


Orangetheory Fitness - Dallas

dallas

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https://www.electrofitness.com/gym/dallas/orangetheory-fitness-dallas_214313.php



dallas

Orangetheory Fitness - Dallas

Orangetheory Fitness in Dallas, Texas: A Comprehensive Review

Accessibility Features

Orangetheory Fitness in Dallas provides excellent accessibility options for all members. The gym features a ****wheelchair-accessible entrance****, ensuring that everyone can access the facilities without any obstacles. Furthermore, there is a ****wheelchair-accessible car park**** close to the entrance, making it convenient for those with mobility challenges. The gym also boasts a

****wheelchair-accessible toilet****, ensuring that all members feel comfortable during their visit.

Amenities That Enhance Your Experience

When it comes to amenities, Orangetheory Fitness does not disappoint. The studio is well-maintained, featuring ****new treadmills**** with higher speeds and better cushioning. While the waiting area may be smaller than other locations, it's equipped with essential amenities like a ****water dispenser**** within the studio, ensuring hydration is always at hand.

Outstanding Coaching and Class Structure

Members consistently praise the coaching staff at this Orangetheory location. Coaches such as Madison and Kenny are highlighted for their ability to manage multiple groups effectively and keep participants motivated throughout the workout. There's a strong emphasis on planning, with workouts structured to challenge members of all fitness levels, including those new to exercise.

Membership and Community Vibe

To join this vibrant community, a ****membership is required****, but many find the investment worthwhile. Members often note the friendly atmosphere and supportive environment fostered by both coaches and fellow participants. The camaraderie developed amongst attendees is noted as one of the standout features of this gym, making each visit enjoyable.

Unique Challenges and Goal Setting

A unique aspect of Orangetheory Fitness is its incorporation of challenges and competitions, which keeps workouts engaging and helps members track their progress towards fitness goals. Many members have reported significant improvements in strength and endurance after joining, affirming the effectiveness of the program.

Final Thoughts

Orangetheory Fitness in Dallas offers an impressive range of amenities and support that cater to the needs of all members, regardless of their fitness level. With its commitment to accessibility, a welcoming atmosphere, and outstanding coaching, this gym stands out as a premier fitness destination. Whether you're new to working out or looking to enhance your existing routine, this location is worth considering for your fitness journey.

We are situated in

5290 Belt Line Rd Suite 156, 75254 Dallas, Texas - United States (US)

The phone number of this **Gym** is +1214-758-0338

And if you want to send a WhatsApp, you can do so at +1214-758-0338

Our opening hours are:

Day Hours
Monday

5?AM–8?PM

Tuesday

5?AM–6:45?PM

Wednesday

7:30?AM–1:20?PM

Thursday

7:45?AM–12:15?PM

Friday

5?AM–8?PM

Saturday

5?AM–8?PM

Sunday

5?AM–8?PM

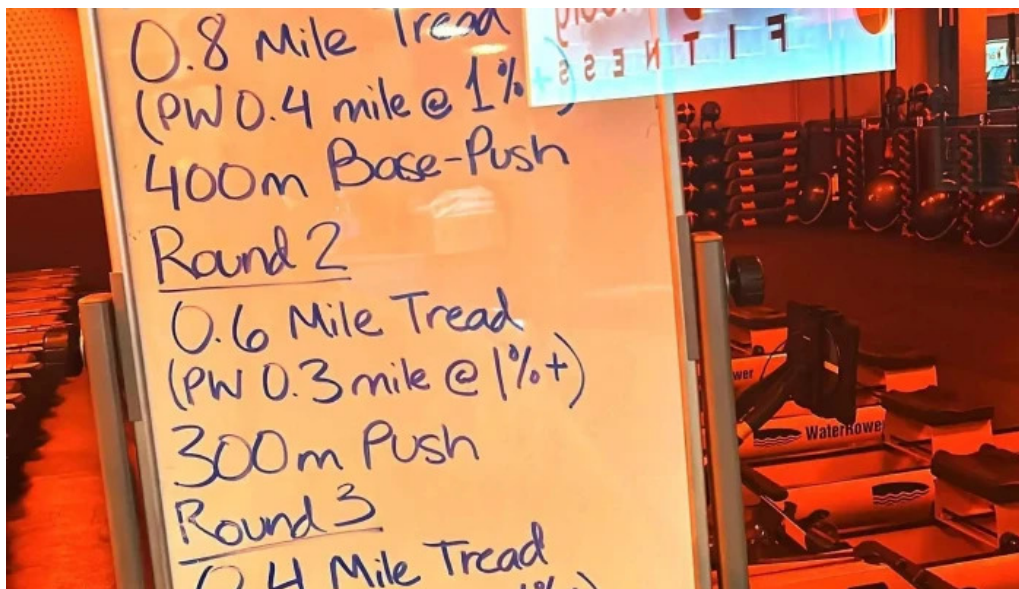
The website is [Orangetheory Fitness](https://www.orangetheoryfitness.com)

If you wish to alter any element that you believe is not precise related to this page, we ask send us a message and we will correct it promptly. Thanks beforehand thanks for your cooperation.

