

## Fitness Connection - Carrollton

carrollton

☐ I'm not a robot



Published on: 18/04/25	Hits: 42361
Comments: 0	See comments
Votes: 3851	Score: 4.6

[https://www.electrofitness.com/gym/carrollton/fitness-connection-carrollton\\_214351.php](https://www.electrofitness.com/gym/carrollton/fitness-connection-carrollton_214351.php)



carrollton

### *Fitness Connection - Carrollton*

#### **Discover Gym Fitness Connection in Carrollton, Texas**

Located in Carrollton, Texas, **\*\*Fitness Connection\*\*** offers a welcoming atmosphere accompanied by a diverse range of amenities to cater to all fitness enthusiasts. This gym stands out not only for its equipment but also for its emphasis on accessibility and quality service.

#### **Amenities Galore**

At Fitness Connection, you'll find an impressive variety of amenities designed to enhance your workout experience. Members can enjoy: - A **\*\*sauna\*\*** for

post-workout relaxation. - **Child care services** so parents can focus on their fitness without worry. - Shower facilities to refresh after your workout. Members appreciate the **wheelchair-accessible entrances** and toilets, ensuring that everyone has the opportunity to enjoy their fitness journey. The **wheelchair-accessible car park** further emphasizes the gym's commitment to inclusivity.

## **Unmatched Atmosphere**

The **atmosphere** at Fitness Connection is uplifting and motivating. Many members, including those new to fitness, have expressed gratitude for the welcoming staff. One member noted, "From the moment I walked in, the service was top-notch," highlighting how staff members like Jose and Christian help create a friendly environment that encourages fitness goals. With qualified trainers available, members feel supported in their fitness journeys. A member shared, "Josh is incredibly supportive, knowledgeable, and motivating," reflecting the positive training atmosphere.

## **Accessibility and Service Options**

Fitness Connection recognizes the need for accessibility and excellent service options. They offer various **service options**, including group classes tailored for different fitness levels. As one member stated, "I was able to join in one of the group classes for free," showcasing how fitness connection encourages new members to explore different workout styles. However, some feedback indicates that improvements can be made regarding the guest policy, as certain restrictions may limit flexibility for individuals bringing friends or family to the gym. Nevertheless, the overall customer service has been consistently praised, with staff members like Tiffany and Destiny receiving special mentions for their friendliness and assistance.

## **Recreational Facilities**

For those who enjoy recreational activities, Fitness Connection features a **basketball court** for some fun and competitive exercise. Members appreciate having various workout options that extend beyond traditional gym routines.

## **Affordable Memberships**

A **membership is required** to access the facilities, which many members consider a worthwhile investment. The low-cost membership fees offer great value, especially given the extensive array of equipment and amenities available. As one happy member pointed out, "The price is hard to beat!"

## **Cleanliness and Maintenance**

The gym is noted for its cleanliness and maintenance. Members have frequently commented on how the equipment is well-kept, contributing to a pleasant workout experience. A member noted, "The facility is pretty well

maintained. Plenty of equipment to reduce wait time between sets,” reiterating the gym's focus on providing a high-quality environment.

## Final Thoughts

In summary, Fitness Connection in Carrollton, Texas, combines a welcoming atmosphere, diverse amenities, and exceptional customer service, making it a fantastic choice for fitness enthusiasts. With an emphasis on accessibility and recreation, this gym aims to cater to all needs and levels of fitness, encouraging every member's journey towards health and wellness. Whether you're new to working out or a seasoned pro, Fitness Connection is ready to support your goals and keep you motivated!

## The location of our premises is

2810 E Trinity Mls Rd, 75006 Carrollton, Texas - United States (US)

The contact line of this **Gym** is +1972-416-2200

And if you want to send a WhatsApp, you can do so at +1972-416-2200

## Our service hours are:

Day Hours  
Monday

Open 24 hours

Tuesday

12?AM–10?PM

Wednesday

7?AM–7?PM

Thursday

7?AM–7?PM

Friday

5?AM–12?AM

Saturday

Open 24 hours

Sunday

Open 24 hours

The website is Fitness Connection

If you wish to modify any data that you believe is not correct concerning this portal, please send us a message so we can we will correct it quickly. In advance thanks for your cooperation.

