

## Nash Gym /maw - Fort Drum

fort drum

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*fort drum*

## *Nash Gym /maw - Fort Drum*

### Exploring Nash Gym / MAW in Fort Drum, New York

Nash Gym, known for its commitment to fitness and community, is an outstanding facility located in Fort Drum, New York. This gym not only provides a wide range of exercise options but also ensures that all members can access its amenities comfortably.

### Accessibility at Nash Gym

One of the key features of Nash Gym is its **\*\*accessibility\*\***. The gym has made it a priority to ensure that everyone, including those with mobility

challenges, can enjoy their workout experience.

### **Wheelchair-Accessible Car Park**

Visitors will find a **\*\*wheelchair-accessible car park\*\*** conveniently located near the entrance. This makes it easier for individuals with disabilities to reach the gym without any hassle. Ample parking space ensures that all members can access the facilities seamlessly.

### **Wheelchair-Accessible Entrance**

The **\*\*wheelchair-accessible entrance\*\*** at Nash Gym allows members to enter the facility without barriers. This thoughtful design decision reflects the gym's commitment to inclusivity, ensuring that everyone feels welcome and comfortable.

### **Comfortable Facilities for Everyone**

Guests have remarked on the **\*\*comfortable facilities\*\*** available at Nash Gym. With clean bathrooms and spacious workout areas, members can focus on their fitness goals without distractions. The environment is conducive to both individual workouts and group classes, enhancing the overall experience.

### **Top-notch Training Programs**

Members have praised the outstanding training programs, particularly the H2F training sessions. One enthusiastic visitor noted, "Great experience loved H2F training today; Ben was an amazing teacher and motivator." This highlights the effective coaching and supportive atmosphere provided by knowledgeable trainers.

### **Excellent Exercise Equipment**

Nash Gym features a variety of **\*\*great exercise equipment\*\***, allowing members to engage in various types of workouts. From cardio machines to strength training tools, the gym caters to all fitness levels and preferences.

### **Your Next Fitness Destination**

If you're looking for an inclusive and well-equipped gym, Nash Gym / MAW in Fort Drum is the place to be. With its focus on **\*\*accessibility\*\***, knowledgeable trainers, and clean facilities, it's no wonder visitors describe it as a "DOPE H2F gym!" Whether you're a seasoned athlete or just starting on your fitness journey, Nash Gym welcomes you with open arms.

### **Our business is located at**

*p2360 Nash Blvd, 13602 Fort Drum, New York - United States (US)*

## Visit us during the following hours:

Day Hours

Monday

6:30?AM–5?PM

Tuesday

6:30?AM–5?PM

Wednesday

Closed

Thursday

Closed

Friday

6?AM–5?PM

Saturday

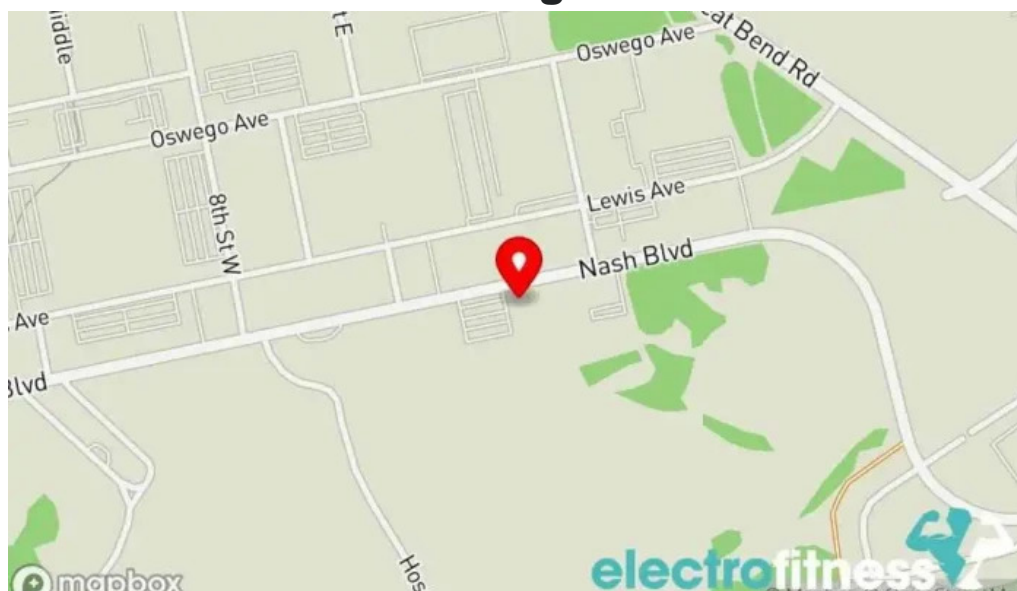
6:30?AM–5?PM

Sunday

6:30?AM–5?PM

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## Images



Nash gym maw map



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## Tags

*Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park*

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community center
convenience store
country club
coworking space
dance school
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
golf instructor
grocery store

gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club

sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
weightlifting area
wellness center
wellness program
yoga instructor
yoga studio
youth organization