

Ship City Fitness - Brunswick

brunswick

☐ I'm not a robot 

Published on: 29/05/25	Hits: 304
Comments: 0	See comments
Votes: 38	Score: 4.8

https://www.electrofitness.com/gym/brunswick/ship-city-fitness-brunswick_353063.php



brunswick

Ship City Fitness - Brunswick

Discover Ship City Fitness: Your Premier Gym in Brunswick, Maine

Located in the charming town of Brunswick, Maine, Ship City Fitness stands out as a ****top-notch gym**** catering to diverse fitness needs. With a focus on accessibility, including a ****wheelchair-accessible car park****, this facility ensures that everyone can enjoy the journey to health and wellness.

Exceptional Facilities and Versatile Equipment

Ship City Fitness features a ****fantastic selection of weights and machines****, suitable for all fitness levels. Gym-goers appreciate the sensible layout that

maximizes space while ensuring a welcoming atmosphere. Whether you're lifting heavy weights or engaging in cardio workouts, there's something for everyone.

Community-Centric Atmosphere

One of the standout aspects of Ship City Fitness is its ****inclusive and friendly culture****. Members express that they never feel out of place. It's a community where everyone supports each other in their fitness journeys. With a 24-hour access policy, you can easily fit your workouts into your schedule.

Professional Guidance and Personal Training

Branden, the owner, is not only an experienced trainer but also deeply involved with the community. Many members rave about his personal training sessions, highlighting how he tailors programs to meet individual goals. This personalized approach helps clients progress effectively, whether they are beginners or seasoned athletes.

Affordable Membership Options

For just \$40 a month, membership at Ship City Fitness offers incredible value without hidden fees. The gym's commitment to transparency is a refreshing change. Members appreciate knowing exactly what they are paying for, making it accessible for individuals from all walks of life.

Catering to All Needs

This gym is particularly known for its versatility. Many members have shared their experiences, noting how the facility accommodates various fitness interests, including martial arts and strength training. Ship City Fitness is a family-friendly environment where both adults and kids can find suitable programs to challenge themselves.

Commitment to Safety and Improvement

Safety is a priority at Ship City Fitness. Recent updates, such as addressing lighting issues that could pose risks to sensitive individuals, demonstrate the owner's commitment to providing a safe workout space. Feedback from members shows that suggestions are taken seriously, ensuring continuous improvement in the gym's environment.

Conclusion: A Must-Visit Gym in Brunswick

In conclusion, Ship City Fitness is more than just a gym—it's a community hub for fitness enthusiasts. With affordable rates, professional guidance, and a welcoming atmosphere, it is easy to see why so many people recommend this facility. If you're looking to achieve your fitness goals in Brunswick, Maine, consider making Ship City Fitness your go-to gym.

We are based in

9 Cumberland St, 04011 Brunswick, Maine - United States (US)

The contact line of this **Gym** is +1207-373-0800

And if you want to send a WhatsApp, you can do so at +1207-373-0800

Our business hours are:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

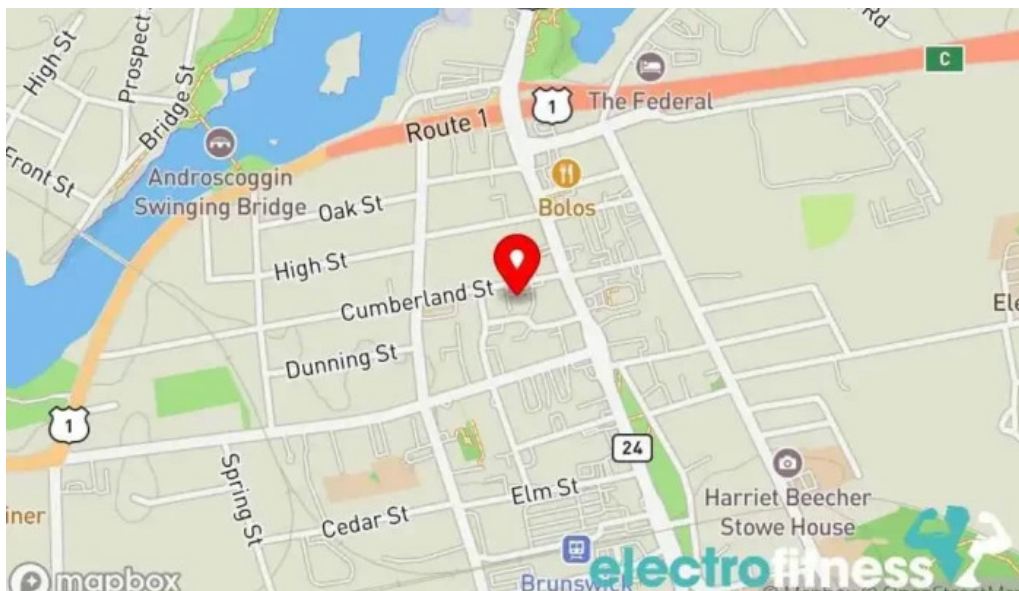
The website is Ship City Fitness

If you need to alter any data that you believe is incorrect about this portal, we ask send a message so that we will adjust it as soon as possible. Thank you in advance thanks for your cooperation.

Images



Ship city fitness street view 360deg



Ship city fitness map



Ship city fitness gym



Ship city fitness by owner



Ship city fitness brunswick



Ship city fitness all

Tags

Accessibility, Wheelchair-accessible car park

Related content

4.9 * *Rumble City Boxing - San Jose*

4.9 * *Swamp City Fitness - Gainesville*

4.8 * *Electric City Fitness Co. - Anderson*

5.0 * *Vette City CrossFit - Bowling Green*

5.0 *	<i>Gem City Gymnastics & Tumbling, Llc. - Quincy</i>
5.0 *	<i>Whaling City Fitness - Acushnet</i>
5.0 *	<i>Granite City Mma Ilc. - Graniteville</i>
4.7 *	<i>Rice City Gymnastics - Crowley</i>
5.0 *	<i>Little City Community Fitness - Vergennes</i>
4.7 *	<i>City Park Fitness Center - Westminster</i>

Categories

academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
assisted living facility
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
beauty salon
beer store
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple

cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
community health centre
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
general hospital
golf club

golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store

outdoor swimming pool
pain control clinic
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
psychotherapist
public educational institution
public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
specialized clinic
sporting goods store
sports club
sports complex

sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
trade school
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization