

Electro Fitness: Best Electro Fitness

### **The Landing Ymca - Brunswick**

brunswick



Published on: 30/05/25	Hits: 171
Comments: 0	See comments
Votes: 19	Score: 4.5

https://www.electrofitness.com/gym/brunswick/the-landing-ymca-brunswick\_353241.php



# brunswick

# The Landing Ymca - Brunswick

# The Landing YMCA: A Fitness Hub in Brunswick, Maine

The Landing YMCA in Brunswick, Maine, offers an exceptional fitness experience for its members. \*\*Membership required\*\* for access ensures that you are part of a community focused on health and well-being, while also enjoying numerous amenities.

#### **Top-Notch Amenities**

At The Landing YMCA, members have access to a variety of features that enhance their workout experience. The \*\*basketball court\*\* is a highlight,

offering a great space for team sports or casual games. Many users appreciate the \*\*cleanliness\*\* and maintenance of the facility, which includes well-kept locker rooms and showers. In addition, the gym boasts a \*\*sauna\*\*, perfect for unwinding after a strenuous workout or on chilly winter afternoons. Members have noted that the staff is always polite, respectful, and ready to assist, creating a welcoming atmosphere.

## **Accessibility for All**

The Landing YMCA is committed to being inclusive with its 
\*\*wheelchair-accessible entrance\*\* and \*\*wheelchair-accessible car park\*\*. This 
commitment ensures that everyone can enjoy the benefits of fitness without 
limitations.

#### **Connectivity and Community**

Staying connected is easy with complimentary \*\*Wi-Fi\*\* available throughout the facility. Whether you need to catch up on work or simply want to listen to your favorite playlist while working out, The Landing YMCA has you covered.

#### **Outdoor Opportunities**

Nearby, you'll find wonderful \*\*outdoor running trails\*\*, providing additional options for cardio and exploration. This combination of indoor and outdoor fitness opportunities is a significant perk for all members.

#### **Class Offerings**

The classes offered at The Landing YMCA have received positive feedback from participants. With engaging instructors, these classes present an excellent way to stay motivated and connect with others in the community.

## Visit and Experience It Yourself

Whether you're looking to shoot some hoops, enjoy group classes, or simply get a workout in, The Landing YMCA is a fantastic choice. Take advantage of the dual membership with Bath YMCA, expanding your fitness options even further. Plan your visit today and discover why so many individuals are happy to call The Landing YMCA their fitness home.

#### Our address is

24 Venture Ave, 04011 Brunswick, Maine - United States (US)

The contact line of the mentioned **Gym** is <u>+1207-844-2801</u>
And if you want to send a WhatsApp, you can do so at<u>+1207-844-2801</u>

## We look forward to seeing you at:

Day Hours Monday

5:30?AM-8?PM

Tuesday

5:30?AM-5?PM

Wednesday

8?AM-3?PM

Thursday

Closed

Eriday 5:30?AM-8?PM

Saturday

5:30?AM-8?PM

Sunday

5:30?AM-8?PM

# The website is **The Landing YMCA**

If you need to change any information that you feel is incorrect about this site, we kindly request deliver a message so we can we will adjust it promptly. Thank you in advance thanks.

## **Images**



The landing ymca map



The landing ymca brunswick



The landing ymca all

## **Tags**

Wheelchair-accessible entrance, Accessibility, Wi-Fi, Wheelchair-accessible car park, Basketball court, Planning, Membership required, Amenities

## **Related content**

4.9 \* Cko Kickboxing River Landing - Miami
3.7 \* Central Spokane Ymca - Ymca of the Inland Northwest - Spokane
4.3 \* Fairgrounds Ymca - Watertown
4.8 \* Westcoast Legendary Basketball & Fitness Training - Aliso Viejo

4.3 \* Ymca Adair County Family Ymca - Kirksville
3.9 \* North Spokane Ymca - Ymca of the Inland Northwest - Spokane
4.2 \* Ymca of Alaska Lake Otis - Anchorage
5.0 \* Shine Basketball - Northglenn
4.3 \* Irvin Deutscher Family Ymca - Pleasant Hill
3.9 \* Onelife Fitness - Bethesda - Bethesda

# **Categories**

academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
assisted living facility
association / organization
athletic club
athletic track
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
beauty salon
beer store
body shaping class
boot camp
boxing club
boxing gym
boxing ring

buddhist temple
cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
community health centre
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
general hospital

golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop

outdoor sports store
outdoor swimming pool
pain control clinic
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
psychotherapist
public educational institution
public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
specialized clinic
sporting goods store
sports club

sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
trade school
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization