

Sinn City Fitness - Ham Lake

ham lake

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https://www.electrofitness.com/gym/ham-lake/sinn-city-fitness-ham-lake_351767.php



ham lake

Sinn City Fitness - Ham Lake

Discover Sinn City Fitness in Ham Lake, Minnesota

Sinn City Fitness is not just another gym; it's a vibrant community that focuses on ****accessibility**** and inclusivity for all fitness enthusiasts. Whether you are a seasoned athlete or just starting your fitness journey, this gym caters to everyone.

Accessibility Features for Everyone

One of the standout features of Sinn City Fitness is its commitment to making fitness accessible to everyone. The ****wheelchair-accessible entrance**** ensures

that individuals with mobility challenges can enter the facility without barriers. Additionally, the ****wheelchair-accessible car park**** allows easy access for those who require it, making this gym a welcoming space for all.

Membership Required for a Supportive Community

While a ****membership is required**** to enjoy the numerous benefits Sinn City Fitness offers, the value gained from joining is immeasurable. According to members, the sense of community is what truly sets this gym apart. People come together not just to work out but to support each other in their personal fitness journeys.

Planning Your Fitness Journey

At Sinn City Fitness, effective ****planning**** is essential for achieving fitness goals. The trainers at this gym, including passionate owners Gaile, Andy, and Charity, work closely with members to create tailored workout plans that suit individual needs. They emphasize the importance of proper form and technique, ensuring that every member gets the most out of their workouts.

A Unique Atmosphere that Motivates

Members rave about the unique and motivating atmosphere within Sinn City Fitness. The energy during group classes is described as infectious, making workouts not only productive but also enjoyable. Individuals have noted how the supportive environment encourages them to push harder and strive for their best selves.

Join the Sinn City Fitness Family

Joining Sinn City Fitness is more than just signing up for a gym; it's about becoming part of a family that celebrates successes and supports each other through challenges. With diverse workout options, friendly competition, and inspiring trainers, it's no wonder that members feel a strong sense of belonging. If you're looking for a gym that prioritizes accessibility while fostering a fun and inclusive community, look no further than Sinn City Fitness in Ham Lake, Minnesota. Take the leap and start your fitness journey today—you won't regret it!

You can reach us at

14050 Lincoln St NE #400, 55304 Ham Lake, Minnesota - United States (US)

The contact line of said **Gym** is +1651-200-8975

And if you want to send a WhatsApp, you can do so at +1651-200-8975

We are open during the following hours:

Day Hours
Monday
5?AM–6?PM
Tuesday
5?AM–6?PM
Wednesday
5?AM–6?PM
Thursday
8–11?AM
Friday
Closed
Saturday
5?AM–6?PM
Sunday
5?AM–6?PM

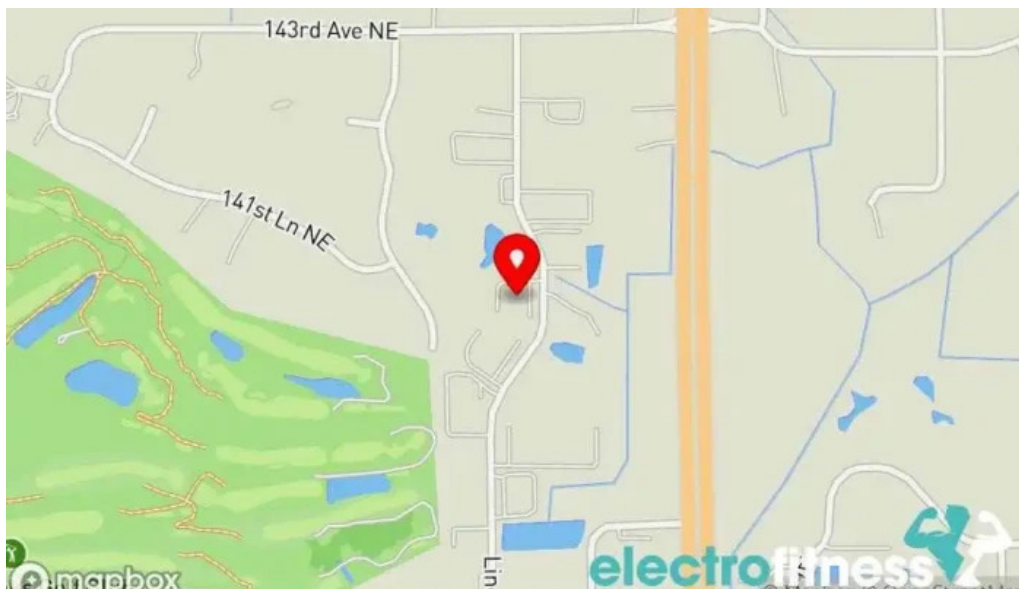
The website is [Sinn City Fitness](#)

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Images



Sinn city fitness street view 360deg



Sinn city fitness map



Sinn city fitness how to get there



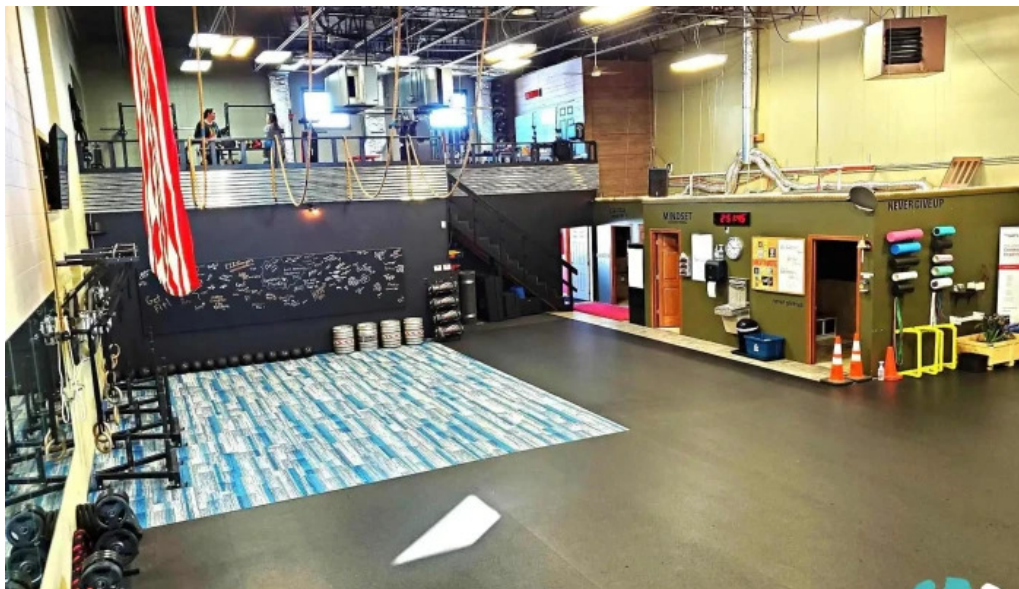
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Tags

Wheelchair-accessible car park, Planning, Accessibility, Wheelchair-accessible entrance, Membership required

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karate school
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vitamin & supplements store
water park
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wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
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