

## Ru/sh Fitness - Campbell

campbell

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*campbell*

## *Ru/sh Fitness - Campbell*

### Discover RU/SH Fitness: The Premier Gym in Campbell, California

RU/SH Fitness is a standout gym located in the heart of Campbell, California, offering an exceptional fitness experience that caters to individuals of all walks of life. With an **\*\*LGBTQ+ friendly\*\*** environment and a commitment to inclusivity, this gym has become a safe space for many, including a **\*\*transgender safe space\*\*** for those seeking acceptance and support.

### Accessible Amenities for Everyone

One of the key features of RU/SH Fitness is its focus on accessibility. The

facility boasts a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can enjoy their fitness journey without barriers. Inside, you'll find **wheelchair-accessible seating** and a clean, spacious atmosphere designed for maximum comfort. The gym also provides **toilets** that are easily accessible for all guests.

## **Quality Services and Equipment**

From the business perspective, RU/SH Fitness proudly identifies as **Asian-owned**, reflecting a rich cultural background that adds to its welcoming atmosphere. The gym offers various **on-site services**, including personal training and group classes tailored to different fitness levels. Members rave about the **new equipment** and the cleanliness of the facility, making it a top choice among local and traveling healthcare workers alike.

## **Free Parking Options**

Convenience is paramount at RU/SH Fitness, with **free of charge street parking** available nearby and a **free parking lot** for members. These options ensure that you can easily access the gym without the hassle of searching for parking, enabling you to focus solely on your fitness goals.

## **A Warm Community and Top-Notch Classes**

At RU/SH Fitness, the sense of community is palpable. Members have expressed how welcoming the staff, particularly owner Sammy, are, creating an inviting atmosphere that keeps people coming back. With a wide range of **amenities**, including spacious workout areas and diverse classes like yoga, members feel supported and motivated. Take advantage of **small group training classes** and excellent yoga sessions led by instructors like Kate and Olive, who are known for their engaging and personalized teaching styles. Clients have reported life-changing experiences, with one member stating that they "gained so much strength and endurance" during their time here.

## **Your Perfect Fitness Destination Awaits**

In summary, RU/SH Fitness is not just another gym; it's a community-focused haven for fitness enthusiasts in Campbell. Offering exceptional accessibility, a plethora of equipment, and a supportive environment, it's no wonder that many have declared it one of the best gyms in the Bay Area. Don't hesitate—visit RU/SH Fitness today and discover why so many people love this welcoming space!

## **Our premises are located at**

287 E Campbell Ave, 95008 Campbell, California - United States (US)

The contact line of the mentioned **Gym** is +1707-408-3341

And if you want to send a WhatsApp, you can do so at [+1707-408-3341](https://www.whatsapp.com/business/profile/17074083341)

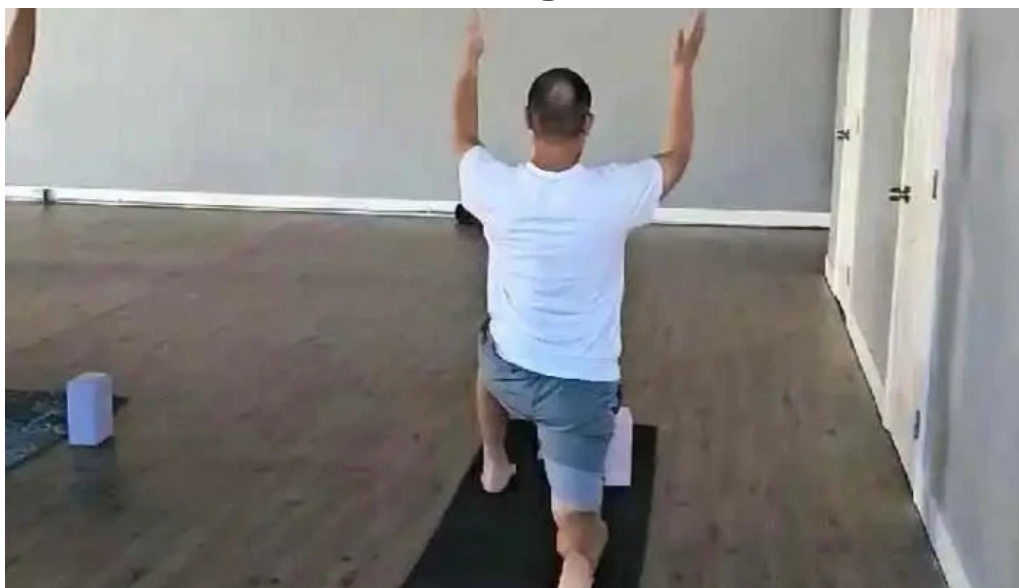
## Our opening hours are:

Day	Hours
Monday	6?AM–9?PM
Tuesday	6?AM–9?PM
Wednesday	7?AM–7?PM
Thursday	7?AM–7?PM
Friday	6?AM–9?PM
Saturday	6?AM–9?PM
Sunday	6?AM–9?PM

The website is [RU/SH Fitness](https://www.rushfitness.com)

If you wish to adjust any detail that you believe is incorrect regarding this portal, we ask send us a message so we can we will handle it as soon as possible. Thank you in advance thanks.

