

Plus Ultra Fitness - Fort Wayne

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Plus Ultra Fitness - Fort Wayne

Discover the Unique Experience at Plus Ultra Fitness in Fort Wayne, Indiana

If you're looking for a gym that offers not just workouts but also a vibrant community, **Plus Ultra Fitness** is the ideal choice. Located in Fort Wayne, Indiana, this gym stands out with its diverse **on-site services** and exceptional **service options**, making it accessible to everyone.

Accessibility Features

Plus Ultra Fitness is committed to inclusivity, featuring a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**. This dedication to **accessibility** ensures that everyone can enjoy their fitness journey without barriers.

A Community Like No Other

Joining Plus Ultra Fitness requires a **membership**, but what you gain is priceless. Members often remark on how welcoming and supportive the environment is. One member shared, "From the moment I joined, I was welcomed with open arms by the friendly and knowledgeable trainers." This spirit of camaraderie creates an environment where individuals feel motivated to challenge themselves.

Tailored Workouts and Online Classes

The training programs at Plus Ultra Fitness are designed to meet various fitness levels. As one member noted, "The workouts are challenging, but can be scaled to your fitness level." This flexibility means that regardless of whether you are a beginner or more advanced, you can find a routine that works for you. Plus, for those who prefer exercising from home, Plus Ultra offers **online classes** that maintain the same high standards of coaching.

The Transformative Journey

Many members have experienced significant transformations since joining. From initially struggling with basic weights to becoming confident in their abilities, testimonials reflect a common theme: personal growth both physically and mentally. "I've lost over 20 pounds and hit two fitness goals," said one grateful member.

Supportive Coaching

At Plus Ultra Fitness, coaches are more than just trainers; they become mentors. The owner, Joe, along with his team, provides guidance, ensuring all members understand the techniques necessary to achieve their goals safely. "They will help correct form and show you the proper way," noted a member, emphasizing the focus on safety and wellness.

A Family Environment

Families are welcome at Plus Ultra Fitness. Many parents appreciate the atmosphere where their children can play while they work out. "My son gets to

come hang out and play with other kiddos during our classes,” said a dedicated member, highlighting the family-friendly nature of the gym.

Final Thoughts: Join the Fun

Plus Ultra Fitness is not just about working out; it’s about building a lifestyle and a community. If you’re in Fort Wayne and seeking a place to improve your fitness alongside like-minded individuals, look no further. Whether you’re interested in joining classes or exploring online options, Plus Ultra Fitness welcomes you to take that first step towards a healthier, happier life.

Our business is located at

122 E Collins Rd, 46825 Fort Wayne, Indiana - United States (US)

The phone number of this **Gym** is +1260-222-7006

And if you want to send a WhatsApp, you can do so at +1260-222-7006

Our opening hours are:

Day	Hours
Monday	5?AM–8?PM
Tuesday	5?AM–8?PM
Wednesday	5?AM–8?PM
Thursday	5?AM–8?PM
Friday	5?AM–8?PM
Saturday	5?AM–8?PM
Sunday	5?AM–8?PM

The website is Plus Ultra Fitness

In case you want to alter any information that you think is not precise regarding this page, we kindly request forward a message so we can we will adjust it at the earliest convenience. In advance thank you very much.

Images



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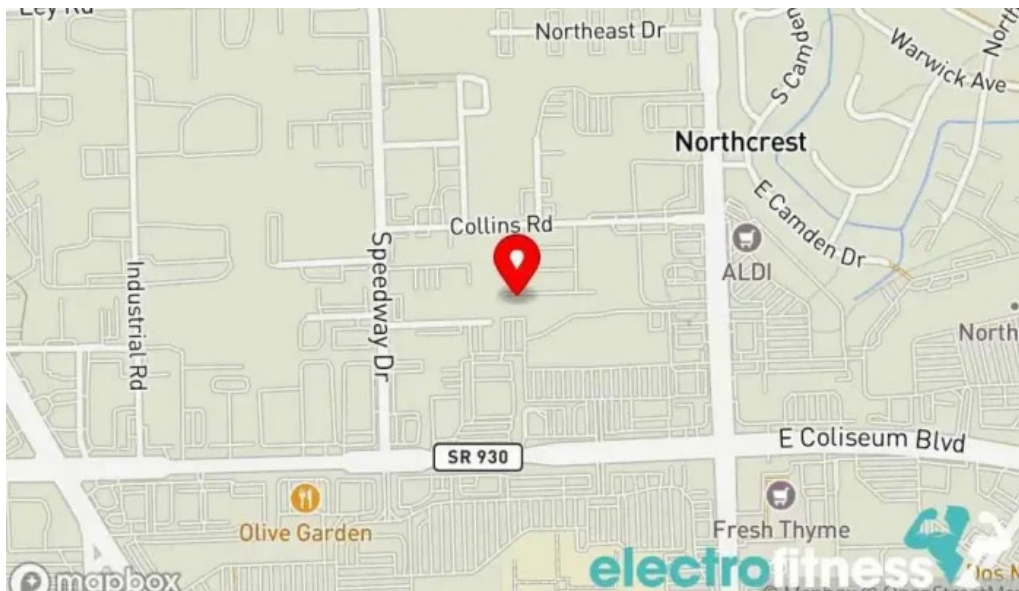
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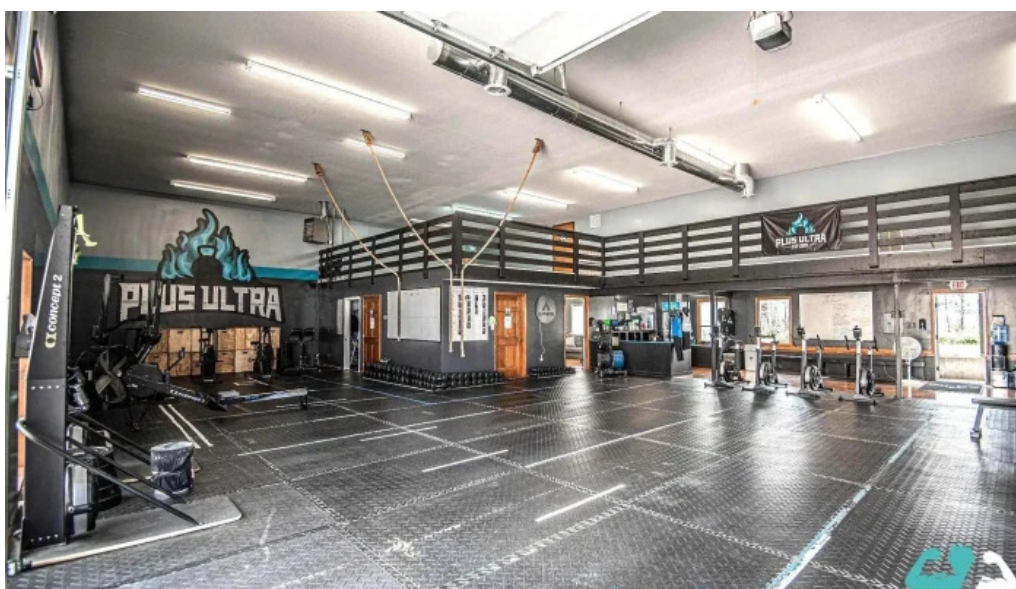
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Tags

Wheelchair-accessible car park, On-site services, Membership required, Online classes, Planning, Service options, Accessibility, Wheelchair-accessible entrance

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