

Fitness 19 - Gardena

gardena

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https://www.electrofitness.com/gym/gardena/fitness-19-gardena_306726.php



gardena

Fitness 19 - Gardena

Exploring Fitness 19 in Gardena, California

Fitness 19 is more than just a gym; it's a community hub for fitness enthusiasts of all levels. Located in Gardena, California, this gym provides a welcoming atmosphere with accessibility options that cater to everyone, including those requiring a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**.

Accessibility and On-Site Services

Fitness 19 prides itself on its commitment to **accessibility**. The gym features a

wheelchair-accessible entrance, making it easy for individuals with mobility challenges to enter and enjoy their workouts. The **on-site services** extend beyond just equipment use; staff members are always available to assist with any inquiries and provide guidance during workouts.

Outdoor Services and Community Vibes

One of the standout features of Fitness 19 is its **outdoor services**. Members can take advantage of the outdoor area to stay active while enjoying fresh air. This option has become especially popular during times when indoor capacity is limited. Many reviews highlight the friendly and motivating environment, where members feel like they're part of a family.

Service Options and Membership Required

At Fitness 19, **membership is required** for access to facilities and services, but many find the affordable rates worth the investment. Various **service options** include personal training sessions, group classes, and wellness consultations which ensure members have the tools they need to succeed in their fitness journeys.

A Clean and Friendly Environment

The cleanliness of the gym consistently receives praise from members. Reviewers emphasize that the equipment is well-maintained, with many noting the exceptional tidiness of the bathrooms and workout areas. Staff members, including notable employees like David and Daniel, are frequently commended for their helpfulness, making each visit enjoyable and encouraging.

Why Choose Fitness 19?

Fitness 19 sets itself apart with its unique combination of affordability, accessibility, and community spirit. It's not just a place to lift weights or run on a treadmill; it's a space where members can connect, motivate each other, and grow together. Whether you're a beginner or a seasoned athlete, you'll find everything you need to reach your goals in this vibrant gym. In conclusion, if you're in the Gardena area and are looking for a supportive gym environment with excellent facilities, Fitness 19 is worth considering. With its **wheelchair-accessible features, outdoor services**, and friendly community, it's an ideal choice for anyone looking to embark on or continue their fitness journey.

The address of our establishment is

1310 Rosecrans Ave, 90247 Gardena, California - United States (US)

The phone of the respective **Gym** is +1310-323-1920

And if you want to send a WhatsApp, you can do so at +1310-323-1920

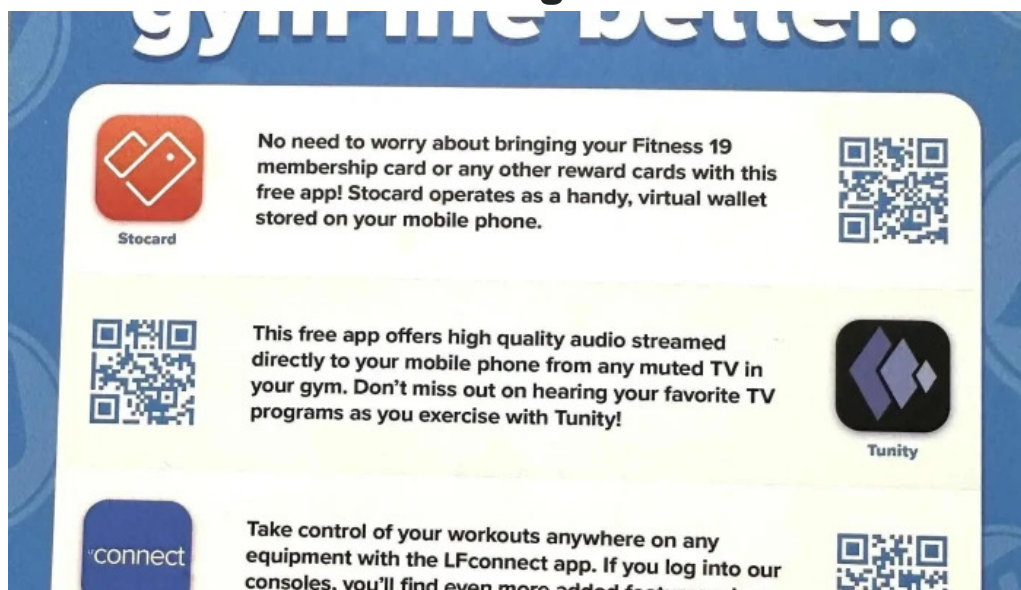
Visit us during the following hours:

Day Hours
Monday
7?AM–7?PM
Tuesday
7?AM–7?PM
Wednesday
5?AM–11?PM
Thursday
5?AM–11?PM
Friday
5?AM–11?PM
Saturday
5?AM–11?PM
Sunday
5?AM–10?PM

The website is [Fitness 19](#)

If necessary to adjust any information that you consider is not accurate about this portal, we ask send us a message so we can we will adjust it as soon as possible. With anticipation thanks.

