

Maine Pines Racquet & Fitness - Brunswick

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Maine Pines Racquet & Fitness: A Comprehensive Overview

Maine Pines Racquet & Fitness, located in Brunswick, Maine, is a premier destination for health and fitness enthusiasts. With a variety of on-site services and amenities, this facility caters to members of all ages and fitness levels.

On-Site Services and Amenities

At Maine Pines, a ****membership is required**** to access the full range of facilities. This ensures that all members receive personalized service and a supportive environment. The gym offers various ****amenities****, including a

well-equipped weight room and multiple fitness classes. For those looking to improve their skills, there is even a **tennis court** available for use.

Accessibility Features

Maine Pines values inclusivity. The facility boasts a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, allowing everyone to enjoy their fitness journey. Additionally, the gym has made efforts to ensure its layout accommodates all members, fostering a welcoming atmosphere.

Fitness Classes and Planning

The fitness schedule at Maine Pines includes numerous group exercise options. Members have expressed appreciation for classes led by enthusiastic instructors. Comments highlight the positive impact of classes like Rosina's, which are said to "truly change people's lives." However, some members suggest **adding additional intensity classes** such as bar, kickboxing, Pilates, and hip hop dance to attract more fitness enthusiasts.

Online Classes and Connectivity

In response to growing demands, Maine Pines has also introduced **online classes** to accommodate members who prefer to workout from home. The facility provides complimentary **Wi-Fi** throughout the premises, ensuring that members can stay connected while they exercise.

Family-Friendly Environment

Parents will find Maine Pines to be an excellent choice for their children. Many reviews point out how children enjoy tennis lessons and how instructors support young learners effectively. The facility is known for cultivating a love for tennis among youth, making it a great place to build skills in a fun environment.

General Feedback and Improvements

While the feedback is predominantly positive, some areas for improvement have been noted. Suggestions include offering day passes for under \$10 when accompanied by a member and enhancing the cleanliness of the bathrooms. Ensuring clear communication regarding fees is also crucial for maintaining member satisfaction.

Conclusion

Maine Pines Racquet & Fitness stands out as a comprehensive fitness facility with something for everyone. From its **wheelchair-accessible features** to a variety of fitness options, it continues to adapt and grow to meet the needs of its community. Whether you're looking to learn tennis, join a class, or maintain a healthy lifestyle, Maine Pines is ready to support your fitness journey.

We are located at

120 Harpswell Rd, 04011 Brunswick, Maine - United States (US)

The phone number of the mentioned **Gym** is +1207-729-8433

And if you want to send a WhatsApp, you can do so at +1207-729-8433

Visit us during the following hours:

Day Hours
Monday
6?AM–9?PM
Tuesday
6?AM–7?PM
Wednesday
7?AM–5?PM
Thursday
8?AM–5?PM
Friday
6?AM–9?PM
Saturday
6?AM–9?PM
Sunday
6?AM–9?PM

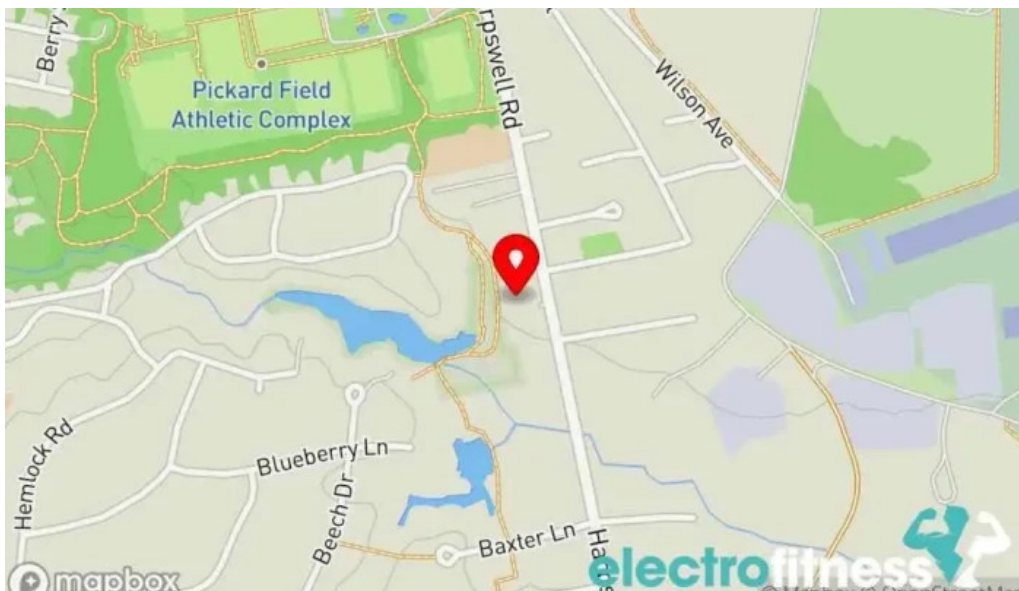
The website is Maine Pines Racquet & Fitness

If you need to update any data that you feel is not correct regarding this portal, please deliver a message so that we will adjust it quickly. Thank you in advance we appreciate it.

Images



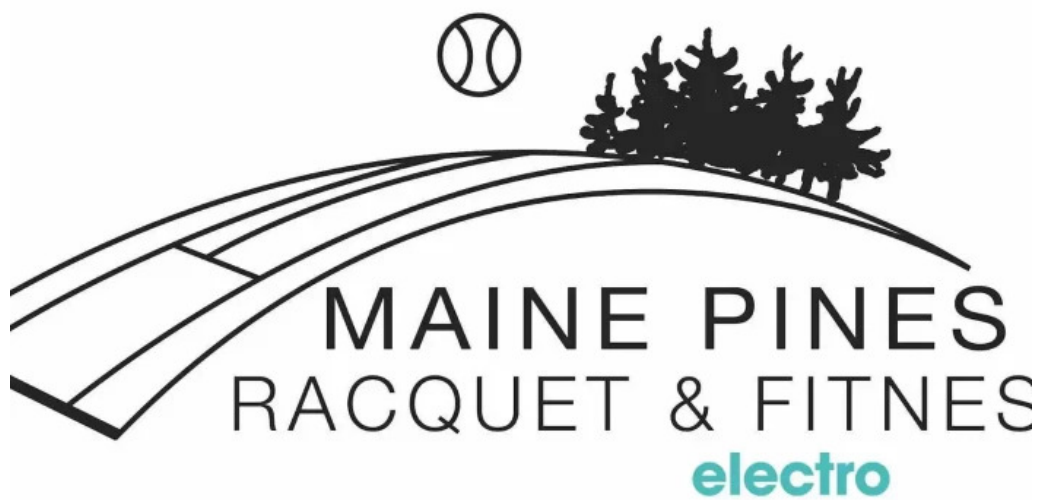
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Maine pines racquet fitness gym



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Tags

Service options, Membership required, Online classes, Wheelchair-accessible car park, Wheelchair-accessible entrance, Accessibility, Planning, Wi-Fi, Has a tennis court, Amenities, On-site services

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