

## Aevitas Fitness - CrossFit Aevitas - Gym - Guilderland

guilderland

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## *Aevitas Fitness - CrossFit Aevitas - Gym - Guilderland*

### Welcome to Aevitas Fitness - Your Ultimate CrossFit Destination in Guilderland, New York

Aevitas Fitness is not just a gym; it's a thriving community where fitness meets friendship. Nestled in Guilderland, New York, this CrossFit gym offers a welcoming atmosphere for individuals of all fitness levels. With **membership required**, it ensures that every member is committed to their fitness journey, pushing each other towards success.

## **Accessibility and Inclusivity**

One of the standout features of Aevitas Fitness is its commitment to **accessibility**. The facility includes a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, making it easy for everyone to join in on the fun. The gym is designed to accommodate all members, ensuring that no one feels left out, regardless of their physical abilities.

## **A Supportive Community Environment**

The moment you step into Aevitas Fitness, you're greeted by a friendly face and a warm smile. As many members have expressed, the atmosphere is inviting and nonjudgmental. Comments from visitors highlight how quickly they felt at home, emphasizing the genuine support from both coaches and fellow members. This sense of belonging is what makes Aevitas stand out from other gyms.

## **Exceptional Coaching Staff**

At Aevitas, the coaching team is comprised of highly knowledgeable and encouraging professionals. They take the time to understand your individual goals, providing personalized guidance tailored to your needs. From beginners to seasoned athletes, the staff is dedicated to ensuring that every workout is both safe and effective. Members appreciate the detailed instructions and modifications offered during classes, which cater to various skill levels.

## **Diverse and Challenging Workouts**

Aevitas Fitness offers a variety of classes designed to challenge and inspire members. The workouts blend strength training, cardio, and functional fitness, ensuring that everyone can find something they enjoy. Testimonials indicate that participants frequently leave feeling stronger and more accomplished after each session, solidifying their commitment to regular attendance.

## **Why Choose Aevitas Fitness?**

If you're searching for a gym that prioritizes community, support, and inclusivity, Aevitas Fitness is the place to be. With easy access and a focus on helping each individual reach their fitness goals, this gym truly feels like a second home. Whether you're just starting out or are looking to elevate your training, Aevitas has something for everyone.

## **Join the Aevitas Family Today!**

Don't miss the chance to be part of a community that cares about your health and well-being. Sign up for a membership at Aevitas Fitness and experience first-hand the unmatched support and encouragement that comes with being part of this incredible gym.

### **We are based in**

1 Charles Blvd, 12084 Guilderland, New York - United States (US)

The phone number of the respective **Gym** is +1518-600-3277

And if you want to send a WhatsApp, you can do so at +1518-600-3277

### **We look forward to seeing you at:**

Day	Hours
Monday	5?AM–8?PM
Tuesday	5?AM–8?PM
Wednesday	5?AM–8?PM
Thursday	7:30–11:30?AM
Friday	8?AM–12?PM
Saturday	5?AM–8?PM
Sunday	5?AM–8?PM

The website is Aevitas Fitness - CrossFit Aevitas - Gym

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## **Images**



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*Aevitas fitness crossfit aevitas gym website*

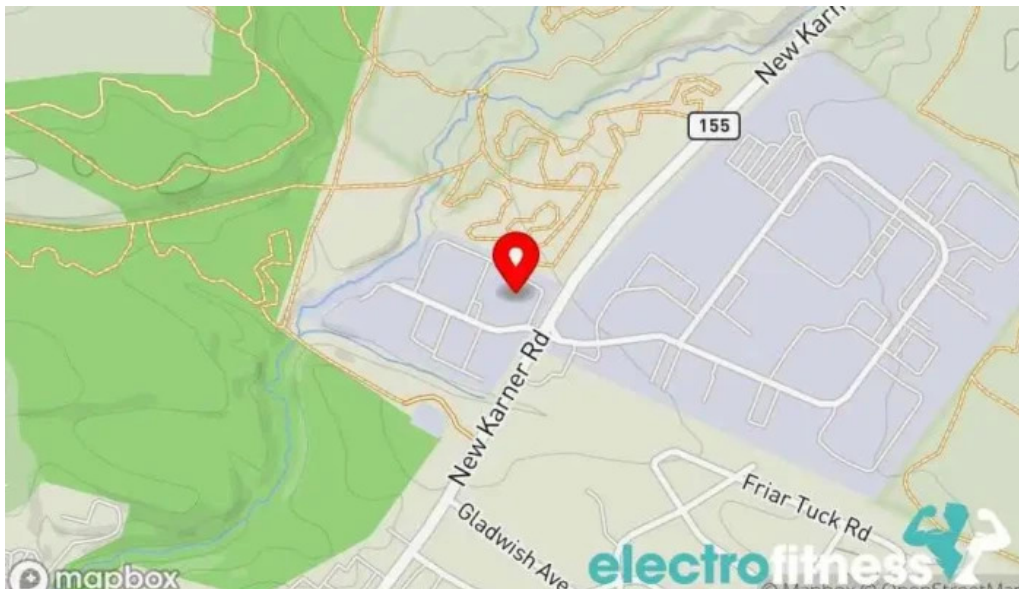




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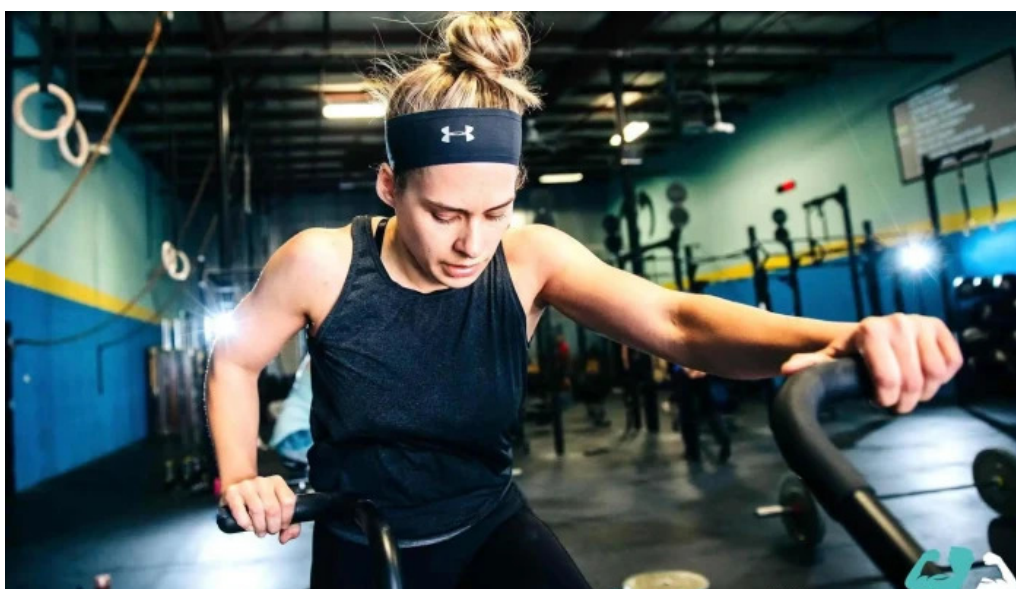


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## Tags

*Wheelchair-accessible car park, Accessibility, Wheelchair-accessible entrance, Planning, Membership required*

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acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe

children's party service
chiropractor
church
club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club



hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio

private golf course
psychotherapist
public educational institution
public library
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
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spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
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