

Elevate Fitness - Dallas

dallas

☐ I'm not a robot 
RECAPTCHA

Published on: 18/04/25	Hits: 486
Comments: 0	See comments
Votes: 54	Score: 4.9

https://www.electrofitness.com/gym/dallas/elevate-fitness-dallas_214488.php



dallas

Elevate Fitness - Dallas

Discover Elevate Fitness: A Unique Women-Owned Gym in Dallas

Located conveniently in Dallas, Texas, **Elevate Fitness** stands out as a premier gym that emphasizes inclusivity and personalized fitness journeys. This **women-owned** business not only offers customized training but also fosters a community that supports individual growth and well-being.

Access and Inclusivity

Elevate Fitness is committed to providing **accessibility** for all clients. The facility features a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can access the services offered. Moreover, this gym identifies as **LGBTQ+ friendly**, creating a welcoming environment for all individuals regardless of their background.

Tailored Training and Services

Appointments are required to ensure that every session is tailored to an individual's specific goals. Both **on-site services** and **online classes** are available, allowing clients the flexibility to train in what suits them best. The trainers at Elevate Fitness are known for their exceptional ability to customize workouts, catering to various fitness levels and preferences, making sure that each client feels comfortable and engaged during their sessions.

Community and Support

The atmosphere at Elevate Fitness is described as **inviting** and **encouraging**, with many clients commenting on the amazing community fostered by the staff. This sense of belonging complements the facility's core mission to promote health and wellness. Regular social events and activities help strengthen the bonds among members, transforming it from just a gym into a **supportive community**.

Reviews from Happy Clients

Feedback from clients highlights the **dedication** of the trainers, who not only focus on improving physical fitness but also provide nutritional guidance. Many members share their transformative experiences, with one saying, "I genuinely can't imagine a better team of trainers!" Another remarked on the quality of service, stating, "The trainers are excellent at correcting form, ensuring you get the most out of every exercise while preventing injury."

Why Choose Elevate Fitness?

If you are in search of a gym that prioritizes every client's unique fitness journey, look no further than Elevate Fitness. With their focus on personalized training approaches and a supportive community, they are dedicated to helping individuals achieve their health and fitness goals. Whether you aim to lose weight, improve your strength, or simply stay active, Elevate Fitness offers the **full meal deal** to cater to your needs.

Conclusion

Elevate Fitness is more than just a gym; it's a community that empowers individuals to take charge of their health in an inclusive, supportive environment. If you're in Dallas and looking for a place to embark on your fitness journey, consider booking your appointment today and become part of a caring, energetic, and results-driven atmosphere!

The address of our establishment is

13410 Preston Rd suite c, 75240 Dallas, Texas - United States (US)

The contact phone of the respective **Gym** is +1214-302-9788

And if you want to send a WhatsApp, you can do so at +1214-302-9788

We open at the following schedule:

Day	Hours
Monday	6?AM–8?PM
Tuesday	6?AM–8?PM
Wednesday	6?AM–3?PM
Thursday	Closed
Friday	6?AM–8?PM
Saturday	6?AM–8?PM
Sunday	6?AM–8?PM

The website is Elevate Fitness

In case you want to alter any information that you think is not precise about this web, please send us a message and we will correct it as soon as possible. With anticipation thanks for your cooperation.