## Images



*Fitness connection where*

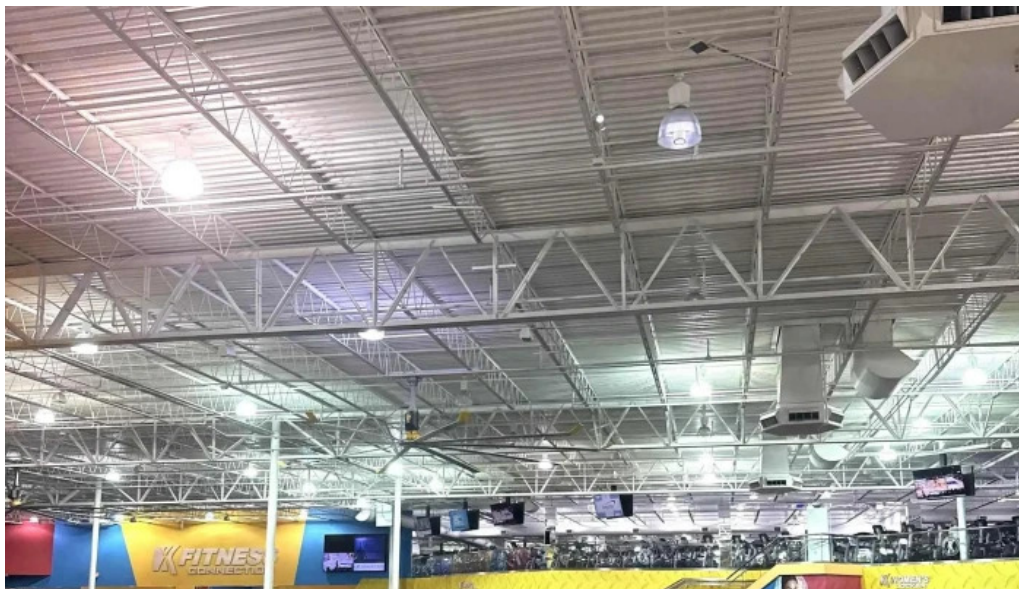


*Fitness connection videos*

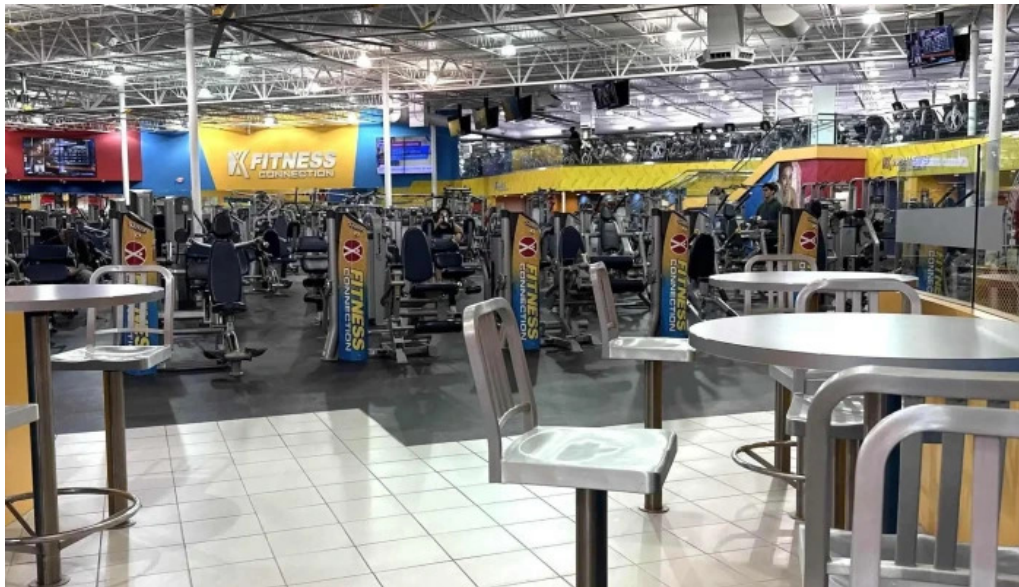




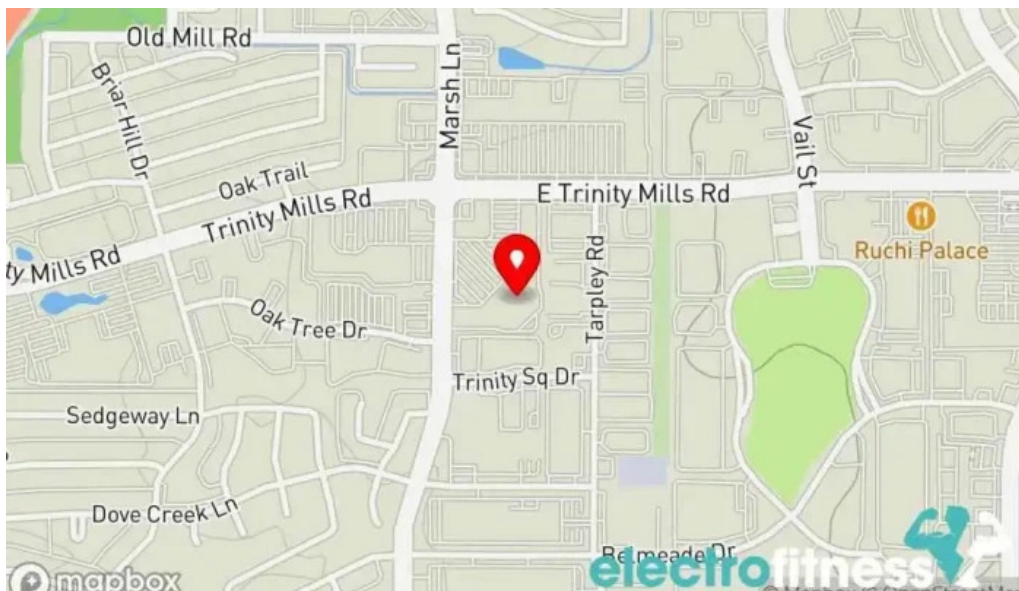
*Fitness connection street view 360deg*



*Fitness connection reviews*



*Fitness connection near me*

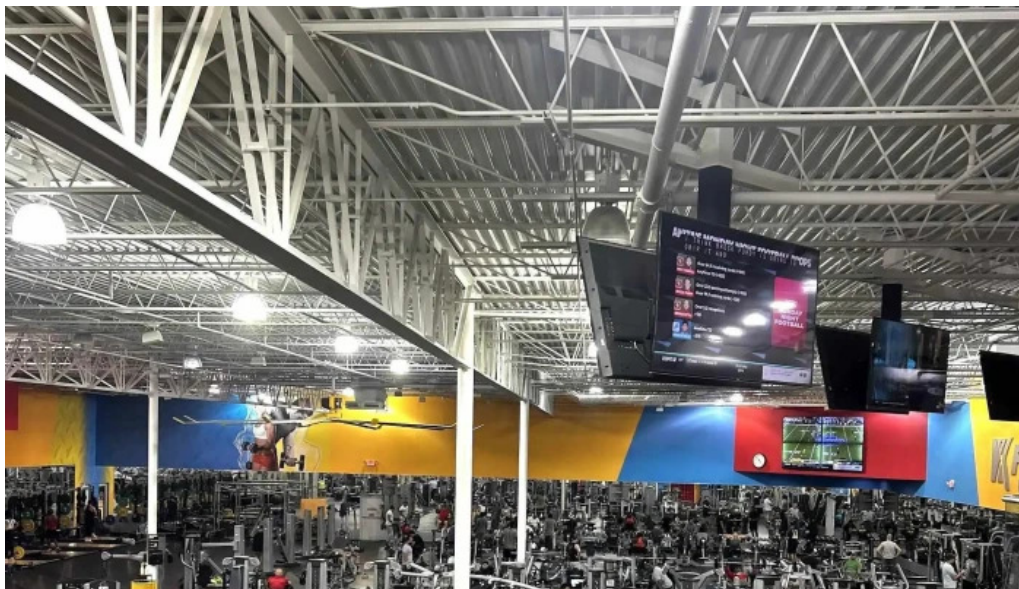


*Fitness connection map*





*Fitness connection latest*



*Fitness connection gym*



*Fitness connection comments*



*Fitness connection carrollton*





*Fitness connection by owner*



*Fitness connection all*

## Tags

*Wheelchair-accessible car park, Planning, On-site services, Membership required, Shower, Amenities, Wheelchair-accessible toilet, Atmosphere, Sauna, Accessibility, Wheelchair-accessible entrance, Service options, Basketball court, Child care*

## Related content

---

**5.0 \*** *Abc Fitness Connection - Waldorf*

---

**4.3 \*** *Onelife Fitness - Crystal Park - Arlington*

---

**3.9 \*** *Life Time - Centennial*

<b>3.9 *</b>	<i>Raynham Athletic Club - Raynham</i>
<b>3.0 *</b>	<i>Life Time - Walnut Creek</i>
<b>3.7 *</b>	<i>Life Time - Framingham</i>
<b>4.1 *</b>	<i>Vasa Fitness - Centennial</i>
<b>4.4 *</b>	<i>Oakwood Athletic Club - Lafayette</i>
<b>4.9 *</b>	<i>Krush Fitness - Merrillville</i>
<b>4.6 *</b>	<i>Louisiana Family Fitness Center - Opelousas</i>

## Categories

academic department
amusement park ride
arena
association / organization
athletic club
bar
basketball club
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
country club
coworking space
dance school
day spa
dollar store
elementary school
exercise equipment store
firearms academy
fitness

fitness center
golf club
golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office



self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization