

## Orangetheory Fitness - Fort Myers

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### *Orangetheory Fitness - Fort Myers*

#### **Discover Orangetheory Fitness in Fort Myers, Florida**

If you're seeking an energizing workout experience that combines cardio and strength training, Orangetheory Fitness in Fort Myers is worth considering. This unique fitness studio has gained a loyal following for its engaging, instructor-led classes and supportive community atmosphere.

#### **Amenities and Accessibility**

The Fort Myers location is equipped with several key amenities to enhance your workout experience. One of the standout features is the **wheelchair-accessible car park**, ensuring easy access for all members. The gym also has a **wheelchair-accessible entrance** and a **wheelchair-accessible toilet**, underscoring its commitment to **accessibility**.

Members can enjoy free **Wi-Fi** while waiting for their class, allowing for seamless connectivity. Additionally, the facility includes a **toilet** for member convenience.

## Membership and Planning

While the experience at Orangetheory is generally positive, potential members should be aware that a **membership is required** to attend classes. Various membership plans are available, each offering access to the high-energy workouts that make OTF unique. Planning your workouts is essential, as the **class schedule** can sometimes change unexpectedly, which has frustrated some members in the past. To cancel your membership, a **30-day notice** is typically required, adding an extra layer of planning for individuals considering this option.

## What to Expect from Your Workouts

Orangetheory Fitness takes a science-backed approach to fitness, focusing on heart rate-based interval training. Most classes combine strength training with cardiovascular elements, creating a balanced routine suitable for all skill levels—from beginners to seasoned athletes. Many members have reported significant improvements in strength, endurance, and overall health after joining. Instructors are highly praised for their motivation and attentiveness. Members often express appreciation for the energy and enthusiasm that coaches bring to each session, making challenging workouts enjoyable. However, it's important to note that some guests have experienced issues with class availability and management practices, particularly regarding last-minute changes and cancellation policies.

## Community Feedback

Customer reviews reflect a mixed bag of experiences. While many attendees rave about the quality of coaching and the camaraderie among members, others have voiced concerns about the management of member accounts and scheduling consistency. It's advisable for new members to approach the membership process with careful consideration and awareness of the policies in place.

## Final Thoughts

Overall, Orangetheory Fitness in Fort Myers offers a dynamic and inclusive environment for those committed to pushing their fitness limits. With convenient **amenities** and an energetic community, this gym provides an excellent platform for achieving personal fitness goals. However, prospective members should evaluate their preferences for scheduling and service to ensure a satisfying experience.

If you're interested in a vibrant workout atmosphere where you can challenge yourself while meeting like-minded individuals, consider giving Orangetheory Fitness a try!

### Our business is found at

8001 Dani Dr, 33966 Fort Myers, Florida - United States (US)

The contact line of the mentioned **Gym** is +1239-292-5826

And if you want to send a WhatsApp, you can do so at +1239-292-5826

### Our service hours are:

Day	Hours
Monday	5?AM–7?PM
Tuesday	6?AM–3?PM
Wednesday	7?AM–3?PM
Thursday	5?AM–9?PM
Friday	5?AM–9?PM
Saturday	5?AM–9?PM
Sunday	5?AM–9?PM

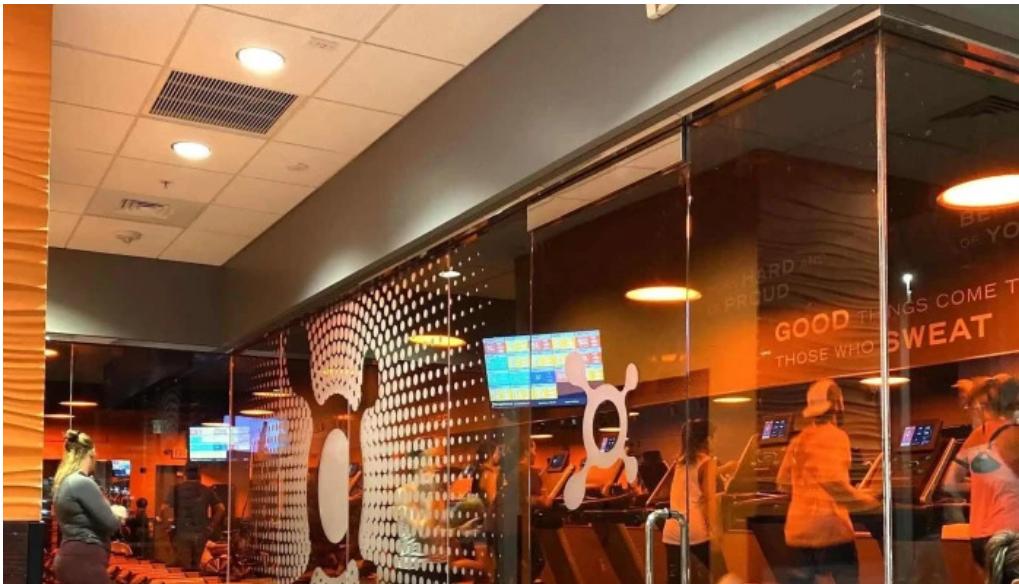
The website is Orangetheory Fitness

If necessary to modify any element that you consider is not accurate related to this page, we urge you to send a message so we can we will correct it quickly. Thanks beforehand we appreciate it.

## Images



*Orangetheory fitness street view 360deg*



*Orangetheory fitness open now*





*Orangetheory fitness near me*



*Orangetheory fitness map*



*Orangetheory fitness location*



*Orangetheory fitness gym*



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## Tags

*Planning, Wi-Fi, Amenities, Wheelchair-accessible car park, Swimming pool, Toilet, Membership required, Wheelchair-accessible toilet, Wheelchair-accessible entrance, Accessibility*

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basketball club
basketball court
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body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service
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community center
convenience store
corporate office
counselor
country club
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cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
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golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school

gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy

physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public library
public swimming pool
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
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taekwondo school
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weightlifting area
wellness center
wellness program
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