

Bac - Bowling Green

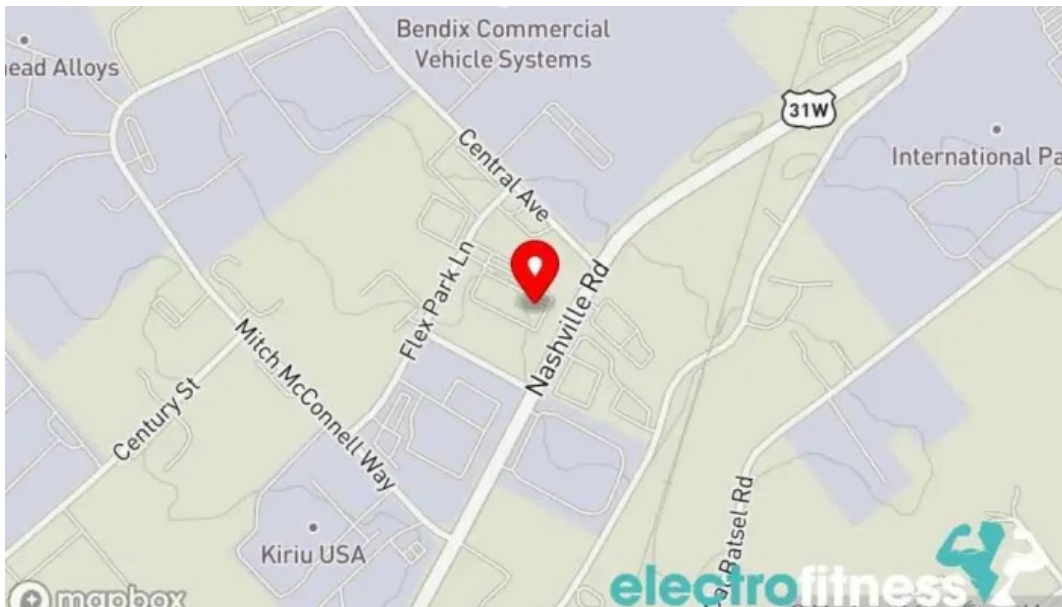
bowling green

☐ I'm not a robot



| | |
|------------------------|--------------|
| Published on: 12/05/25 | Hits: 40 |
| Comments: 0 | See comments |
| Votes: 4 | Score: 3.5 |

https://www.electrofitness.com/gym/bowling-green/bac-bowling-green_288664.php



bowling green

Bac - Bowling Green

Exploring Gym BAC in Bowling Green, Kentucky

Gym BAC in Bowling Green, Kentucky, offers a welcoming environment for fitness enthusiasts, especially those seeking accessible options. The facility is designed to cater to various needs, making it an ideal choice for everyone, including individuals with mobility challenges.

Wheelchair-Accessible Car Park

One of the standout features of Gym BAC is its ****wheelchair-accessible car park****. This ensures that all members and guests can easily locate suitable

parking, providing convenience and peace of mind. Accessibility is crucial, and Gym BAC has taken steps to ensure that everyone can access the gym without hassle.

Wheelchair-Accessible Entrance

Upon entering, visitors will find that Gym BAC boasts a ****wheelchair-accessible entrance****. This feature not only helps those with disabilities but also enhances the overall experience for all patrons. The ease of access sets a positive tone right from the start, allowing individuals to focus on their fitness goals rather than mobility concerns.

A Friendly Atmosphere

Feedback from regular users highlights the friendly and professional staff at Gym BAC. Many members appreciate the cleanliness of the facility, emphasizing that it is well-maintained and spacious. One patron mentioned, "The place is clean and full of great equipment," which reinforces the gym's commitment to providing an enjoyable workout environment.

Equipment and Facilities

Gym BAC is equipped with a wide range of fitness equipment, catering to various workout preferences. Additionally, the popular basketball courts provide a fun way to incorporate a social aspect into fitness routines. Even during peak hours, many users report that the gym is rarely crowded, particularly in the mornings.

Room for Improvement

While Gym BAC has received positive reviews, some patrons have pointed out areas for improvement. Certain visitors noted the limited hours of operation, with closing times at 8 PM on weekdays and no weekend access. Moreover, experiences with staff friendliness have been mixed; some reported unsatisfactory interactions when trying to inquire about day passes.

