

Legacy Fitness Inc - Castleton

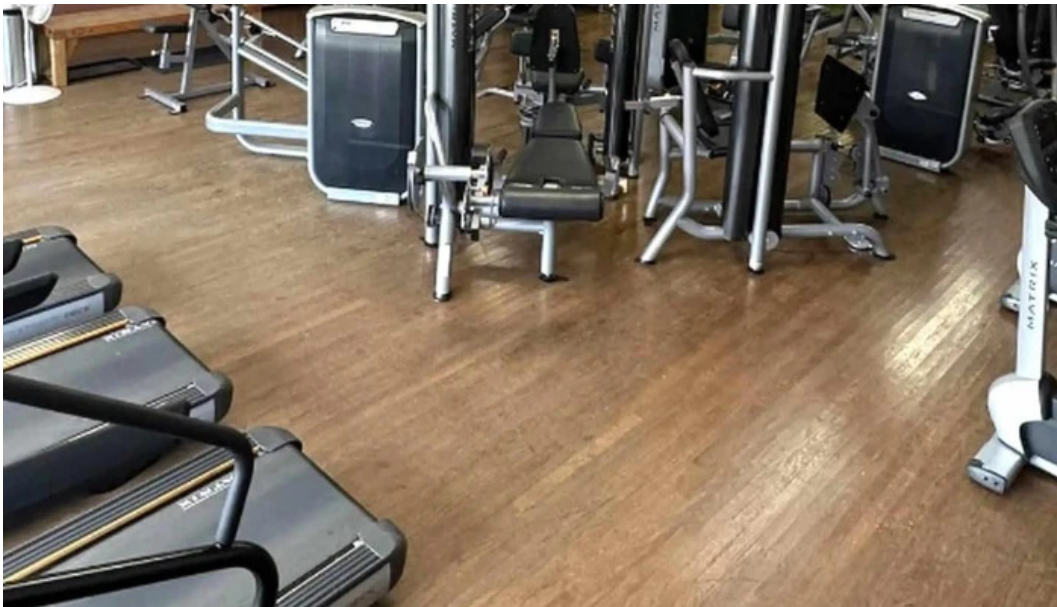
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Legacy Fitness Inc - Castleton

Welcome to Legacy Fitness INC: Your Local Gym in Castleton, Vermont

Legacy Fitness INC stands out as a top choice for fitness enthusiasts in Castleton, Vermont. With a strong reputation built on community engagement and excellent service, this gym accommodates everyone, including those who require **accessibility** features.

Accessibility Features

One of the significant advantages of Legacy Fitness is its commitment to inclusivity. The facility boasts a **wheelchair-accessible car park**, ensuring that individuals with mobility challenges can access the gym easily. This consideration makes Legacy Fitness a welcoming space for all community members.

Membership Options and Pricing

Members enjoy a variety of membership options tailored to different needs and schedules. Whether you're in Castleton for a short visit or a local looking for a long-term commitment, the flexible memberships are designed to fit your lifestyle. Many patrons have noted that the pricing is more than reasonable, making it accessible for anyone seeking to improve their fitness.

Facilities and Equipment

Legacy Fitness is equipped with a wide range of machines and free weights, making it suitable for every fitness goal. From cardio equipment to specialized resistance machines, users have everything they need for an effective workout. The gym is also known for its cleanliness and spacious environment, creating a comfortable space for members to focus on their fitness journeys.

Community Atmosphere

The atmosphere at Legacy Fitness is another highlight. Patrons describe it as friendly and respectful, with both staff and members contributing to a positive gym culture. The owners are actively involved and welcome suggestions from members, enhancing the sense of community. Many reviews emphasize the importance of supporting local businesses, and Legacy Fitness embodies that spirit by providing personalized experiences.

Convenient Hours of Operation

Flexibility in scheduling is one of Legacy Fitness's greatest assets. Open daily from **5 AM to 9 PM**, and even starting as early as **4:30 AM**, this gym allows early risers to get their workouts done before starting their day. This accessibility ensures that everyone can find time to prioritize their health and fitness goals.

Conclusion

If you're searching for a local gym that offers reliability, quality equipment, and a welcoming atmosphere, **Legacy Fitness INC** in Castleton, Vermont is the place to be. With a focus on accessibility, a variety of membership options, and a commitment to community, Legacy Fitness is more than just a gym; it's a hub

for health and camaraderie.

Our business is located at

914 VT-4A, 05735 Castleton, Vermont - United States (US)

The phone of said **Gym** is +1802-747-8986

And if you want to send a WhatsApp, you can do so at +1802-747-8986

Our service hours are:

Day	Hours
Monday	4:30?AM–9?PM
Tuesday	4:30?AM–9?PM
Wednesday	4:30?AM–9?PM
Thursday	4:30?AM–9?PM
Friday	4:30?AM–9?PM
Saturday	4:30?AM–9?PM
Sunday	4:30?AM–9?PM

The website is Legacy Fitness INC

If you need to adjust any data that you believe is not correct regarding this portal, we ask forward a message so we can we will adjust it promptly. Thanks beforehand we appreciate it.

Images



Legacy fitness inc map



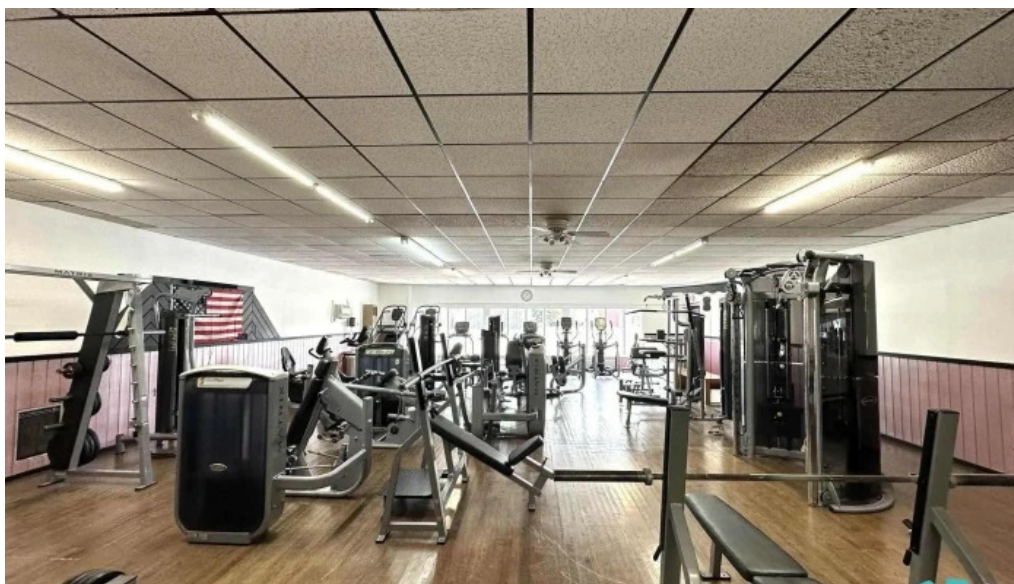
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Tags

Accessibility, Wheelchair-accessible car park

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