

Regis Fitness Center - Denver

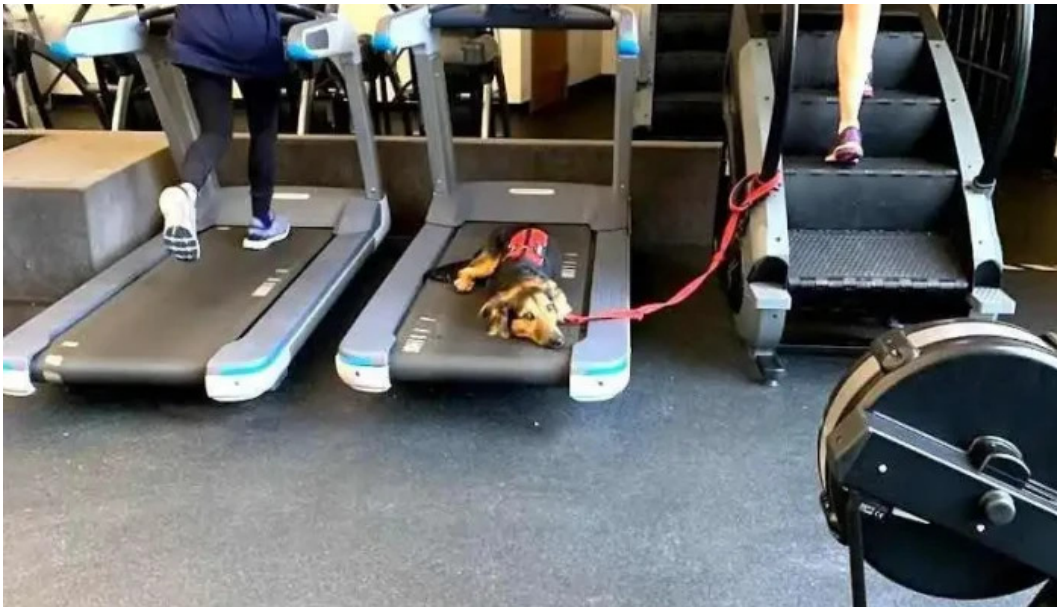
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https://www.electrofitness.com/gym/denver/regis-fitness-center-denver_204339.php



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Regis Fitness Center - Denver

Discovering Regis Fitness Center in Denver, Colorado

Regis Fitness Center is one of the hidden gems for fitness enthusiasts in Denver. The center provides a range of amenities designed to cater to various workout needs, making it an excellent choice for anyone looking to maintain or improve their fitness levels.

Accessibility and Amenities

The ****wheelchair-accessible entrance**** and ****wheelchair-accessible car park**** ensure that everyone can enjoy what Regis Fitness Center has to offer. The

facility takes accessibility seriously, allowing individuals with mobility challenges to engage fully in their fitness journey. Inside, members will find a good variety of equipment suited for both beginners and seasoned athletes. The gym features a rack, Smith machine, benches, cables, some cardio equipment, and dumbbells. This diverse selection ensures that members can effectively plan their workouts without feeling limited by equipment availability.

Membership Required

To access all the fantastic features of Regis Fitness Center, a ****membership is required****. This model allows the gym to manage its capacity and ensure that all members can have a good experience. It's essential to note that while the gym is small, it packs a lot of value into its space.

Basketball Court and Climbing Wall

For sports enthusiasts, the Regis Fitness Center boasts a ****basketball court**** and a climbing wall. These amenities provide additional opportunities for physical activity beyond traditional weightlifting or cardio workouts, catering to a diverse array of interests.

Environment and Atmosphere

Feedback from past visitors highlights the ****clean and quiet atmosphere**** of Regis Fitness Center, making it a pleasant place to work out. However, some users have noted that it can get crowded quickly and often feels too hot during peak hours. Planning your visit during off-peak times may enhance your experience.

Conclusion

In summary, Regis Fitness Center offers an impressive array of amenities in a compact space, perfect for those looking to stay fit in Denver. With accessibility features, a welcoming environment, and a commitment to continuous improvements, it's clear why many people appreciate this gym. Even though there are a few operational hiccups, such as changing hours and website issues, the overall sentiment indicates a thriving community dedicated to fitness.

The premises are located at

Coors Life Directions Center, 80221 Denver, Colorado - United States (US)

The phone of said **Gym** is +1303-458-3563

And if you want to send a WhatsApp, you can do so at +1303-458-3563

Our service hours are:

Day Hours
Monday
10?AM–6?PM
Tuesday
6?AM–10?PM
Wednesday
6?AM–10?PM
Thursday
6–10?AM
Friday
6?AM–10?PM
Saturday
6?AM–6?PM
Sunday
10?AM–6?PM