Images



Fitness 19 website



Fitness 19 videos



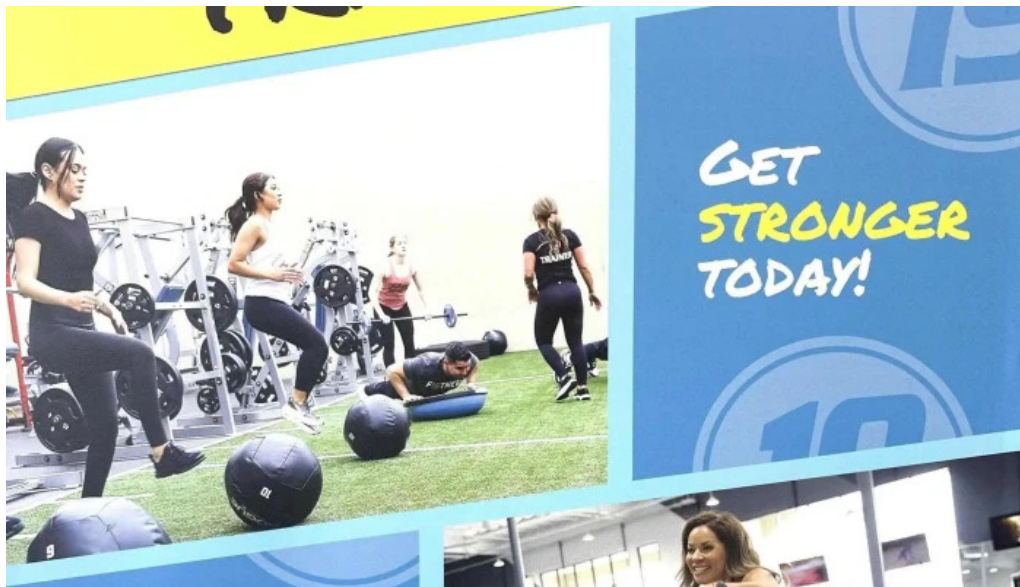
Fitness 19 street view 360deg



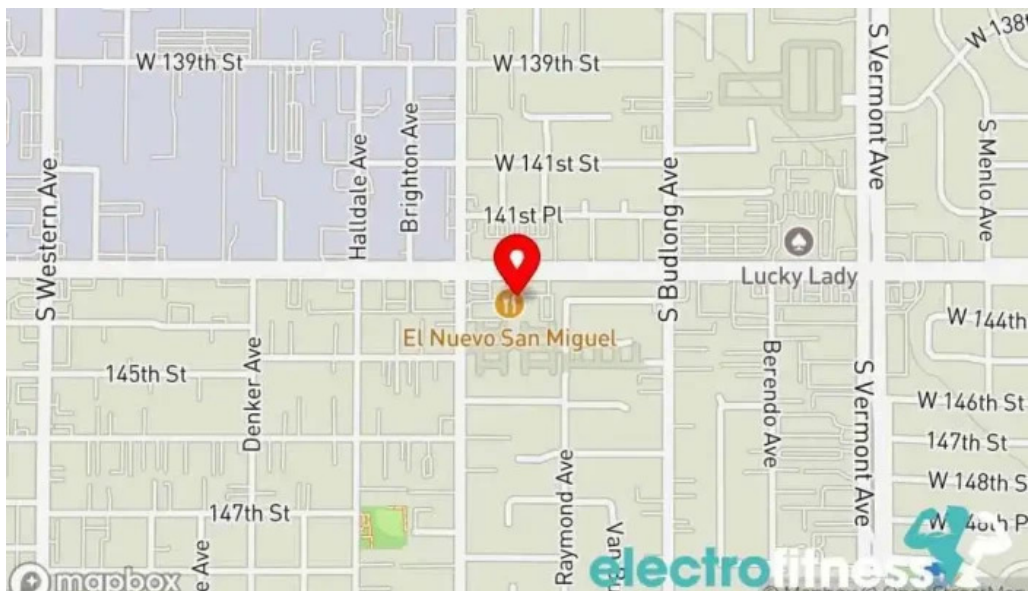
Fitness 19 schedule



Fitness 19 open now



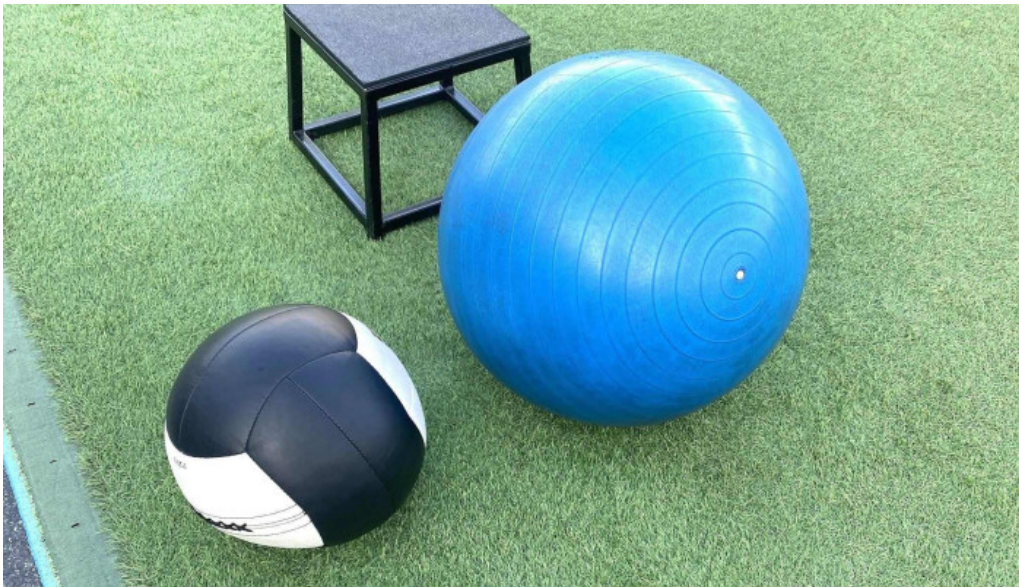
Fitness 19 number



Fitness 19 map



Fitness 19 location



Fitness 19 instagram



Fitness 19 gym



Fitness 19 gardena



Fitness 19 all

Tags

Outdoor services, Service options, Membership required, On-site services, Planning, Wheelchair-accessible car park, Wheelchair-accessible entrance, Accessibility

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