5?AM–1:30?PM 3–8?PM*

Sunday

*5?AM–1:30?PM 3–8?PM*

The website is Geaux CrossFit

If you require to modify any information that you feel is not precise concerning this site, we ask send us a message so we can we will fix it as soon as possible. Thanks beforehand thanks.

**Images**



*Geaux crossfit street view 360deg*



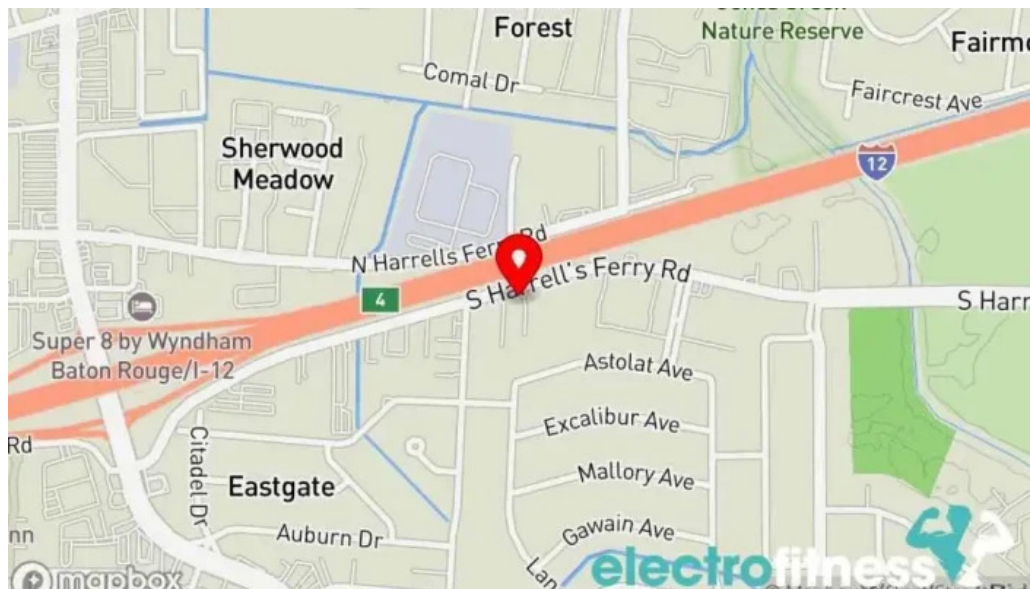
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## Tags

*Wheelchair-accessible car park, Membership required, Accessibility, Planning, Wheelchair-accessible entrance*

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country club
coworking space
dance school
day spa
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
golf instructor
grocery store
gym
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kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
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pharmacy
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physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre

vitamin & supplements store
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization