

## Curves - Boise

boise

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boise

## Curves - Boise

### Discover Curves Gym in Boise, Idaho

Curves Gym in Boise, Idaho, is a unique fitness facility that emphasizes convenience, accessibility, and community for its members. \*\*Planning your visit\*\* has never been easier, whether you're a seasoned athlete or just beginning your fitness journey.

### Comprehensive On-Site Services

At Curves, you'll find a variety of \*\*on-site services\*\* tailored to meet the needs of every member. With a focus on a full-body workout, you can complete all

muscle groups in just 30 minutes. Many members appreciate the friendly and helpful staff who are always available to assist with any inquiries or fitness advice.

### **Accessibility for Everyone**

Curves Gym goes above and beyond to ensure **\*\*accessibility\*\*** for all members. The facility features a **\*\*wheelchair-accessible car park\*\*** and a **\*\*wheelchair-accessible entrance\*\***, making it easy for individuals with mobility challenges to enjoy their workout experiences without barriers.

### **Online Classes for Convenience**

For those who prefer working out from home, Curves also offers **\*\*online classes\*\***. This feature ensures that you can stay connected with your fitness goals, even if you can't make it to the gym. The diversity of classes, including fun options like Zumba, helps keep workouts exciting and engaging.

### **Membership Benefits**

A **\*\*membership\*\*** is required to access Curves Gym, but the benefits are worth it. Members have access to various amenities, including a swimming pool, which provides additional opportunities for low-impact exercise. Whether you're looking to tone your body or participate in a community fitness challenge, Curves has something for everyone.

### **A Welcoming Environment**

Reviews from current members highlight the supportive atmosphere at Curves. One member expressed gratitude for the team's assistance during their personal fitness journey, stating, "Thanks to a great team at Curves." Families often bring elderly loved ones, as seen in a review where an elderly mother finds joy in her visits, emphasizing how nice and helpful everyone is.

### **Conclusion**

In conclusion, Curves Gym in Boise, Idaho, offers a comprehensive fitness experience that caters to all. From **\*\*on-site services\*\*** to **\*\*online classes\*\***, the gym provides accessible options for every member. With a welcoming environment and dedicated staff, it's no wonder many choose Curves as their fitness home. Join today and experience the positive impact on your health and well-being!

### **We are located at**

8960 W Ardene St, 83709 Boise, Idaho - United States (US)

The phone number of the mentioned **Gym** is +1208-378-4740

And if you want to send a WhatsApp, you can do so at +1208-378-4740

**Our business hours are:**

Day Hours  
Monday  
5:30?AM–1:30?PM 3:30–6:30?PM  
Tuesday  
5:30?AM–1:30?PM 3:30–6:30?PM  
Wednesday  
5:30?AM–1:30?PM 3:30–6:30?PM  
Thursday  
5:30?AM–1:30?PM 3:30–6:30?PM  
Friday  
5:30?AM–1:30?PM 3:30–6:30?PM  
Saturday  
Closed  
Sunday  
Closed

The website is Curves

In case you want to adjust any data that you think is not accurate concerning this site, we urge you to send us a message so we can we will correct it as soon as possible. Thank you in advance we appreciate it.

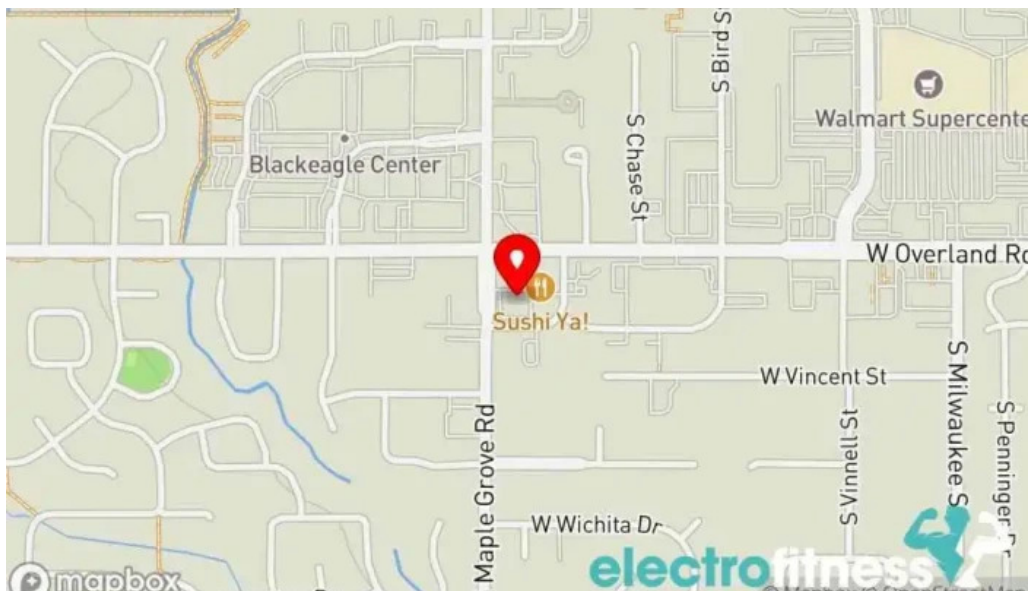
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Curves videos



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*Curves by owner*



*Curves boise*





*Curves all*

## Tags

*Wheelchair-accessible car park, Wheelchair-accessible entrance, Planning, Online classes, Amenities, On-site services, Accessibility, Membership required, Service options, Swimming pool*

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karate school
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kinesiologist
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martial arts club
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pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
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