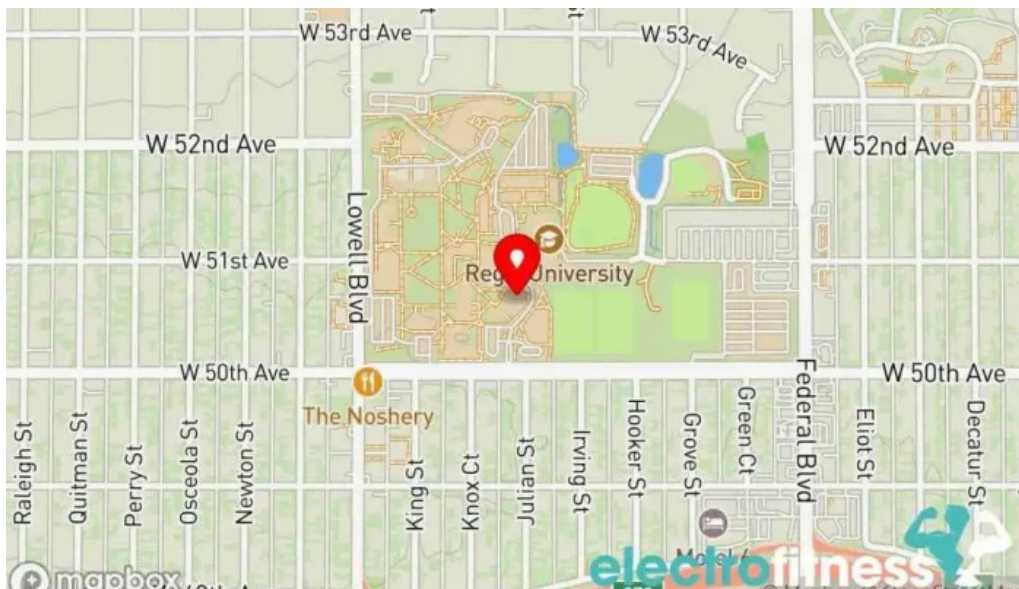
The website is [Regis Fitness Center](#)

If necessary to modify any element that you believe is incorrect regarding this site, we kindly request deliver a message so that we will adjust it as soon as possible. In advance thanks for your cooperation.

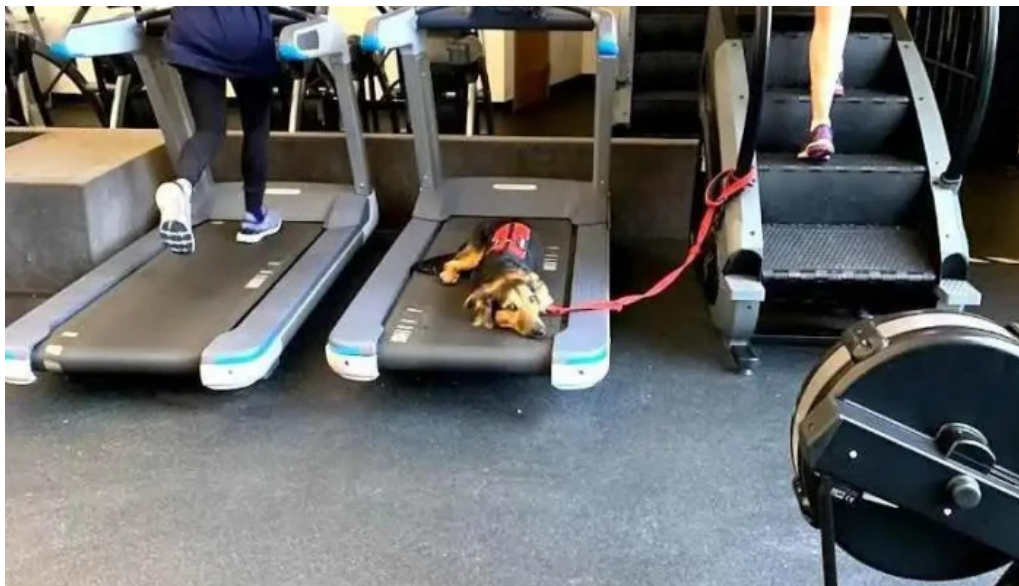
Images



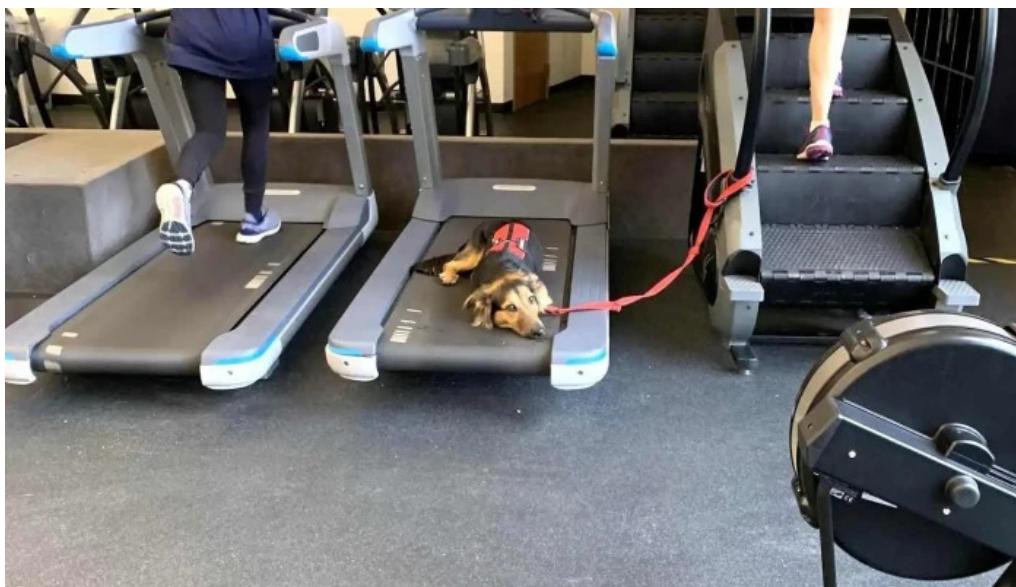
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Regis fitness center map



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Tags

Wheelchair-accessible entrance, Basketball court, Planning, Amenities, Wheelchair-accessible car park, Accessibility, Membership required

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rehabilitation center
rock climbing gym
school district office
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