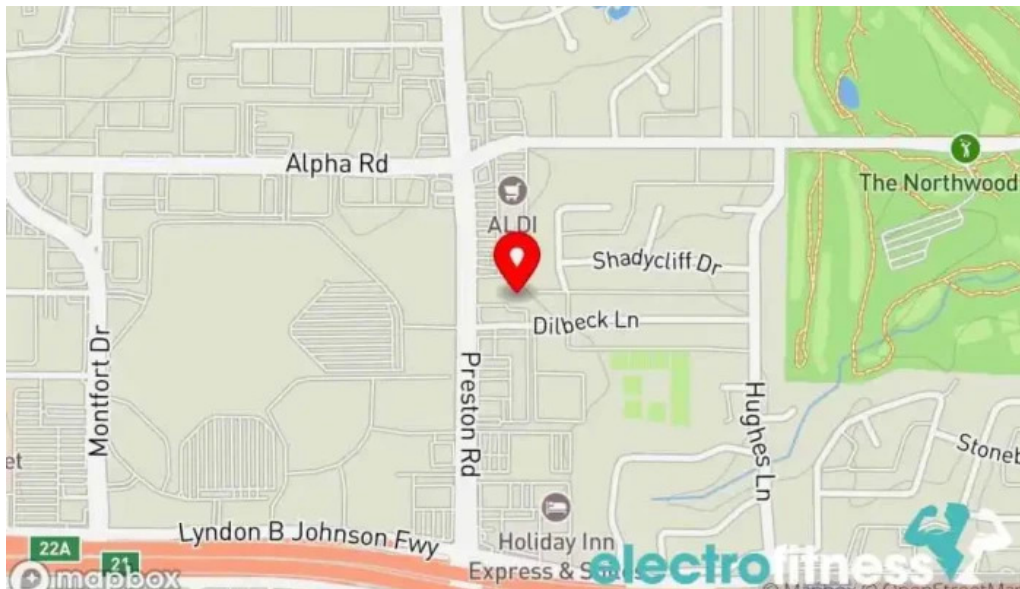
Images



Elevate fitness street view 360deg



Elevate fitness photos



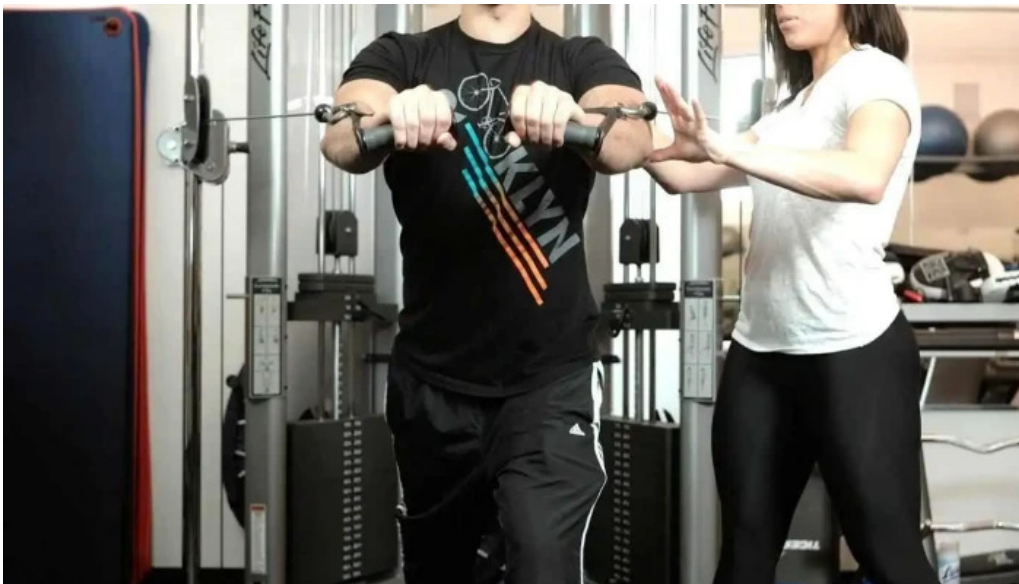
Elevate fitness map



Elevate fitness gym



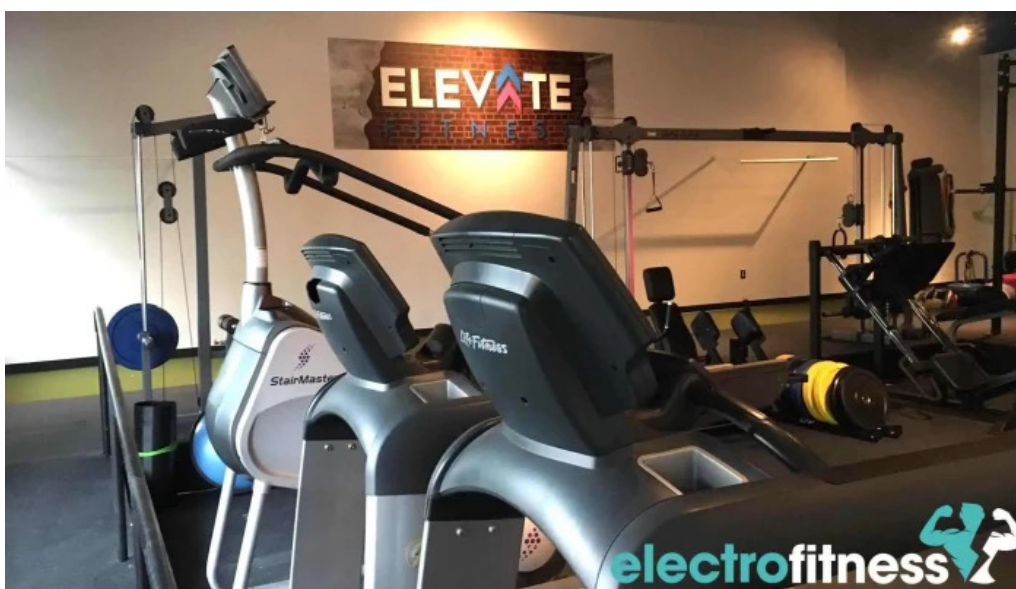
Elevate fitness dallas



Elevate fitness by owner



Elevate fitness area



Elevate fitness all

Tags

Appointment required, Wheelchair-accessible car park, Crowd, Identifies as Latino-owned, LGBTQ+ friendly, On-site services, On-site parking, From the business, Outdoor services, Identifies as women-owned, Accessibility, Wheelchair-accessible entrance, Planning, Parking, Online classes, Service options

Related content

5.0 * *Elevate Movement and Strength - Acworth*

5.0 * *Elevate Performance and Fitness - Abilene*

4.7 * *CrossFit Allatoona - Dallas*

4.9 *	<i>Palango! Fitness - Centennial</i>
5.0 *	<i>Vita Course - Outdoor Gym - Centennial</i>
4.2 *	<i>Spenga - Valparaiso</i>
4.8 *	<i>Maxim Gym Kickboxing and Fitness - Hobart</i>
5.0 *	<i>Movestrong Outdoor Gym - Englewood</i>
5.0 *	<i>Carmen Sanz Pickleball - Lafayette</i>
5.0 *	<i>The Centered Body - Pleasant Hill</i>

Categories

academic department
amusement park ride
arena
association / organization
athletic club
bar
basketball club
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
country club
coworking space
dance school
day spa
dollar store
elementary school
exercise equipment store
firearms academy
fitness

fitness center
golf club
golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office

self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization