

B3 Gym - Gainesville

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Welcome to B3 Gym: Your Inclusive Fitness Community in Gainesville, Florida

B3 Gym is more than just a place to work out; it's a vibrant community that champions inclusivity and personal growth. With a ****wheelchair-accessible entrance**** and a ****wheelchair-accessible car park****, B3 ensures that everyone can access its facilities, fostering an environment where all members feel welcome.

Online Classes and On-Site Services

In today's fast-paced world, B3 Gym keeps up with the needs of its diverse clientele by offering **online classes** alongside traditional on-site services. This flexibility allows members to engage with their workouts, regardless of their schedules or circumstances. Whether you prefer to sweat from the comfort of your home or join your friends at the gym, B3 has you covered! From the business perspective, B3 Gym identifies as **women-owned**, further enhancing its commitment to empowering women in fitness. Owner Karen leads with compassion and expertise, ensuring that every member receives personalized attention and support.

Planning for Your Fitness Journey

At B3 Gym, planning is key. Members are encouraged to set realistic fitness goals with the guidance of knowledgeable coaches who adapt workouts to fit individual needs. As one happy member mentioned, "The trainers take time to ensure there are different levels for each workout so you never have to feel left out." Alongside personalized plans, **service options** at B3 include bootcamp classes, CrossFit training, and nutrition coaching, making it easier to achieve your fitness aspirations.

A Community Built on Accessibility and Support

Accessibility goes beyond physical spaces at B3 Gym. The supportive atmosphere creates an environment where both beginners and experienced athletes thrive. As another member noted, "The coaches are incredibly helpful and knowledgeable and are your biggest cheerleaders." This sense of camaraderie among members fosters accountability and motivation, making workouts enjoyable and effective. With **appointment required** options for one-on-one coaching sessions, every member receives tailored support to help them reach their fitness goals. From adaptive workouts to friendly competitions and monthly gatherings, B3 nurtures personal connections and growth.

Join the B3 Family Today!

If you're looking for a gym that prioritizes **accessibility**, community, and personalized coaching, look no further than B3 Gym in Gainesville, Florida. The welcoming environment and expert coaches are ready to help you transform your fitness journey. Don't hesitate—take advantage of their free trial class and experience the warmth and support of the B3 family today! You won't regret it!

We are located at

2134 NW 6th St, 32609 Gainesville, Florida - United States (US)

The phone of this **Gym** is +1352-707-2077

And if you want to send a WhatsApp, you can do so at +1352-707-2077

Our opening hours are:

Day Hours
Monday
9?AM–12?PM
Tuesday
Closed
Wednesday
5?AM–8?PM
Thursday
5?AM–8?PM
Friday
5?AM–8?PM
Saturday
5?AM–8?PM
Sunday
5?AM–7?PM

The website is [B3 Gym](#)

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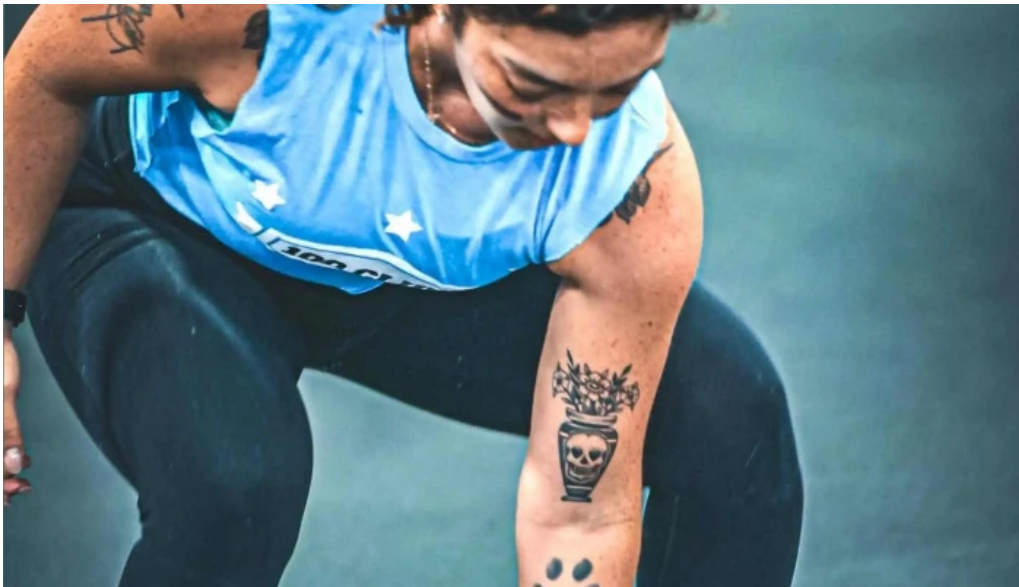
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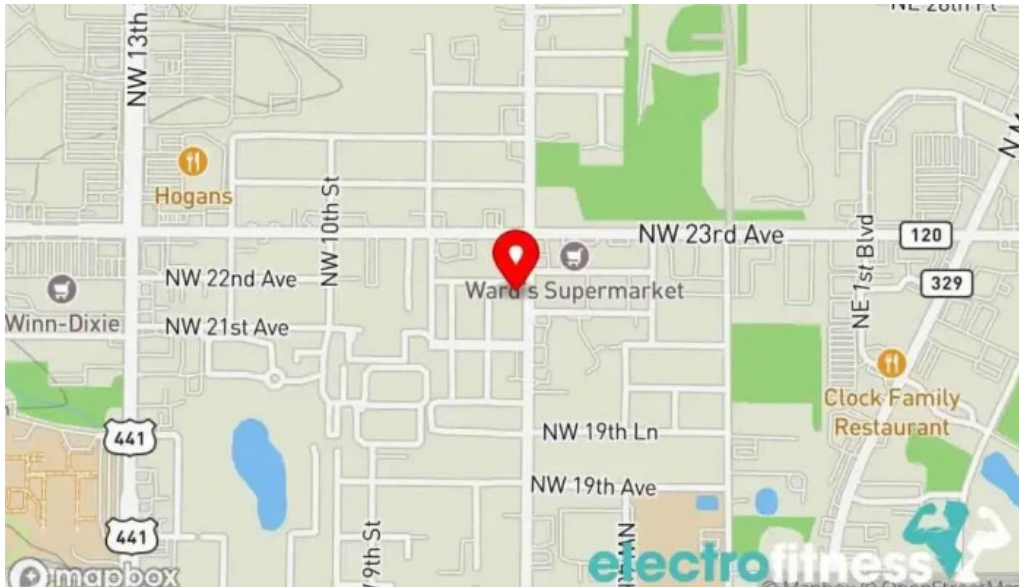
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Tags

Service options, On-site services, Appointment required, Online classes, Wheelchair-accessible car park, Wheelchair-accessible entrance, From the business, Planning, Identifies as women-owned, Accessibility

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educational institution
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gated community
golf club
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golf instructor
grocery store
gym
gymnasium school
gymnastics center
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health spa
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