

Sole•Ful Health Club - Bridgton

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https://www.electrofitness.com/gym/bridgton/sole•ful-health-club-bridgton_353339.php



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Sole•Ful Health Club - Bridgton

Welcome to Sole•Ful Health Club in Bridgton, Maine

At Sole•Ful Health Club, where a ****membership is required**** for entry, you'll find an impressive blend of cutting-edge amenities and a welcoming atmosphere. It's not just a gym; it's a community hub for fitness enthusiasts at all levels.

Accessibility

Sole•Ful Health Club prioritizes accessibility for all members. The facility features a ****wheelchair-accessible entrance****, ensuring that everyone can enjoy

their fitness journey without barriers. Additionally, the club boasts a ****wheelchair-accessible toilet**** and a ****wheelchair-accessible car park****, making it convenient for those with mobility challenges.

State-of-the-Art Amenities

With ****Wi-Fi**** available throughout the gym, you can stay connected while focusing on your workout. The facilities include modern equipment that has received high praise from members. Many have reported that working out here feels upscale and contemporary. The ****toilet facilities**** are kept clean and well-maintained, respecting the needs of all members.

A Modern and Welcoming Atmosphere

The atmosphere at Sole•Ful Health Club is often described as superior. Members appreciate the friendly and knowledgeable staff, particularly trainers like Jaden and Matt, who go above and beyond to ensure a positive experience. Their personalized training and nutrition advice have garnered excellent reviews, making them standout professionals in the industry. One member remarked, "The space itself is clean, modern, and has everything you need for a whole-body workout!" This sentiment is echoed by many who visit, appreciating the commitment to cleanliness and a welcoming vibe.

Open 24 Hours for Your Convenience

A unique feature of Sole•Ful Health Club is its ****24/7 access****, which is a significant advantage for those with busy schedules. Whether you're an early bird or a night owl, you can find time to work out that fits your lifestyle.

Conclusion: Join the Community

Though some feedback notes that the gym can be pricey, many members feel that the quality of the equipment, cleanliness, and exceptional staff make it worth the investment. For anyone considering joining, the overall consensus is clear: Sole•Ful Health Club is a fantastic place to meet your fitness goals. Take the first step towards enhancing your health and well-being by visiting and experiencing the community for yourself!

You can visit us at the address:

5 Sustainable Way, 04009 Bridgton, Maine - United States (US)

The phone number of the mentioned **Gym** is +1207-647-7653

And if you want to send a WhatsApp, you can do so at +1207-647-7653

We look forward to seeing you at:

Day Hours
Monday
5?AM–9?PM
Tuesday
5?AM–9?PM
Wednesday
5?AM–9?PM
Thursday
5?AM–9?PM
Friday
5?AM–9?PM
Saturday
5?AM–9?PM
Sunday
5?AM–9?PM

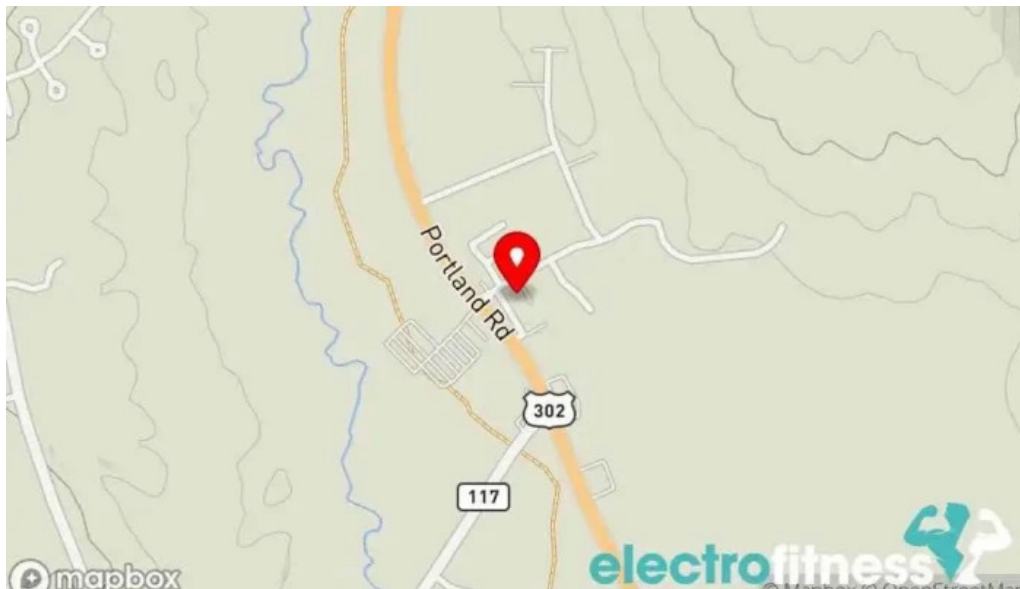
The website is [Sole•Ful Health Club](#)

If necessary to adjust any element that you consider is not correct about this portal, please forward a message so that we will correct it at the earliest convenience. Thanks beforehand thanks for your cooperation.

Images



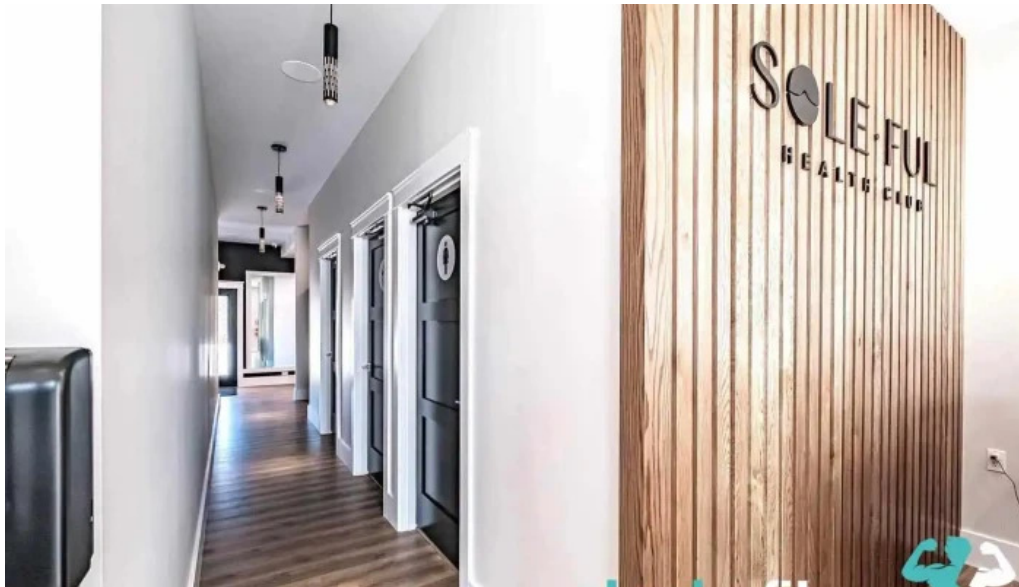
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Soleful health club map



Soleful health club gym



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Tags

Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible toilet, Wheelchair-accessible car park, Wi-Fi, Membership required, Amenities, Planning, Toilet

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fitness
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food producer
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golf club
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grocery store
gun club
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