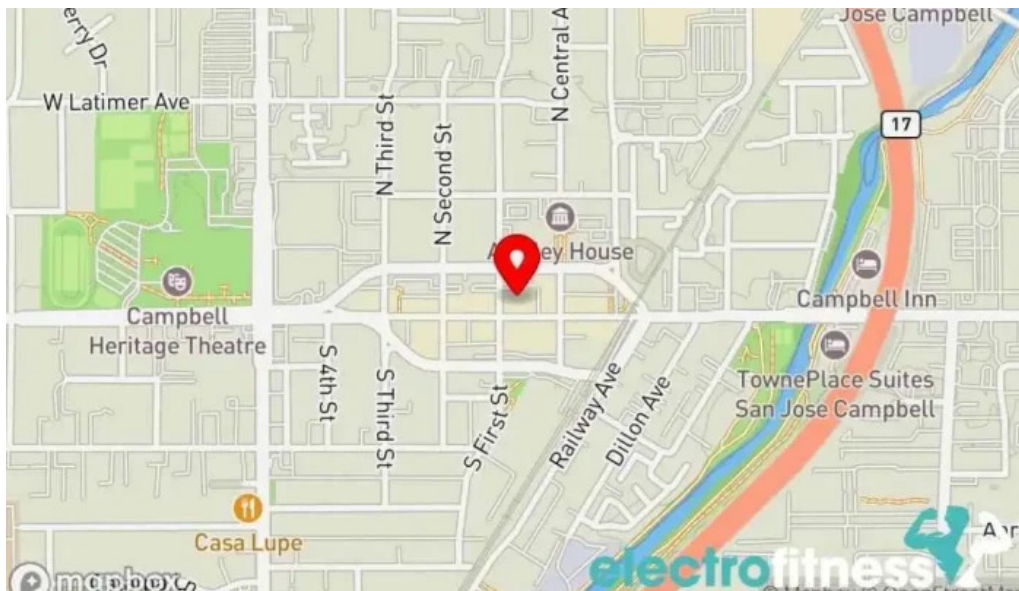
## Images



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*Rush fitness street view 360deg*

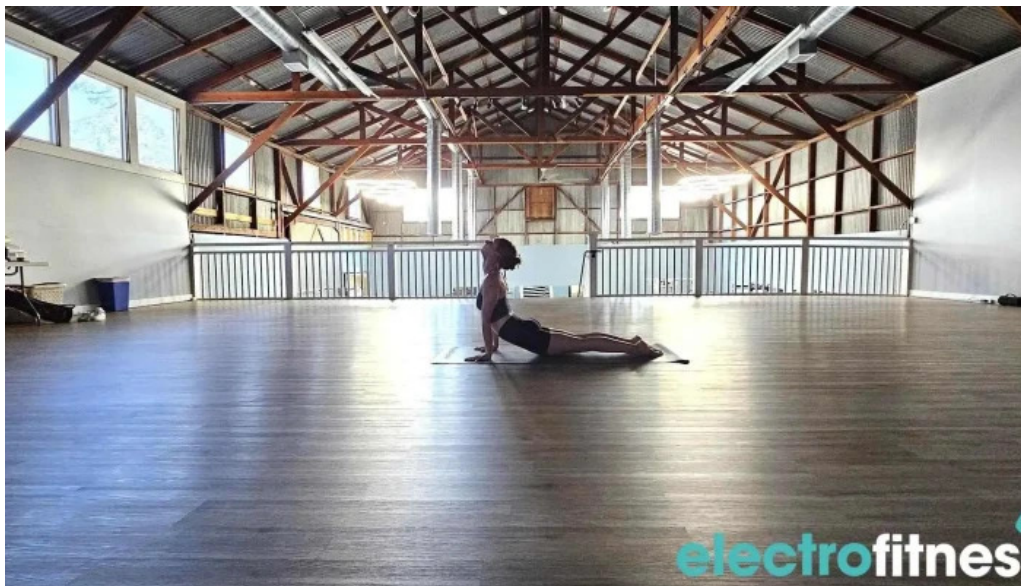


*Rush fitness map*





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## Tags

*Parking, Wheelchair-accessible seating, Free parking lot, Accessibility, Service options, Identifies as Asian-owned, Wheelchair-accessible car park, Amenities, Transgender safe space, Crowd, On-site services, Free of charge street parking, From the business, Toilet, LGBTQ+ friendly, Wheelchair-accessible entrance*

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dance company
dance school
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discount store
dive shop
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golf course
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karate school
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medical spa
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rv park
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senior citizen center
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shopping mall
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