

Electro Fitness: Best Electro Fitness

Fuerza Gym - Gardena

gardena



| Published on: 17/05/25 | Hits: 1350 |
|------------------------|--------------|
| Comments: 0 | See comments |
| Votes: 135 | Score: 4.9 |

https://www.electrofitness.com/gym/gardena/fuerza-gym-gardena_306678.php



gardena

Fuerza Gym - Gardena

Discover Fuerza Gym: Your Fitness Home in Gardena, California

Fuerza Gym, located in Gardena, California, stands out as a premier destination for fitness enthusiasts. Offering a myriad of **service options**, this gym caters to everyone, from beginners to seasoned athletes.

Accessibility and Amenities

Fuerza Gym ensures **accessibility** for all members. With a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, the facility is designed to provide comfort and convenience. Additionally, you will

find **gender-neutral toilets** and a **wheelchair-accessible toilet**, ensuring that everyone's needs are met.

24/7 Access and On-Site Services

One of the notable features of Fuerza Gym is its **24-hour access**, allowing members to train at their convenience, regardless of their schedules. The gym is equipped with high-quality machines, ample dumbbells, multiple squat racks, and various lifting platforms. This means no waiting around during busy hours, making it perfect for those with tight schedules. For those looking for additional support, Fuerza Gym offers personalized **training opportunities** with experienced coaches like JC and Gus, who provide tailored advice and motivational guidance.

Online Classes and Community Support

In addition to on-site services, Fuerza Gym also provides **online classes**, catering to members who prefer to train from home. This flexibility allows individuals to stay engaged and committed to their fitness journey, no matter where they are. The atmosphere at Fuerza is often described as welcoming and supportive. Members frequently share that it feels like a community rather than just a gym. Whether you're a novice or an experienced lifter, you'll find camaraderie and encouragement every time you walk through the doors.

Cleanliness and Maintenance

Fuerza Gym prides itself on being one of the cleanest gyms in the area. Equipment is regularly maintained, and members contribute to the tidy environment by putting weights back after use and cleaning machines after workouts. A clean space fosters motivation and enhances overall performance.

The Perfect Location

Located in a vibrant community, Fuerza Gym not only focuses on fitness but also emphasizes building relationships. The camaraderie among members creates a unique atmosphere where everyone can thrive. With amazing murals celebrating diverse cultures and influences, Fuerza embodies a sense of belonging.

A Home for All Fitness Enthusiasts

No matter your fitness goals—be it powerlifting, bodybuilding, or simply staying active—Fuerza Gym has everything you need to succeed. The supportive community makes it easy to stay motivated and strive for your best self. Join Fuerza Gym today to experience a fitness environment that prioritizes accessibility, community, and quality facilities. You won't just be joining a gym; you'll be becoming part of a family that encourages and uplifts each other every step of the way. For more information about membership options and to explore what Fuerza Gym can offer you, visit their website or pay a visit to their location

in Gardena, California!

You can come to our business at

14812 Crenshaw Blvd, 90249 Gardena, California - United States (US)

The contact phone of the mentioned **Gym** is <u>+1310-462-1440</u> And if you want to send a WhatsApp, you can do so at<u>+1310-462-1440</u>

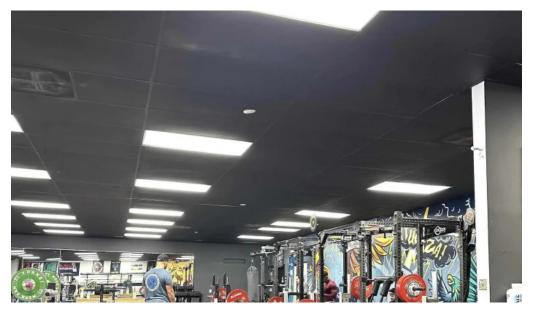
Our business hours are:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

The website is Fuerza Gym

If necessary to alter any information that you feel is incorrect about this portal, we urge you to send us a message and we will adjust it promptly. With anticipation thanks for your cooperation.

