

CrossFit District 5 - Clemmons

clemmons

 I'm not a robot 
RECAPTCHA

Published on: 24/04/25	Hits: 297
Comments: 0	See comments
Votes: 33	Score: 5

https://www.electrofitness.com/gym/clemmons/crossfit-district-5-clemmons_233580.php



clemmons

CrossFit District 5 - Clemmons

Discover CrossFit District 5 in Clemmons, North Carolina

If you're looking for a gym that not only focuses on fitness but also builds a strong community, look no further than ****CrossFit District 5**** in Clemmons, North Carolina. This Black-owned establishment has quickly become a favorite among locals and newcomers alike.

Welcoming Environment

From the moment you enter, you'll be greeted with open arms. Many members highlight the welcoming nature of both the coaches and fellow athletes. Whether

you are a seasoned CrossFitter or a beginner, you will instantly feel at home. With a strong emphasis on teamwork and camaraderie, District 5 is more than just a place to work out; it's a community that supports each other.

Coaching Excellence

The certified coaches at **CrossFit District 5** are not only knowledgeable but also genuinely care about your fitness journey. They tailor workouts to accommodate individuals of all skill levels, ensuring that everyone can participate and improve. Members frequently praise the thorough warm-ups and detailed breakdown of movements, which help in reducing the risk of injury.

Facilities and Amenities

District 5 boasts a clean, state-of-the-art facility with various amenities designed to enhance your workout experience. The gym is equipped with: - **Wi-Fi** for convenient connectivity - A **wheelchair-accessible car park** and entrance, ensuring inclusivity for all members - On-site services that cater to your fitness needs

Accessibility and Community Focus

Accessibility is a core value at CrossFit District 5. The wheelchair-accessible entrance and car park reflect the gym's commitment to making fitness available to everyone, regardless of physical abilities. The community here is known for being supportive, making it easier for anyone to join and participate.

Membership Options and Services

While membership is required to assess the full benefits of the gym, many new members have shared their experiences of signing up after just a few classes due to the inviting atmosphere. The service options include outdoor training sessions and specialized classes tailored to different fitness levels.

Join the Family

At **CrossFit District 5**, you won't just leave with improved health and fitness; you'll gain a second family. Many members emphasize how the supportive environment encourages them to return time and again. Whether you're struggling with previous injuries or simply looking to improve your overall wellness, the coaches at District 5 are always ready to accommodate and assist. Don't miss out on the opportunity to be part of this incredible community. Visit CrossFit District 5 today and take the first step toward transforming your fitness journey!

Our location is in

2513 Neudorf Rd, 27012 Clemmons, North Carolina - United States (US)

The contact phone of this **Gym** is +1336-971-2157

And if you want to send a WhatsApp, you can do so at [+1336-971-2157](https://wa.me/13369712157)

We look forward to seeing you at:

Day Hours

Monday

9:30–10:30?AM

Tuesday

Closed

Wednesday

5:30–10:30?AM 4:30–7:30?PM

Thursday

5:30–10:30?AM 4:30–7:30?PM

Friday

5:30–10:30?AM 4:30–7:30?PM

Saturday

5:30–10:30?AM 4:30–7:30?PM

Sunday

5:30–10:30?AM 4:30–6:30?PM

The website is [CrossFit District 5](#)

In case you want to update any data that you consider is not correct about this site, we kindly request deliver a message so we can we will adjust it at the earliest convenience. With anticipation thanks for your cooperation.

Images



Crossfit district 5 videos



Crossfit district 5 street view 360deg



Crossfit district 5 map



Crossfit district 5 gym



Crossfit district 5 exercise machine



Crossfit district 5 clemmons



Crossfit district 5 all

Tags

Wheelchair-accessible entrance, Accessibility, Planning, Outdoor services, From the business, Wheelchair-accessible car park, Membership required, Identifies as Black-owned, Service options, Amenities, On-site services, Wi-Fi

Related content

4.9 * [CrossFit Dc - Washington](#)

5.0 * [CrossFit Dc - Washington](#)

4.9 * [CrossFit LoDo - Denver](#)

4.9 *	<i>CrossFit Ho'ola - Acworth</i>
5.0 *	<i>CrossFit Amis - Lafayette</i>
3.8 *	<i>Black Belt Academy - Fort Washington</i>
5.0 *	<i>Dtc CrossFit - Greenwood Village</i>
4.9 *	<i>CrossFit E3 - Eagle</i>
5.0 *	<i>Alpine CrossFit - Wheat Ridge</i>
4.8 *	<i>Ole Glory CrossFit - Youngsville</i>

Categories

academic department
acupuncture clinic
amusement park ride
animal feed store
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club
coworking space
cultural center

dance school
day spa
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
food producer
golf club
golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
metaphysical supply store
non-profit organization
nutritionist
park
parking lot
personal trainer
pharmacy
physical fitness program

physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
summer camp organizer
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization