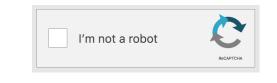


Electro Fitness: Best Electro Fitness

#### The Box - Bullard

bullard



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The Box - Bullard

### Discovering The Box Gym in Bullard, Texas

If you are looking for a welcoming and supportive fitness community, \*\*The Box\*\* gym in Bullard, Texas, is an excellent choice. This gym stands out not only for its exceptional training programs but also for its commitment to inclusivity and accessibility.

#### Accessibility for Everyone

One of the most significant aspects of The Box is its dedication to ensuring that everyone can enjoy their fitness journey. The gym features a

\*\*wheelchair-accessible entrance\*\*, making it easy for individuals with mobility challenges to access all facilities. Moreover, the \*\*wheelchair-accessible car park\*\* provides convenience and ease for those who require additional support. This accessibility reflects the owner Aaron's thoughtful and generous nature, as he actively works to create an environment where all members feel welcome.

## A Community Like No Other

Members consistently rave about the incredible community at The Box. From day one, newcomers are met with warm smiles and friendly faces. The owners invest in their community, creating an atmosphere that fosters friendship and support among members. Commenters have noted how \*\*phenomenal\*\* the coaching is at The Box. Trainers adapt their guidance to meet individual skill levels while also encouraging personal growth. Whether you're an advanced athlete or just starting your fitness journey, the coaches here will help you progress.

## **Quality Coaching and Programs**

The programming offered at The Box is designed to challenge and engage every member. With a variety of class times available, there's something to fit every schedule. Enthusiastic members highlight the effectiveness of the training, citing improvements in areas such as lower back strength and overall fitness. In addition to scheduled classes, The Box offers an open gym option for those who prefer to work out independently. This flexibility is highly appreciated by many members, allowing them to choose the best way to achieve their fitness goals.

### Why Choose The Box?

Choosing The Box means joining a family that genuinely cares for one another. Comments about the "best gym ever" and "loving, caring community" resonate with the overall experience members have here. The atmosphere is not just about working out; it's about enjoying the process and supporting each other. With great equipment, enriching programs, and a fantastic community spirit, The Box is undoubtedly a standout gym in Bullard. If you're searching for a place that will push you while providing the best possible environment, look no further than The Box!

## Join The Box Today!

If you're in the Bullard area and seeking an inclusive, dynamic, and accessible gym, \*\*check out The Box\*\*. Experience the fantastic coaching, welcoming community, and effective fitness programs that make this gym one of the best places to work out. You won't regret it!

#### Our location is in

21010 FM 2493, 75757 Bullard, Texas - United States (US)

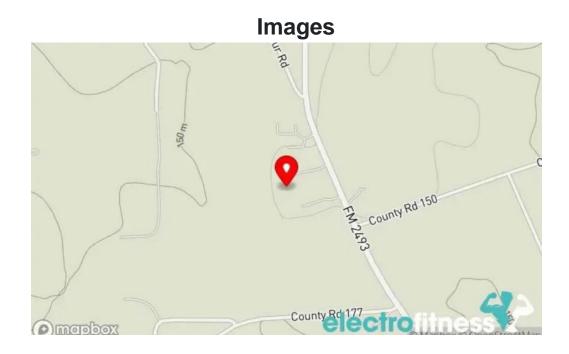
The contact phone of the respective **Gym** is  $\pm 1830-216-0425$ And if you want to send a WhatsApp, you can do so at $\pm 1830-216-0425$ 

#### We look forward to seeing you at:

Day Hours Monday 5–6?AM 4:30–6:30?PM Tuesday 5–6?AM 8:30–9:30?AM 4:30–7:30?PM Wednesday 5–6?AM 4:30–7:30?PM Thursday 5–6?AM 8:30–9:30?AM 4:30–6:30?PM Friday 10–11?AM Saturday Closed Sunday 5–6?AM 8:30–9:30?AM 4:30–7:30?PM

The website is <u>The Box</u>

If necessary to modify any detail that you consider is not precise concerning this web, we kindly request send a message so we can we will correct it quickly. With anticipation we appreciate it.



The box map



The box gym



The box by owner



The box bullard



The box all

# Tags

Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility

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community health centre
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dance company
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jujitsu school
karate club
karate school
kennel
kickboxing school
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kinesiotherapist
martial arts club
martial arts school
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massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic

park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
psychotherapist
public educational institution
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rock climbing
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