Conclusion

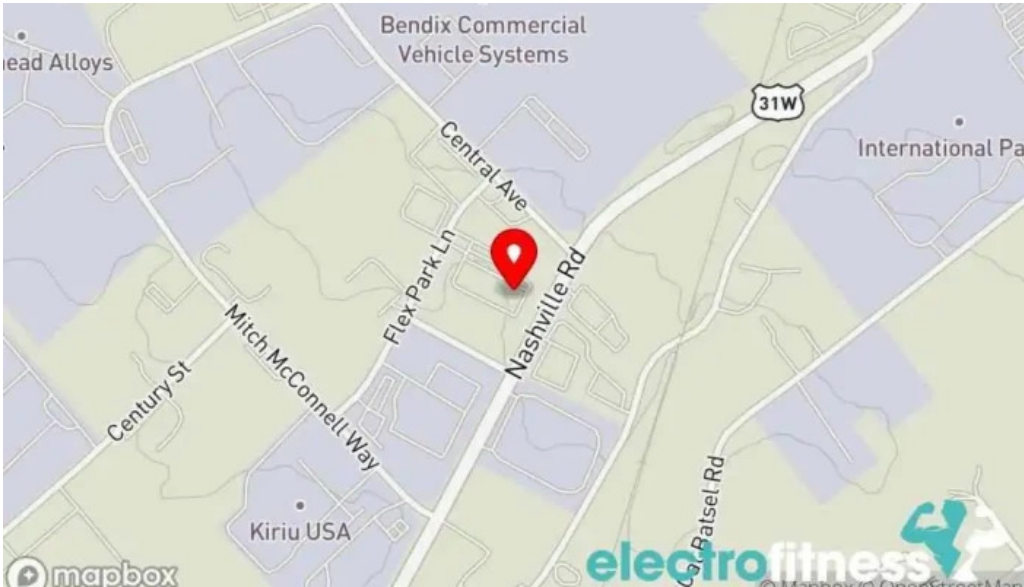
Overall, Gym BAC in Bowling Green, Kentucky, presents a solid option for fitness enthusiasts seeking a clean and accessible environment. With features like a ****wheelchair-accessible car park**** and entrance, along with a variety of equipment, it aims to cater to a diverse clientele. However, potential visitors may want to consider the operating hours and staffing experiences before making a decision.

We are at

121 Flex Park Ln, 42101 Bowling Green, Kentucky - United States (US)

In case you want to update any information that you consider is not accurate regarding this page, we urge you to forward a message so we can we will handle it as soon as possible. With anticipation we appreciate it.

Images



Bac map



Bac bowling green

Tags

Wheelchair-accessible car park, Accessibility, Wheelchair-accessible entrance

Related content

| | |
|--------------|--|
| 5.0 * | <i>F45 Training East Bowling Green - Bowling Green</i> |
| 4.9 * | <i>RockBox Fitness Bowling Green - Bowling Green</i> |
| 5.0 * | <i>iStroll Bowling Green - Bowling Green</i> |
| 5.0 * | <i>Hotworx - Bowling Green, Ky - Bowling Green</i> |
| 4.2 * | <i>Planet Fitness - Bowling Green</i> |
| 4.8 * | <i>Anytime Fitness - Bowling Green</i> |
| 5.0 * | <i>Orangetheory Fitness - Bowling Green</i> |
| 5.0 * | <i>The Spot & Spot Stretch'd - Bowling Green</i> |
| 5.0 * | <i>Rock Steady Boxing - Bowling Green</i> |

Categories

| |
|----------------------------|
| academic department |
| acupuncture clinic |
| after school program |
| amusement center |
| amusement park ride |
| animal feed store |
| apartment building |
| apartment complex |
| aquatic centre |
| arena |
| art gallery |
| association / organization |
| athletic club |
| auditorium |
| bar |
| basketball club |
| basketball court |
| batting cage center |
| body shaping class |
| boot camp |
| boxing club |
| boxing gym |
| boxing ring |
| children's party service |

| |
|------------------------------|
| chiropractor |
| church |
| club |
| coffee shop |
| college |
| community center |
| convenience store |
| counselor |
| country club |
| coworking space |
| cultural center |
| dance company |
| dance school |
| day spa |
| disc golf course |
| dollar store |
| educational institution |
| elementary school |
| exercise equipment store |
| facial spa |
| firearms academy |
| fitness |
| fitness center |
| fitness equipment wholesaler |
| food producer |
| foot care |
| gated community |
| golf club |
| golf course |
| golf instructor |
| grocery store |
| gym |
| gymnasium school |
| gymnastics center |
| hair salon |
| health consultant |
| health food restaurant |
| health food store |
| health spa |
| hiking area |
| hospital |
| hotel |

| |
|--------------------------------|
| indoor cycling |
| jujitsu school |
| karate club |
| karate school |
| kenel |
| kickboxing school |
| kinesiologist |
| kinesiotherapist |
| martial arts club |
| martial arts school |
| massage spa |
| massage therapist |
| medical group |
| medical spa |
| meditation center |
| metaphysical supply store |
| muay thai boxing gym |
| non-profit organization |
| nutritionist |
| outdoor sports store |
| park |
| parking lot |
| parkour spot |
| personal trainer |
| pharmacy |
| physical fitness program |
| physical therapist |
| physical therapy clinic |
| pickleball court |
| pilates studio |
| private golf course |
| psychotherapist |
| public educational institution |
| public swimming pool |
| recreation center |
| rehabilitation center |
| resort hotel |
| rock climbing |
| rock climbing gym |
| rv park |
| sauna |
| school |

| |
|-----------------------------|
| school district office |
| self defense school |
| senior citizen center |
| shooting range |
| shopping mall |
| soccer club |
| software company |
| spa |
| spa and health club |
| sporting goods store |
| sports club |
| sports complex |
| sports massage therapist |
| sports medicine clinic |
| sports nutrition store |
| sports school |
| summer camp organizer |
| supermarket |
| swimming facility |
| swimming instructor |
| swimming pool |
| swimming school |
| tanning salon |
| tennis club |
| thrift store |
| training centre |
| vitamin & supplements store |
| weight loss service |
| weightlifting area |
| wellness center |
| wellness program |
| women's organization |
| women's personal trainer |
| wrestling school |
| yoga instructor |
| yoga studio |
| youth organization |