

The Gym Eighth and Main - Boise

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The Gym Eighth and Main - Boise

The Gym Eighth and Main: Boise's Premier Fitness Destination

Overview of The Gym

The Gym Eighth and Main is a highly regarded fitness facility located in downtown Boise, Idaho. Known for its clean environment and excellent facilities, this gym caters to both casual exercisers and serious fitness enthusiasts. With a focus on member satisfaction, The Gym offers a wide range of amenities that

enhance the workout experience.

Accessibility Features

One of the notable features of The Gym is its **wheelchair-accessible entrance** and **wheelchair-accessible car park**, ensuring that everyone can enjoy their fitness journey without barriers. This commitment to **accessibility** makes The Gym a welcoming space for all members of the community.

Amenities Worth Mentioning

When it comes to **amenities**, The Gym doesn't disappoint. Members can enjoy:

- **Top-of-the-line equipment** including free weights, machines, and cardio options such as Pelotons.
- Clean and well-maintained locker rooms equipped with private showers and additional personal care items.
- On-site services such as personal training and group classes, enriching the overall experience for members.

With Wi-Fi available throughout the facility, members can stay connected while working towards their fitness goals.

Planning Your Visit

Before you go, it's essential to plan your visit to maximize your experience. The Gym is open 24 hours for members, making it convenient for anyone with a busy schedule. However, it's essential to be aware of potential crowding during peak hours. Some reviews note that there have been changes to space availability and class offerings, which may affect your workout unless you come prepared.

Online Classes and Membership Options

In today's fast-paced world, The Gym offers **online classes**, allowing flexibility for those who prefer to work out from home or on the go. A **membership** is required to access these features, with various plans available to fit different needs. Reviews suggest being cautious of unexpected fees associated with memberships, so it's advisable to clarify details during registration.

Member Feedback

Overall, feedback from current and former members highlights several key points:

- **Cleanliness and Maintenance**: Many members commend the gym's cleanliness and upkeep. The commitment to maintaining a pristine environment is often noted as one of the gym's standout features.
- **Staff and Community**: The staff at The Gym are described as friendly, knowledgeable, and dedicated to helping members achieve their fitness goals. The sense of community fosters an encouraging atmosphere for all.
- **Quality Classes**: Members rave about the variety of classes offered, which cater to different fitness levels and preferences. The energy in these classes is often highlighted as a motivating factor for returning.

Conclusion

The Gym Eighth and Main in Boise, Idaho, stands out as a premier fitness destination offering top-notch amenities, solid accessibility, and a strong community vibe. Whether you're a fitness veteran or just starting your journey, this gym provides the resources and support necessary to help you succeed in your health and wellness goals. For those considering joining, it is recommended to review membership options carefully to avoid unexpected charges.

The premises are located at

800 W Main St, 83702 Boise, Idaho - United States (US)

The contact line of the respective **Gym** is +1208-789-0477

And if you want to send a WhatsApp, you can do so at +1208-789-0477

Our opening hours are:

Day	Hours
Monday	6?AM–7?PM
Tuesday	6?AM–7?PM
Wednesday	6?AM–7?PM
Thursday	6?AM–7?PM
Friday	6?AM–8?PM
Saturday	8?AM–4?PM
Sunday	10?AM–6?PM

The website is The Gym Eighth and Main

If necessary to change any data that you consider is not accurate related to this portal, we urge you to forward a message and we will fix it as soon as possible. With anticipation thank you very much.

