

## CrossFit Praus in Fort Wayne, In - Fort Wayne

fort wayne

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## CrossFit Praus in Fort Wayne, In - Fort Wayne

### Experience Fitness Like Never Before at CrossFit Praus in Fort Wayne, IN

If you're looking for a fitness community that welcomes everyone and caters to all levels, **CrossFit Praus** is the place to be. Conveniently located in Fort Wayne, Indiana, this gym prides itself on being inclusive and accessible. With features such as a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, CrossFit Praus ensures that everyone can join the fit family regardless of their physical abilities.

## **A Community That Supports You**

At CrossFit Praus, the motto is simple: If you can show up, you can do this. Members of this gym often describe it as more than just a place to work out; it's a community that feels like family. Many individuals have transformed their lives here, with one member sharing, "I was extremely out of shape and overweight 8 months ago. I have lost over 60 lbs and feel a decade or so younger." This incredible support system encourages everyone to reach their personal best.

## **Quality Coaching and Facilities**

The experienced coaches at CrossFit Praus ensure that every workout is tailored to individual needs, making it suitable for all skill levels. Whether you are just starting your fitness journey or looking to elevate your training, the knowledgeable team is dedicated to helping you succeed. One satisfied member exclaimed, "The coaches meet you where you are in your fitness journey and then help to give that extra push you need."

Not only is the coaching top-notch, but the facilities are also impressive. The gym is clean, spacious, and equipped with modern equipment that is well taken care of. As one visitor noted, "The equipment is well taken care of (or brand new), the gym is clean, and the people are fantastic."

## **A Place for Everyone**

CrossFit Praus embraces diversity, welcoming individuals from various backgrounds, ages, and fitness levels. Whether you're a seasoned athlete or someone just getting started, you will find a supportive environment here. "This place offers a community that is like no other! It literally feels like you are working out with family," remarked a longtime member.

## **Join Us Today!**

If you are bored with traditional workouts and seeking a dynamic, engaging atmosphere, give CrossFit Praus a try. With a focus on health, safety, community, and fitness, you will discover challenges that inspire growth. As one enthusiastic member stated, "If you're considering giving CrossFit a try, I highly recommend starting your journey with Praus!"

So, whether you are visiting Fort Wayne or looking for a new fitness home, CrossFit Praus is undoubtedly worth stopping by. Get ready to transform your life in an environment that celebrates every step of your fitness journey!

## **Our business is located at**

4106 Merchant Rd, 46818 Fort Wayne, Indiana - United States (US)

The contact line of this **Gym** is +1260-415-7834

And if you want to send a WhatsApp, you can do so at +1260-415-7834

## **We are open during the following hours:**

Day Hours

Monday

5:15?AM–7:30?PM

Tuesday

5:15?AM–7:30?PM

Wednesday

5:15?AM–7:30?PM

Thursday

5:15?AM–7?PM

Friday

9:30?AM–12?PM

Saturday

Closed

Sunday

5:15?AM–7:30?PM

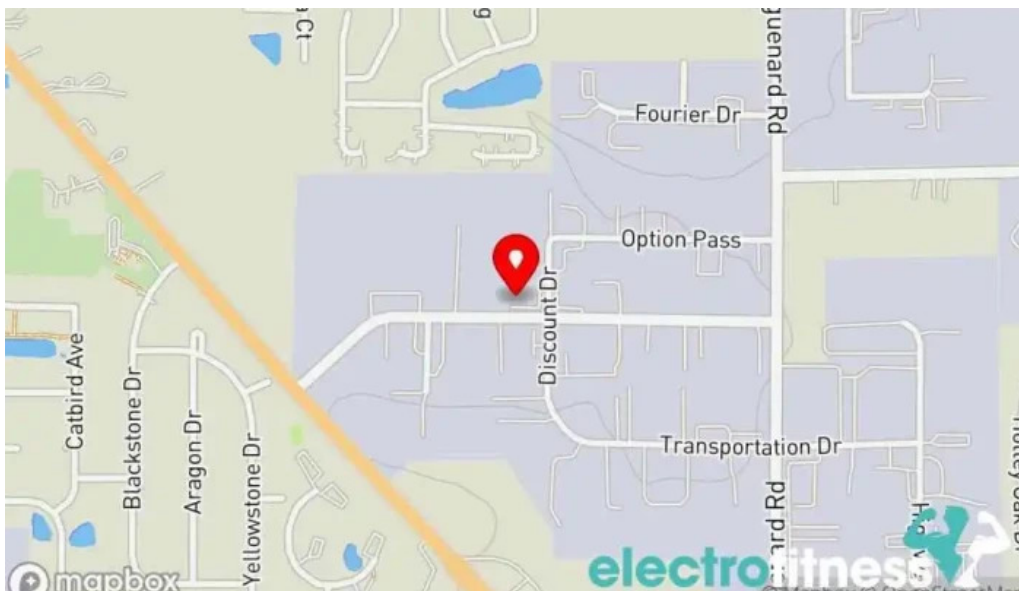
The website is CrossFit Praus in Fort Wayne, IN

