

## Physiofit Texas Gym and Wellness Center - Dallas

dallas

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dallas

## Physiofit Texas Gym and Wellness Center - Dallas

### Discovering Physiofit Texas Gym and Wellness Center in Dallas

Physiofit Texas Gym and Wellness Center is a hidden gem located in **Dallas, Texas**. This gym emphasizes not just fitness, but community, making it an excellent choice for people of all backgrounds and fitness levels. Here's what you need to know about this fantastic facility.

### Amenities that Cater to All

At Physiofit, **membership is required** to access the full range of services

offered. The gym features a **swimming pool**, which is a perfect retreat after an intense workout or for leisurely laps. Additionally, members can enjoy **Wi-Fi** throughout the premises, ensuring that everyone stays connected. Accessibility is a priority here, with a **wheelchair-accessible entrance** and a wheelchair-accessible car park, making it easy for all individuals to join and participate in fitness activities. The gym also identifies as **Latino-owned**, **women-owned**, and **Black-owned**, showcasing its commitment to diversity and inclusion.

## **Community and Inclusivity**

Physiofit prides itself on being **LGBTQ+ friendly**, creating a welcoming environment for all members. This sense of community is often highlighted in reviews, with many expressing how they felt at home the moment they stepped into the gym. Newcomers are greeted with tours and introductions, fostering a supportive atmosphere.

## **Quality Training and Equipment**

Members rave about the **on-site services** provided by knowledgeable trainers. Reviews highlight the exceptional quality of training, especially from trainers like Shawn and Alvin, who are known for their expertise and motivational support. The gym is equipped with a wide variety of machines categorized by type, making it convenient for members to follow their workout plans effectively. Those who attend **online classes** appreciate the flexibility and accessibility offered, further enhancing the gym's appeal. The atmosphere is described as friendly and non-judgmental, allowing everyone to feel comfortable working out, regardless of their experience level.

## **Satisfied Members Share Their Experiences**

Members have expressed satisfaction with the cleanliness and organization of the facilities. The gym is described as "well-kept" and "not as hectic as some larger chains," with adequate equipment readily available. Many users have praised the **amenities**, such as towel services and personal care items in the dressing areas. While some reviews indicate concerns regarding hours of operation, with requests for extended hours to accommodate members working late, the general sentiment remains overwhelmingly positive. One member noted, "This is the best gym in the world," celebrating the welcoming vibe and supportive environment.

## **Challenges and Feedback**

Despite the many accolades, some feedback indicates that management may need to refine their operation processes, particularly concerning membership cancellations. However, this has not deterred many loyal members from endorsing the gym and its positive impact on their fitness journeys.

## Join the Physiofit Community

With a focus on providing top-notch facilities and encouraging fitness for all, Physiofit Texas Gym and Wellness Center stands out in Dallas. If you seek a new fitness home that prioritizes community, inclusivity, and support, consider becoming a member of Physiofit. With diverse amenities, excellent training options, and a welcoming atmosphere, it's a place where you can truly thrive in your fitness journey.

### You can visit us at the address:

17610 Midway Rd #128, 75287 Dallas, Texas - United States (US)

The contact phone of the mentioned **Gym** is +1469-206-0055

And if you want to send a WhatsApp, you can do so at +1469-206-0055

### We are available at these times:

Day	Hours
Monday	6?AM–8?PM
Tuesday	6?AM–8?PM
Wednesday	8?AM–6?PM
Thursday	9?AM–5?PM
Friday	6?AM–8?PM
Saturday	6?AM–8?PM
Sunday	6?AM–8?PM

The website is Physiofit Texas Gym and Wellness Center

In case you want to adjust any data that you feel is not correct regarding this portal, we kindly request send a message so we can we will fix it as soon as possible. With anticipation thanks for your cooperation.

## Images



*Physiofit texas gym and wellness center videos*

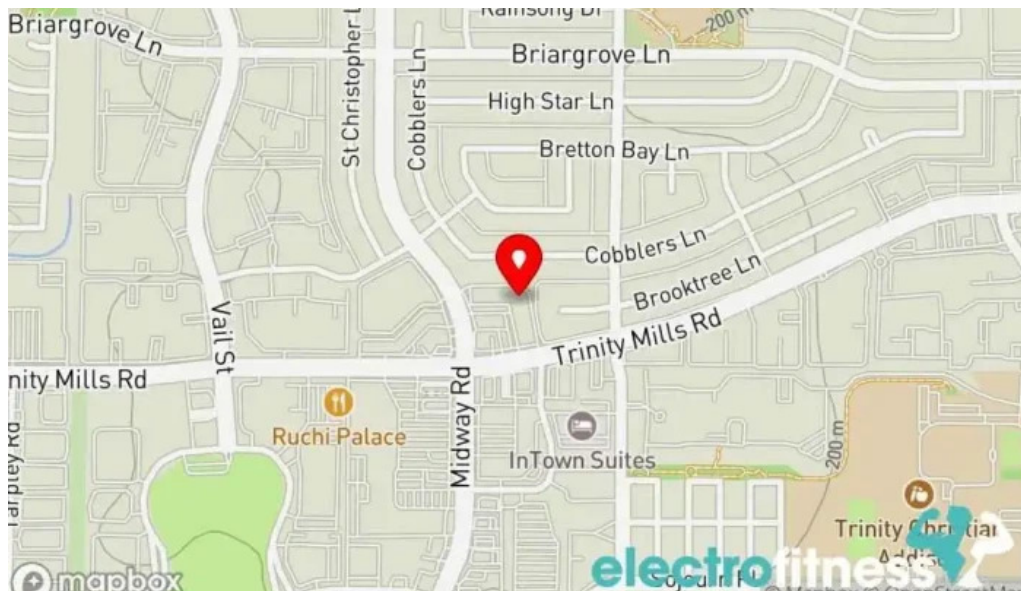


*Physiofit texas gym and wellness center street view 360deg*





*Physiofit texas gym and wellness center phone*



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## Tags

*Service options, Identifies as women-owned, Amenities, LGBTQ+ friendly, Accessibility, Online classes, Wi-Fi, Identifies as Black-owned, Wheelchair-accessible entrance, Identifies as Latino-owned, Wheelchair-accessible car park, On-site services, Crowd, Swimming pool, From the business, Membership required, Planning*

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convenience store
country club
coworking space
dance school
day spa
dollar store
elementary school
exercise equipment store



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fitness
fitness center
golf club
golf course
golf instructor
grocery store
gym
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health food restaurant
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karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
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martial arts school
massage therapist
meditation center
non-profit organization
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physical therapy clinic
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private golf course
public educational institution
recreation center
rehabilitation center

rock climbing gym
school district office
self defense school
shooting range
shopping mall
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spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
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swimming school
tennis club
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training centre
vitamin & supplements store
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization