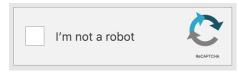


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### Ann Morrison Park Outdoor Gym - Boise

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boise

# Ann Morrison Park Outdoor Gym - Boise

#### Exploring the Gym at Ann Morrison Park in Boise, Idaho

Ann Morrison Park boasts a unique \*\*outdoor gym\*\* that attracts fitness enthusiasts and casual exercisers alike. Situated conveniently near the university, park, greenbelt, and downtown, this \*free park gym\* offers an accessible option for outdoor workouts.

#### Accessibility Features

One of the notable benefits of Ann Morrison Park's outdoor gym is its \*\*accessibility\*\*. The facility includes a \*\*wheelchair-accessible car park\*\* and a \*\*wheelchair-accessible entrance\*\*, ensuring that everyone can enjoy the space. This thoughtful design makes it easier for individuals with mobility challenges to participate in physical activities in a welcoming environment.

# Amenities Available

The outdoor gym area comes equipped with a variety of \*\*amenities\*\* that cater to different fitness levels. Users have noted that while the gym may appear slightly run down, the equipment remains well-maintained. However, it's important to mention that most machines lack clear instructions, making it necessary to visit the website for workout guidance. Additionally, there are \*\*bathrooms available in the nearby shelter\*\*, although they are closed during winter months. A swimming pool in close proximity enhances the overall workout experience, providing an opportunity for refreshing swims after a rigorous session.

### Pros and Cons of the Outdoor Gym

Several pros and cons have been highlighted by visitors to Ann Morrison Park: \*\*Pros:\*\* - The gym offers a free workout option for all. - Easy access from various local landmarks. - Well-maintained workout equipment. - Availability of bathrooms nearby. \*\*Cons:\*\* - The area can become congested during summertime, especially due to river floaters. - Limited shade can make workouts uncomfortable in hot weather. - Suggestions for improvements include a larger facility, diverse equipment options, closer water access, and shaded seating areas.

#### Conclusion

Overall, the gym at Ann Morrison Park presents a great opportunity for outdoor workouts amidst beautiful surroundings. While some improvements could enhance the experience, the combination of accessibility features and amenities makes it a valuable resource for the community. Whether you are a local or just visiting Boise, consider stopping by for a unique fitness experience in this scenic park.

#### Our business is at

, 83706 Boise, Idaho - United States (US)

#### Our business hours are:

Day Hours Monday 5?AM–8:30?PM Tuesday 5?AM-8:30?PM Wednesday 5?AM-8:30?PM Thursday 5?AM-8:30?PM Eriday 5?AM-8:30?PM Saturday 7?AM-6?PM Sunday 7?AM-6?PM

The website is Ann Morrison Park Outdoor Gym

If you wish to change any detail that you feel is not accurate concerning this portal, we urge you to send a message and we will handle it at the earliest convenience. Thanks beforehand we appreciate it.



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