

## CrossFit Casual - Boise

boise



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boise

## CrossFit Casual - Boise

### Discover CrossFit Casual: Boise's Premier LGBTQ+ Friendly Gym

If you're searching for an exceptional CrossFit experience in Boise, Idaho, look no further than **\*\*CrossFit Casual\*\***. Renowned for its outstanding facilities and community-focused approach, this gym provides a welcoming environment for everyone, particularly for those who identify as part of the LGBTQ+ community.

### Accessibility and Amenities

One of the standout features of CrossFit Casual is its commitment to

**\*\*accessibility\*\***. The gym boasts a **\*\*wheelchair-accessible entrance\*\*** and a **\*\*wheelchair-accessible car park\*\***, ensuring that all individuals can participate in their fitness journey without barriers. Beyond accessibility, CrossFit Casual offers a range of high-end **\*\*amenities\*\*** including a sauna, cold plunge, refreshing cold towels, and an ice maker. These facilities enhance the overall workout experience, allowing members to unwind and rejuvenate post-exercise.

## **A Thriving Crowd**

The atmosphere at CrossFit Casual is nothing short of amazing. Many visitors rave about the **\*\*crowd\*\***, describing it as friendly, supportive, and inclusive. Whether you are a seasoned athlete or new to CrossFit, you will feel welcomed from the moment you step into the gym. Reviews highlight that members and coaches alike foster a positive environment where everyone feels uplifted and encouraged during classes.

## **Quality Coaching and Programming**

Under the expert guidance of owner and head coach Brian, CrossFit Casual offers diverse and dynamic programming. Members appreciate the structured yet enjoyable classes that cater to various fitness levels. Brian and his coaching team take the time to ensure that each member receives personalized attention, making the workouts both safe and effective. The combination of challenging exercises and fun classes keeps members engaged and motivated.

## **A Community Focused Gym**

What truly sets CrossFit Casual apart is its emphasis on community. The gym organizes various events, including yoga, Pilates, and HIIT sessions, which bring members together and promote camaraderie. Many members note how active the gym is in the local community, partnering with various businesses to create a supportive network.

## **Conclusion: Your Next Fitness Destination**

In summary, CrossFit Casual in Boise, Idaho, stands out as a premier destination for those seeking a friendly, accessible, and well-equipped gym. With its excellent amenities, quality coaching, and a vibrant community, it's no wonder that members consider CrossFit Casual their home away from home. Whether you're just starting or looking to elevate your fitness game, this gym checks all the boxes—making it a must-try for anyone in the area!

## **You can reach us at**

3020 W Fairview Ave, 83702 Boise, Idaho - United States (US)

The phone of this **Gym** is +1208-581-7149

And if you want to send a WhatsApp, you can do so at [+1208-581-7149](https://www.whatsapp.com/business/profile/12085817149)

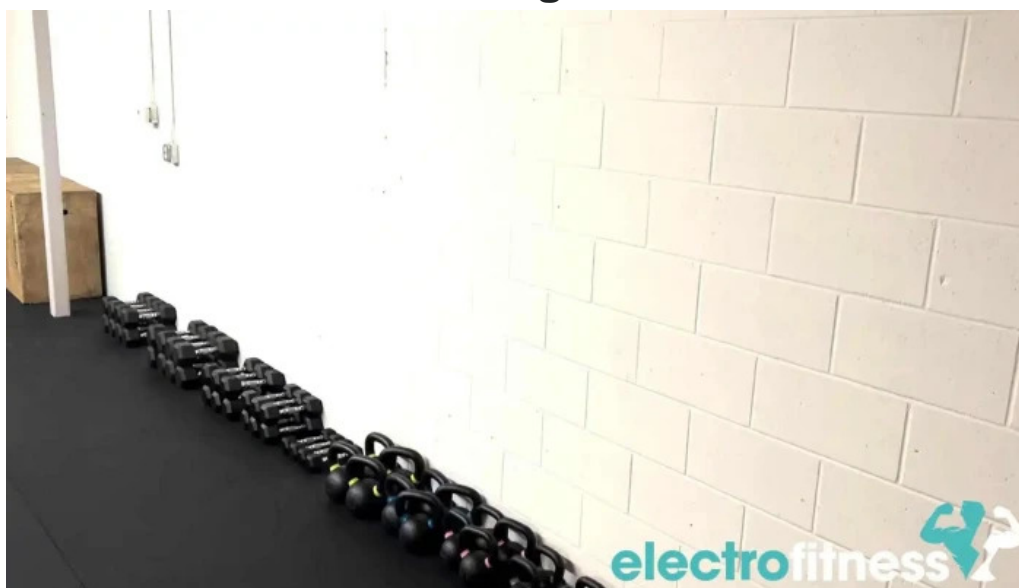
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Tuesday  
6?AM–6:30?PM  
Wednesday  
6?AM–6:30?PM  
Thursday  
6?AM–6:30?PM  
Friday  
6?AM–6:30?PM  
Saturday  
9:30–11?AM  
Sunday  
Closed

The website is [CrossFit Casual](#)

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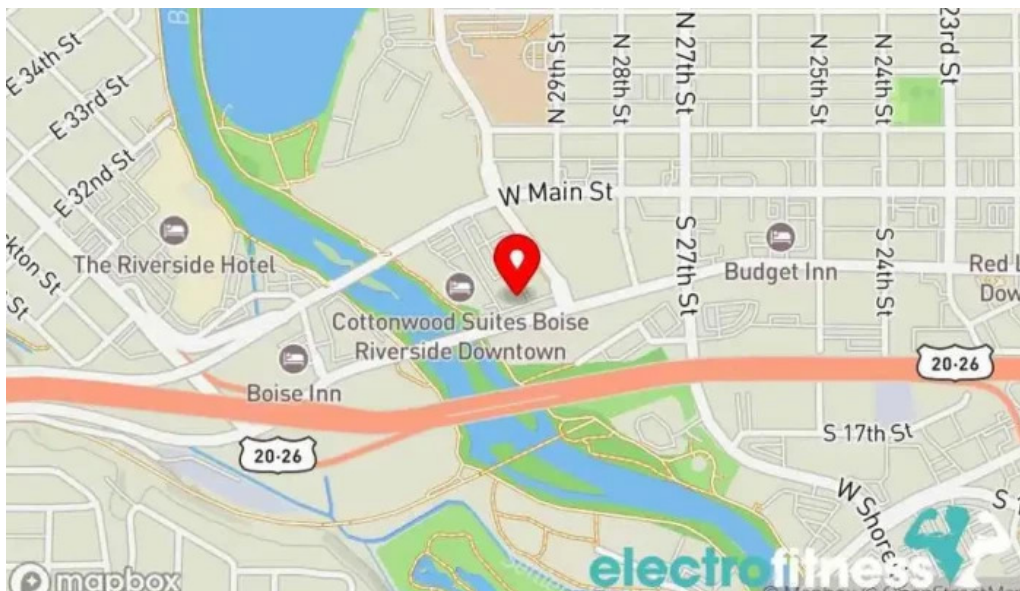
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## Tags

*Crowd, LGBTQ+ friendly, Sauna, Amenities, Accessibility, Wheelchair-accessible car park, Wheelchair-accessible entrance*

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jujitsu school
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martial arts school
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pharmacy
physical fitness program
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public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
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sports club
sports complex
sports medicine clinic
sports school
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swimming instructor
swimming school
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