Images



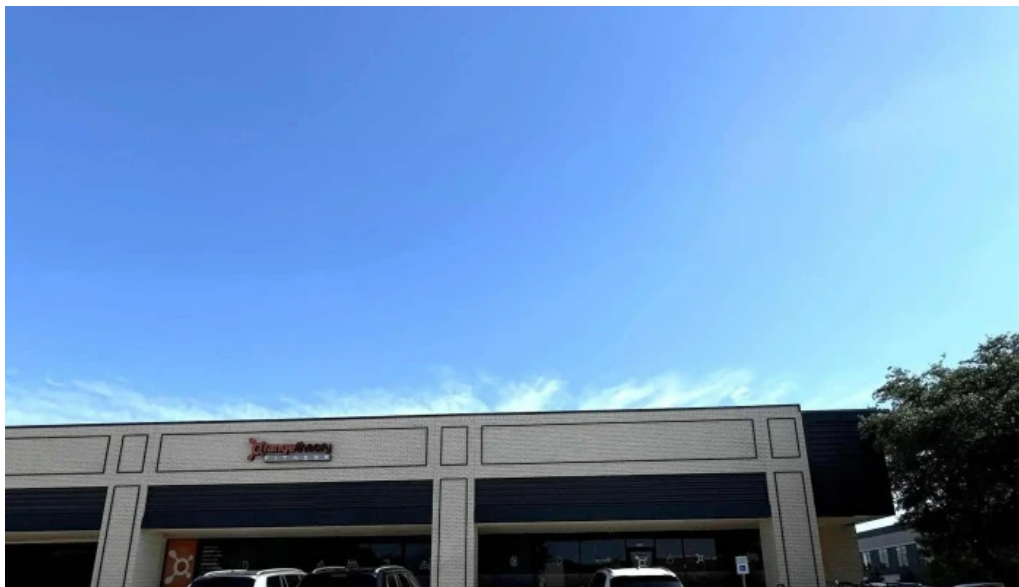
Orangetheory fitness where



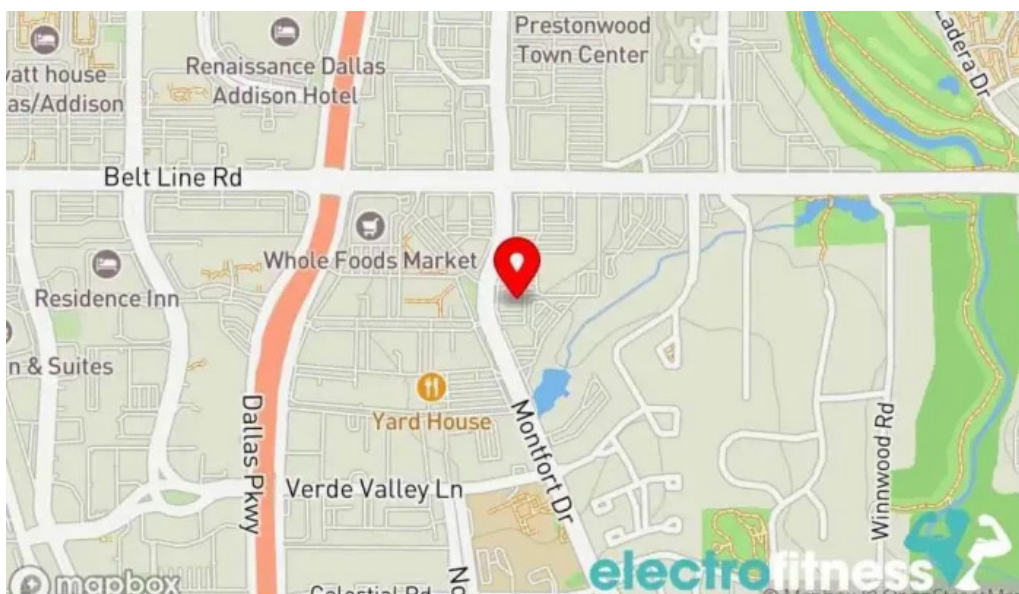
Orangetheory fitness website



Orangetheory fitness street view 360deg



Orangetheory fitness schedule



Orangetheory fitness map



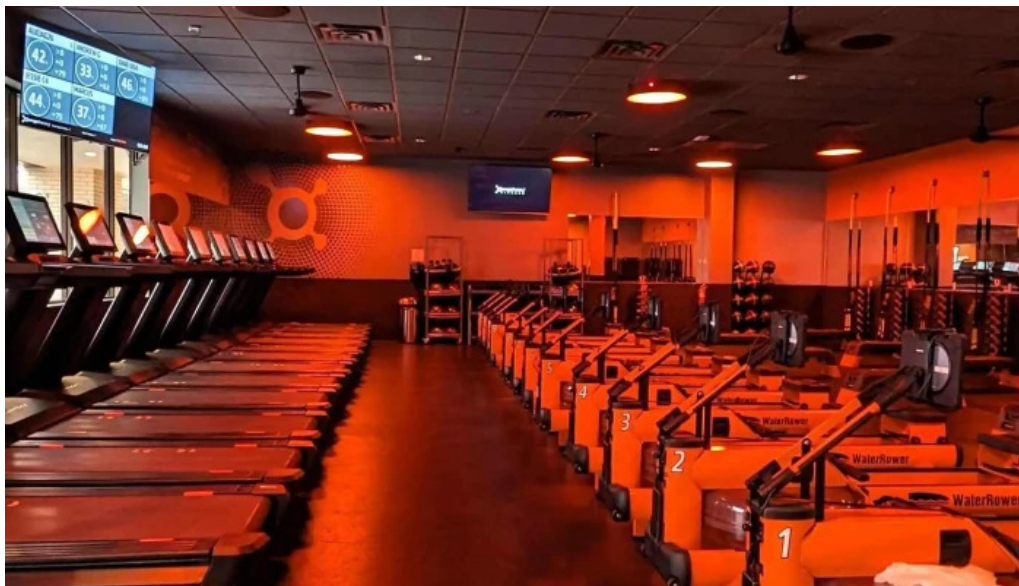
Orangetheory fitness location



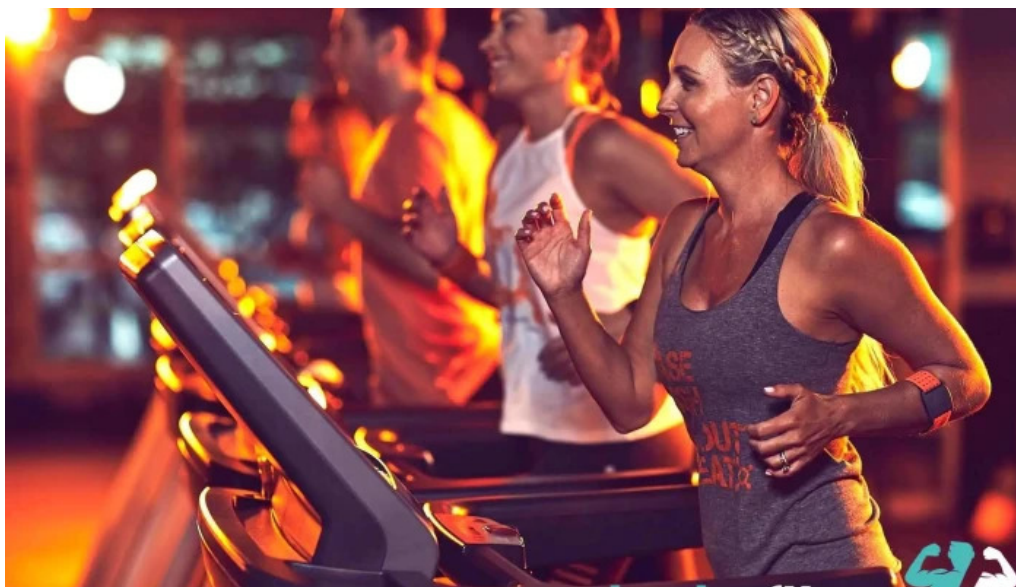
Orangetheory fitness gym



Orangetheory fitness dallas



Orangetheory fitness catalog



Orangetheory fitness by owner



Orangetheory fitness all

Tags

Wheelchair-accessible car park, Toilet, Wheelchair-accessible entrance, Accessibility, Planning, Amenities, Membership required, Swimming pool, Wheelchair-accessible toilet

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