Images



Fuerza gym where



Fuerza gym videos



Fuerza gym street view 360deg



Fuerza gym score



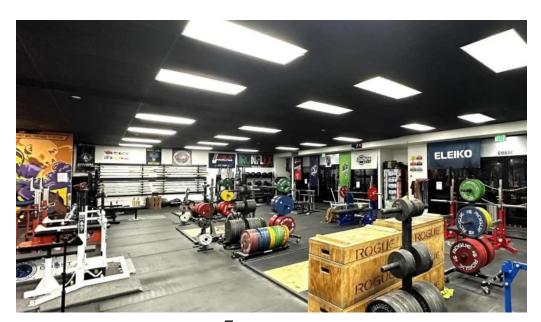
Fuerza gym reviews



Fuerza gym map



Fuerza gym instagram



Fuerza gym gym



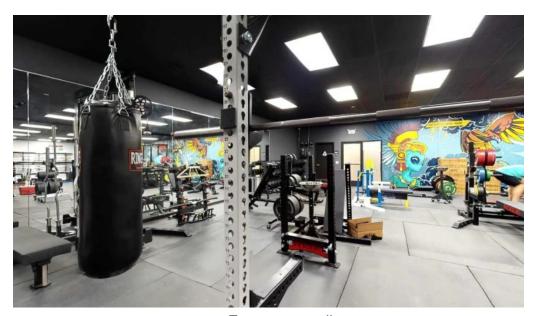
Fuerza gym gardena



Fuerza gym by owner



Fuerza gym area



Fuerza gym all



Fuerza gym address

Tags

Service options, Amenities, Toilet, Wheelchair-accessible entrance, Gender-neutral toilets, Online classes, Wheelchair-accessible car park, Accessibility, Wheelchair-accessible toilet, On-site services

Related content

| 5.0 * | Studio Ex Cycle & Group Fitness - Hyannis |
|-------|---|
| 4.0 * | Sage Yoga Center - Abilene |
| 4.9 * | Oc Fitness Coach Inc Mission Viejo |
| 5.0 * | Fyts Fitness - Westlake Village |
| 4.3 * | Gainesville Health & Fitness - Gainesville |
| 4.4 * | Ufc Gym Market Square (Pittsburgh) - Pittsburgh |
| 4.9 * | Era Fit - Miami |
| 5.0 * | Fitness Together - Silver Spring |
| 5.0 * | Phoenix Pilates and Rossiter Center - Phoenix |
| 4.3 * | The Wellness Studio - Scottsville |

Categories

| academic department |
|--|
| acupuncture clinic |
| after school program |
| amusement center |
| amusement park ride |
| animal feed store |
| apartment building |
| apartment complex |
| aquatic centre |
| arena |
| art gallery |
| association / organization |
| athletic club |
| auditorium |
| bar |
| basketball club |
| basketball court |
| |
| batting cage center |
| body shaping class |
| boot camp |
| boxing club |
| boxing gym |
| boxing ring |
| children's party service |
| chiropractor |
| church |
| club |
| coffee shop |
| college |
| community center |
| convenience store |
| corporate office |
| counselor |
| country club |
| coworking space |
| cultural center |
| dance company |
| dance school |
| day spa |
| disability services and support organization |
| disc golf course |
| dollar store |

| educational institution |
|------------------------------|
| elementary school |
| exercise equipment store |
| facial spa |
| firearms academy |
| fitness |
| fitness center |
| fitness equipment wholesaler |
| food producer |
| foot care |
| gated community |
| golf club |
| golf course |
| golf instructor |
| grocery store |
| gym |
| gymnasium school |
| gymnastics center |
| gymnastics club |
| hair salon |
| health consultant |
| health food restaurant |
| health food store |
| health spa |
| hiking area |
| hospital |
| hotel |
| indoor cycling |
| jujitsu school |
| karate club |
| karate school |
| kennel |
| kickboxing school |
| kinesiologist |
| kinesiotherapist |
| martial arts club |
| martial arts school |
| massage spa |
| massage therapist |
| medical group |
| medical spa |
| meditation center |
| |

| metaphysical supply store |
|--------------------------------|
| muay thai boxing gym |
| non-profit organization |
| nutritionist |
| outdoor sports store |
| outdoor swimming pool |
| park |
| parking lot |
| parkour spot |
| personal trainer |
| pharmacy |
| physical fitness program |
| physical therapist |
| physical therapy clinic |
| pickleball court |
| pilates studio |
| private golf course |
| psychotherapist |
| public educational institution |
| public swimming pool |
| recreation center |
| rehabilitation center |
| resort hotel |
| rock climbing |
| rock climbing gym |
| rv park |
| sauna |
| school |
| school district office |
| self defense school |
| senior citizen center |
| shooting range |
| shopping mall |
| soccer club |
| social club |
| software company |
| spa |
| spa and health club |
| sporting goods store |
| sports club |
| sports complex |
| sports massage therapist |
| |

| sports medicine clinic | |
|-----------------------------|--|
| • | |
| sports nutrition store | |
| sports school | |
| summer camp organizer | |
| supermarket | |
| swimming facility | |
| swimming instructor | |
| swimming pool | |
| swimming school | |
| taekwondo school | |
| tanning salon | |
| tennis club | |
| thrift store | |
| training centre | |
| vitamin & supplements store | |
| weight loss service | |
| weightlifting area | |
| wellness center | |
| wellness program | |
| women's organization | |
| women's personal trainer | |
| wrestling school | |
| yoga instructor | |
| yoga studio | |
| youth center | |
| youth organization | |