If necessary to adjust any information that you consider is not correct concerning this page, please send a message so that we will handle it at the earliest convenience. With anticipation thank you very much.

## **Images**



*Crossfit praus in fort wayne in street view 360deg*



*Crossfit praus in fort wayne in map*





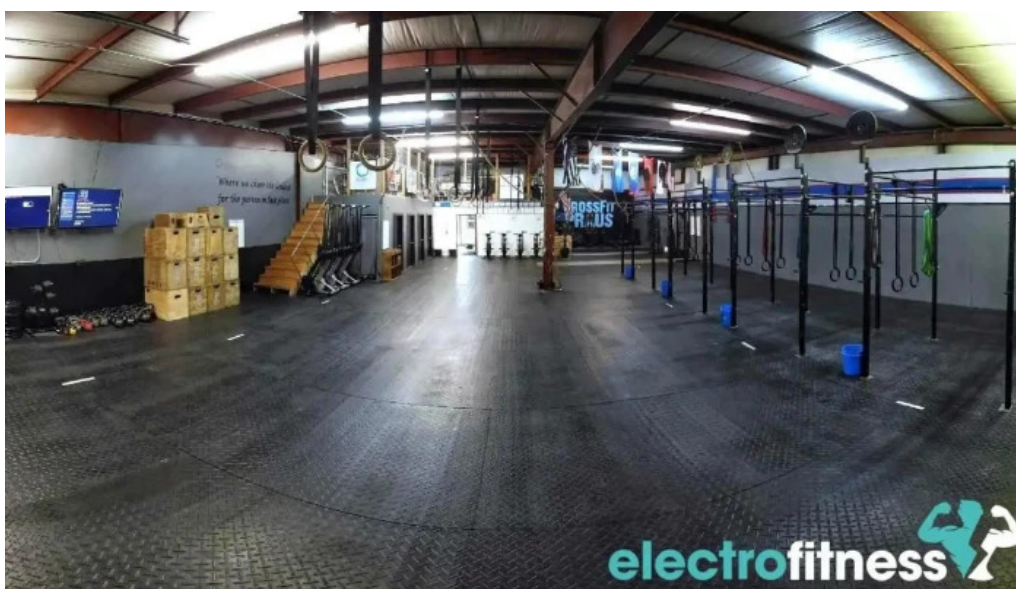
*Crossfit praus in fort wayne in gym*



*Crossfit praus in fort wayne in fort wayne*



*Crossfit praus in fort wayne in by owner*



*Crossfit praus in fort wayne in all*

## Tags

*Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park*

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**4.9 \*** *CrossFit Ho'ola - Acworth*

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**5.0 \*** *Aliso CrossFit - Aliso Viejo*

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**4.9 \*** *CrossFit E3 - Eagle*

<b>4.9 *</b>	<i>CrossFit LoDo - Denver</i>
<b>5.0 *</b>	<i>Dtc CrossFit - Greenwood Village</i>
<b>5.0 *</b>	<i>CrossFit Amis - Lafayette</i>
<b>4.9 *</b>	<i>CrossFit Lifestyle - Burlington</i>
<b>5.0 *</b>	<i>RNFCrossFit - Official CrossFit Affiliate and Health and Fitness Coaching Facility in Barren County, Glasgow, Ky - Glasgow</i>
<b>4.9 *</b>	<i>CrossFit Crew - Chandler</i>

## Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop

college
community center
convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club



karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center

shooting range
shopping mall
soccer club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization