

Oregon Fitness Studio - Beaverton

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Welcome to Oregon Fitness Studio in Beaverton, Oregon

Oregon Fitness Studio is not just any gym; it's a vibrant fitness community that prioritizes **accessibility**, personalized training, and a welcoming atmosphere. Located in Beaverton, this studio offers an exceptional fitness experience for everyone, including those with specific needs.

Accessibility at Oregon Fitness Studio

The studio ensures that all members can enjoy their fitness journey with ease. It features a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, making it convenient for individuals with mobility challenges. The inclusive environment allows all members to participate in fitness activities confidently.

On-Site Services Tailored to Your Needs

Oregon Fitness provides various **on-site services** tailored to meet individual goals. With experienced trainers like Traci and Mari, you receive personalized attention for your unique fitness journey. Many clients have praised their professionalism and supportive approach, making workouts feel less like a chore and more like an enjoyable routine. Whether you're training for a competition or just looking to improve your fitness, they have you covered.

Online Classes for Flexibility

In addition to in-person training, Oregon Fitness offers **online classes**. This flexibility allows members to stay on track with their fitness goals, even if they can't make it to the studio. Many participants appreciate the educational components of these classes, as they learn proper exercise techniques and nutritional practices from knowledgeable trainers.

Variety of Service Options

The gym features a wide range of **service options** including group classes, private sessions, and customized workout plans. With small group settings, members can exercise alongside friends while receiving guidance from expert trainers. Each class offers something new and challenging, ensuring that workouts remain engaging and effective.

Community and Support

Oregon Fitness Studio is more than just a gym; it's a community. Many clients express their gratitude for the supportive environment where they can openly share their fitness journeys. Whether you're a new parent bringing your child in a stroller or a seasoned competitor preparing for a contest, the welcoming atmosphere makes it a unique place to achieve your goals.

Conclusion: Why Choose Oregon Fitness Studio?

With its commitment to accessibility, comprehensive on-site services, and innovative online options, Oregon Fitness Studio stands out as a top choice for anyone seeking to elevate their fitness journey. It's a place where every

member feels valued, supported, and empowered to reach their health and fitness aspirations. Check out Oregon Fitness Studio today and discover how it can help you transform your life!

We are found at

8209 SW Cirrus Dr bldg 17, 97008 Beaverton, Oregon - United States (US)

The contact phone of this **Gym** is +1503-309-4009

And if you want to send a WhatsApp, you can do so at +1503-309-4009

Our opening hours are:

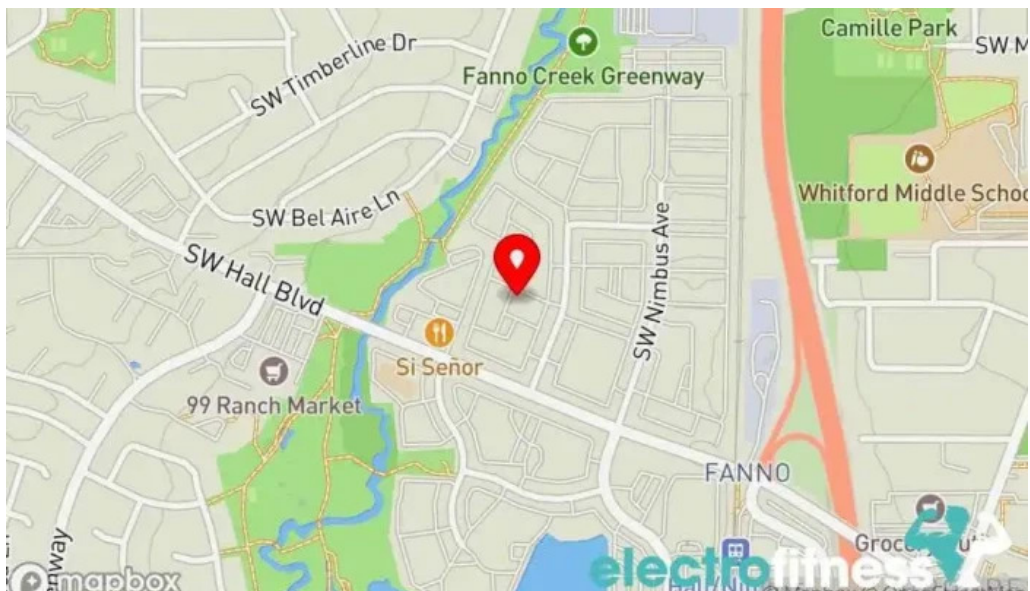
Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

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Images



Oregon fitness studio street view 360deg



Oregon fitness studio map



Oregon fitness studio beaverton



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Tags

Online classes, Wheelchair-accessible car park, Accessibility, Wheelchair-accessible entrance, Service options, On-site services

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psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office

self defense school
senior citizen center
shooting range
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