

## Life Fitness Management - Cumberland

cumberland

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*cumberland*

### *Life Fitness Management - Cumberland*

#### **Discover Gym Life Fitness Management in Cumberland, Maryland**

Are you searching for a fitness center that caters to all your workout needs while ensuring a welcoming environment? Look no further than **\*\*Gym Life Fitness Management\*\*** in Cumberland, Maryland. With a strong commitment to customer satisfaction and accessibility, this gym offers an unbeatable experience.

#### **Accessibility Features**

One of the standout features of Gym Life Fitness Management is its

**\*\*wheelchair-accessible entrance\*\*** and **\*\*wheelchair-accessible car park\*\***. This ensures that everyone, regardless of their mobility challenges, can enjoy the facilities without barriers.

## **Amenities That Enhance Your Experience**

Gym Life Fitness Management boasts a variety of amenities designed to make your fitness journey as enjoyable as possible. You'll find not only well-maintained workout equipment but also **\*\*Wi-Fi\*\*** access throughout the facility, allowing you to stay connected while you train. The gym is noted for being clean and well-organized, creating a pleasant atmosphere for all members.

## **Exceptional Staff and Training Programs**

The staff at Gym Life Fitness Management has received glowing reviews for their friendliness and professionalism. According to members, "Greg and his family really care about their customers and love what they do." This dedication shines through in their training programs, particularly the **\*\*Fast Start program\*\***, which is popular and effective for individuals of all ages and fitness levels. Trainers are always on the floor, ready to assist with any questions or provide guidance, ensuring personalized support.

## **A Comfortable Environment**

Unlike many gyms that can feel overcrowded, Gym Life Fitness Management has implemented an appointment system that keeps the atmosphere calm and focused. Members appreciate the fact that it is "not crazy crowded," allowing them to maximize their workout time without distractions.

## **Join the Community**

If you're looking for a gym that feels like home, Gym Life Fitness Management is the place for you. New members have reported positive experiences with the sign-up process, noting helpful staff who make joining easy. Whether you're a beginner or an experienced bodybuilder, you will find a community that supports your goals. In conclusion, Gym Life Fitness Management in Cumberland, Maryland, is an ideal choice for anyone seeking a friendly, accessible, and well-equipped fitness environment. With a commitment to exceptional service and a range of amenities, it's a gym that truly cares about your fitness journey.

## **The location of our premises is**

1226 National Hwy, 21502 Cumberland, Maryland - United States (US)

The contact phone of the mentioned **Gym** is +1301-729-2275

And if you want to send a WhatsApp, you can do so at +1301-729-2275

## You can visit us at the following hours:

Day Hours  
Monday

Closed

Tuesday

5?AM–6?PM

Wednesday

5?AM–6?PM

Thursday

5?AM–6?PM

Friday

5?AM–6?PM

Saturday

5?AM–2?PM

Sunday

6?AM–12?PM

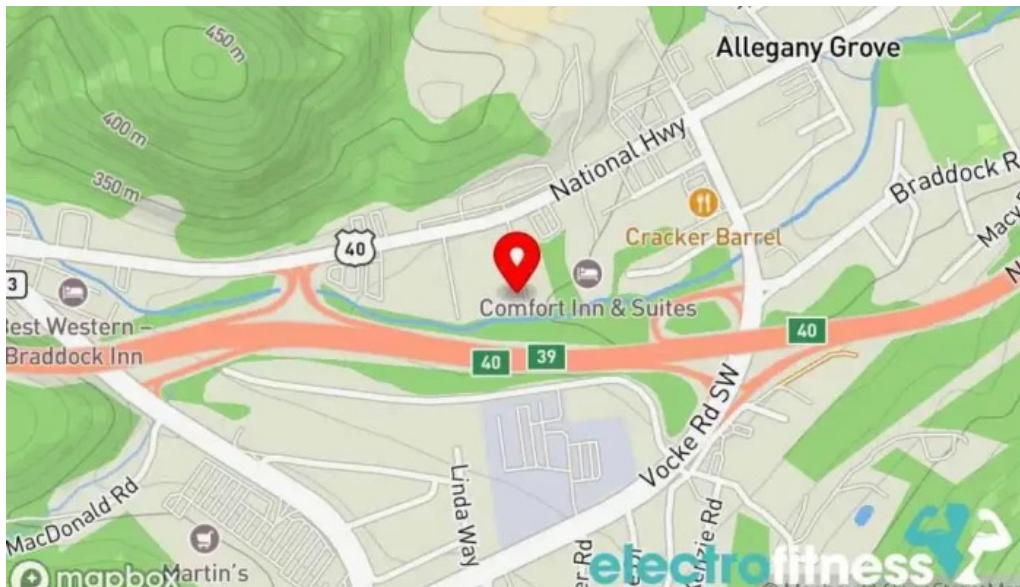
The website is [Life Fitness Management](#)

If you require to change any information that you consider is not precise concerning this portal, we ask send us a message so that we will correct it as soon as possible. In advance thanks.

## Images



*Life fitness management street view 360deg*



*Life fitness management map*



*Life fitness management cumberland*



*Life fitness management all*

## Tags

*Accessibility, Wheelchair-accessible car park, Amenities, Wi-Fi, Wheelchair-accessible entrance*

## Related content

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## Comments

<b>Zoey Jordan</b>	09-05-25 01:45
<i>Oh my goodness, I must say, this gym is simply top-notch. They've implemented an appointment</i>	

*system now, which means it's never too crowded. The trainers are absolutely outstanding, tailoring their approach to your individual abilities and helping you enhance them. And let me tell you, the Fast Start program is a hit among all age groups, delivering impressive results.*

## Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa

disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa

meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school

summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization