

C2 Training & Bodywork - Concord

concord

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Welcome to C2 Training & Bodywork: Your Inclusive Gym in Concord, California

C2 Training & Bodywork is more than just a gym; it's a community dedicated to fitness and well-being, nestled in the heart of Concord, California. This facility offers a ****family-friendly atmosphere**** that is both motivating and supportive, ensuring that everyone feels welcome and included.

Accessibility Matters

One of the standout features of C2 Training & Bodywork is its commitment to

****accessibility****. Understanding the importance of inclusivity, the gym has been designed to accommodate all members of the community.

Wheelchair-Accessible Car Park

C2 Training & Bodywork provides a ****wheelchair-accessible car park****, allowing easy access for individuals with mobility challenges. This feature ensures that all members can arrive at the gym without any barriers, fostering a sense of belonging from the moment they step onto the premises.

Wheelchair-Accessible Entrance

The ****wheelchair-accessible entrance**** at C2 Training & Bodywork further exemplifies its dedication to inclusivity. With thoughtfully designed pathways and entry points, the gym ensures that everyone can participate in their fitness journey without hesitation.

A Community Built on Support

Visitors to C2 Training & Bodywork consistently praise the ****great attention to detail**** provided by the staff. The knowledgeable trainers take the time to understand each individual's needs, tailoring workouts to help everyone achieve their fitness goals. This personalized approach creates a motivating atmosphere that inspires members to push their limits.

Join Us at C2 Training & Bodywork

If you're looking for a gym that prioritizes ****accessibility**** and fosters a supportive environment, C2 Training & Bodywork in Concord, California, is the place for you. Whether you are a beginner or an experienced athlete, you'll find the resources and encouragement needed to succeed in your fitness journey. Come experience the welcoming atmosphere and let C2 be your home for health and wellness!

The address of our establishment is

1015 Shary Cir #1, 94518 Concord, California - United States (US)

The contact phone of this **Gym** is +1925-948-5528

And if you want to send a WhatsApp, you can do so at +1925-948-5528

Our opening hours are:

Day Hours
Monday
6?AM–8?PM
Tuesday

6?AM–8?PM

Wednesday

9?AM–1?PM

Thursday

Closed

Friday

6?AM–8?PM

Saturday

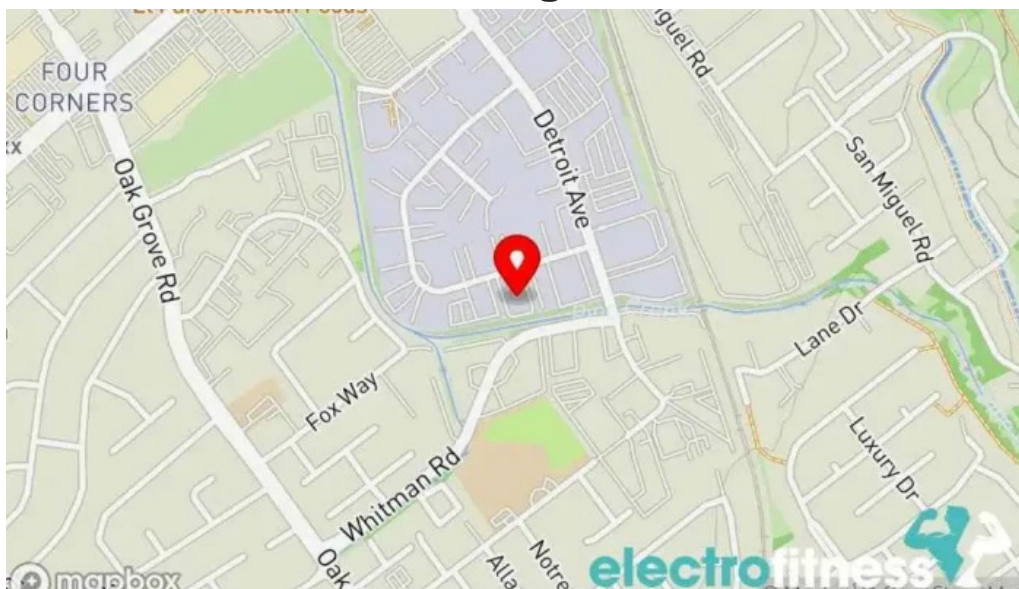
6?AM–8?PM

Sunday

6?AM–8?PM

In case you want to adjust any detail that you believe is not accurate concerning this portal, please send us a message and we will fix it promptly. Thank you in advance thank you very much.

Images



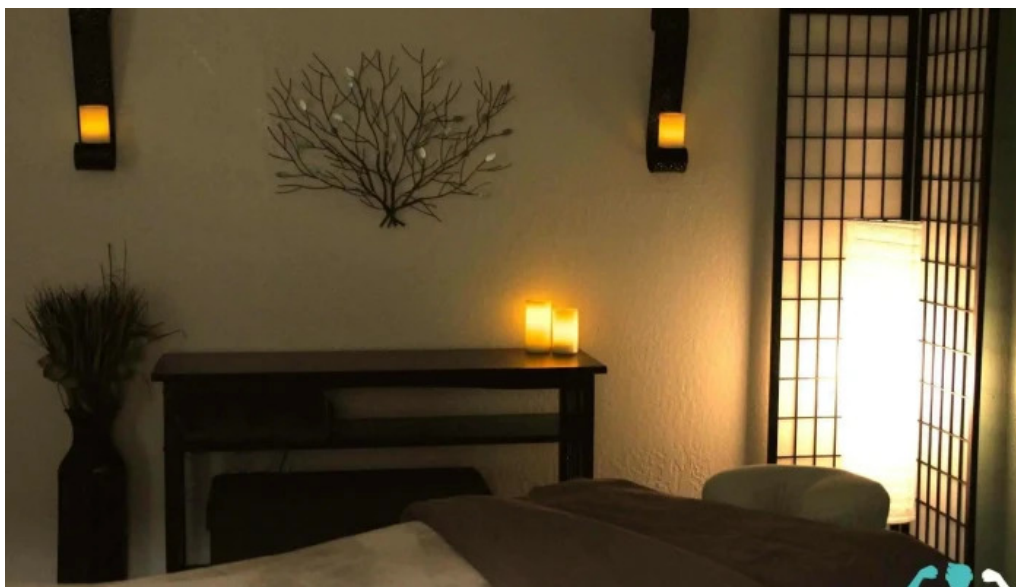
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Tags

Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility

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karate school
kickboxing school
kinesiologist
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public educational institution
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