Images



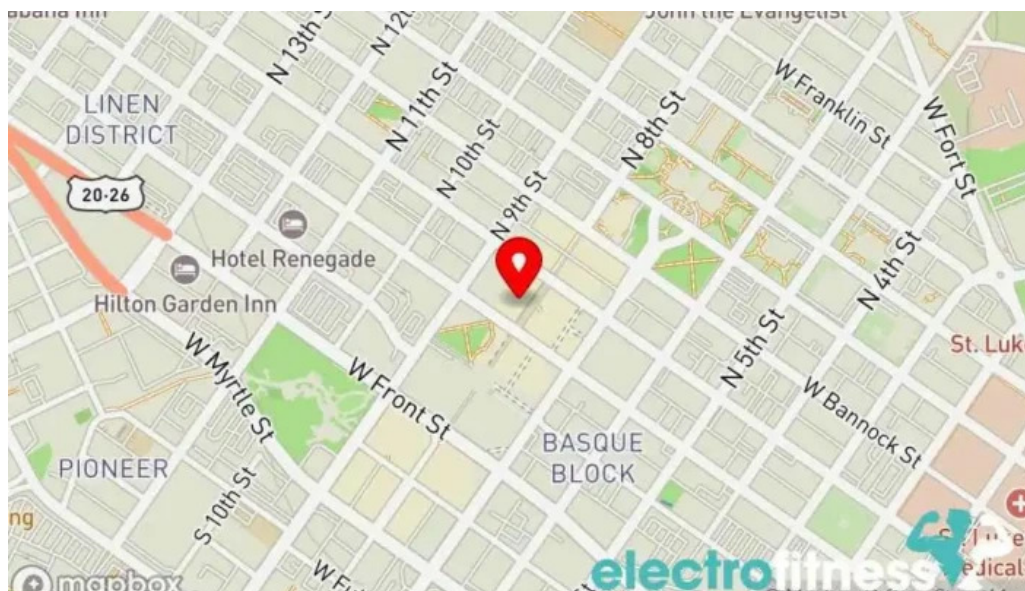
The gym eighth and main website



The gym eighth and main street view 360deg



The gym eighth and main score



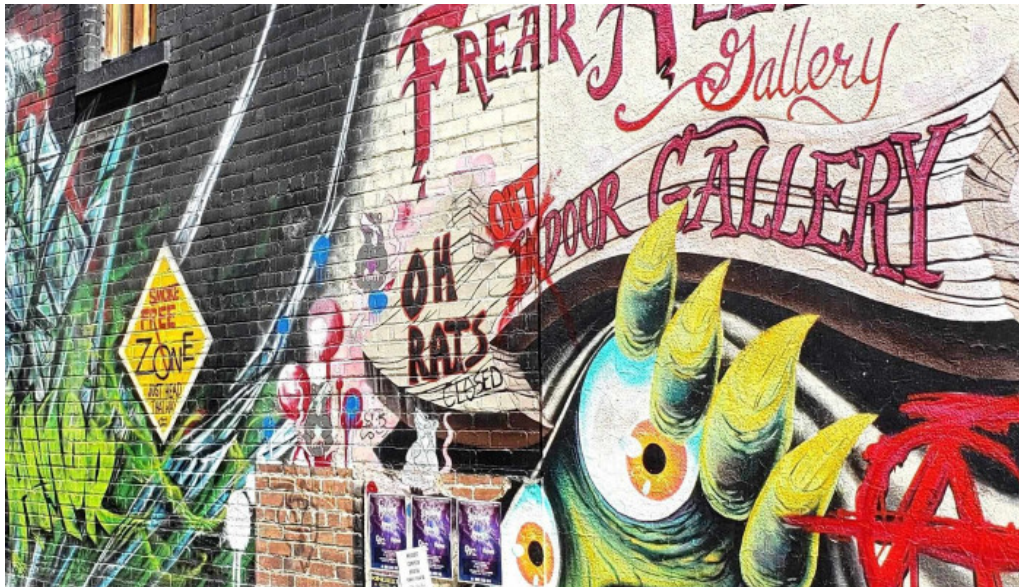
The gym eighth and main map



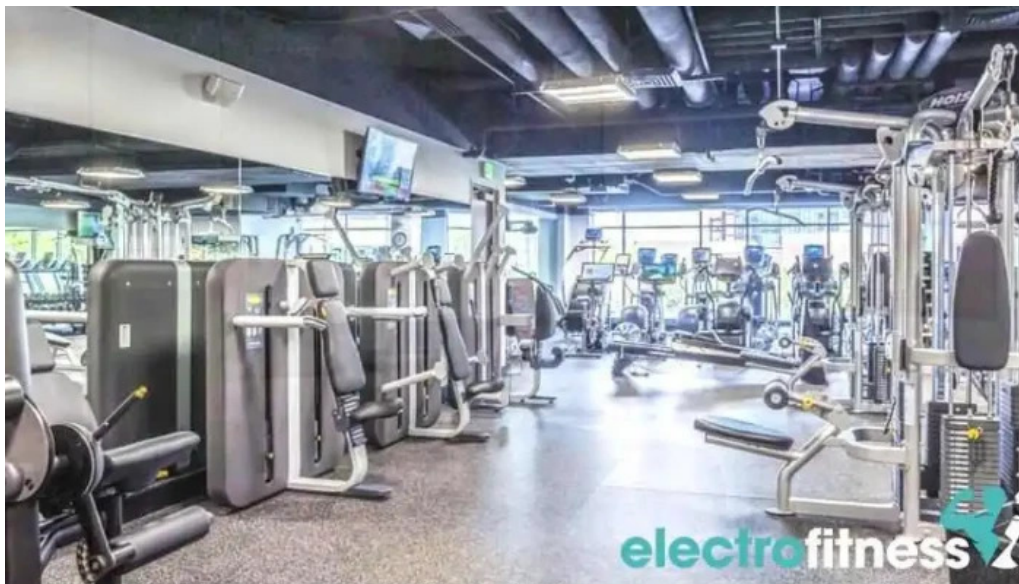
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Tags

Online classes, Wheelchair-accessible entrance, Planning, Accessibility, On-site services, Membership required, Wi-Fi, Wheelchair-accessible car park, Amenities, Service options

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