

Electro Fitness: Best Electro Fitness

#### **Crossfit ReSound - Hastings**

hastings



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## hastings

## Crossfit ReSound - Hastings

### Welcome to CrossFit ReSound in Hastings, Nebraska

If you're in Hastings and looking for a welcoming fitness community, look no further than \*\*CrossFit ReSound\*\*. This facility stands out not just for its quality workouts but also for its commitment to \*\*accessibility\*\*.

### **Accessibility Features**

One of the key highlights of CrossFit ReSound is its \*\*wheelchair-accessible car park\*\*. This feature ensures that all members of the community can enjoy a seamless experience right from the moment they arrive. The gym prides itself

on being inclusive, providing opportunities for everyone to participate in fitness activities without barriers.

#### Wheelchair-Accessible Entrance

Upon entering CrossFit ReSound, you'll notice the \*\*wheelchair-accessible entrance\*\* that allows for easy access to the gym's facilities. This thoughtful design emphasizes the gym's dedication to creating an inviting space for everyone, regardless of their physical abilities.

### A Warm and Inviting Atmosphere

Visitors often comment on the \*\*friendly and warm welcoming\*\* they receive from the staff and fellow members. The gym has cultivated a supportive community that makes newcomers feel at home. One visitor mentioned, "I love the atmosphere here; it's a very clean space and such a great community." This sense of belonging is crucial for anyone starting their fitness journey.

#### Intense Workouts for All Fitness Levels

CrossFit ReSound is known for its effective and intense workouts. Whether you are just starting out or have been working out for years, the awesome coaches are there to help you every step of the way. A recent drop-in participant shared their experience: "I had the chance to partner up with two great people during my Saturday workout. It was an awesome/intense workout!" This shows how the gym caters to all levels, making sure everyone gets the most out of their training.

### **Join the Community**

If you find yourself in Hastings, Nebraska, and want to experience a vibrant and inclusive fitness environment, consider visiting \*\*CrossFit ReSound\*\*. With its excellent accessibility features, welcoming atmosphere, and intense workouts, it's a place where you can truly thrive. Visitors leave feeling motivated and eager to return, making CrossFit ReSound a must-visit destination for fitness enthusiasts!

#### You can find us in

2850 Osborne Dr E, 68901 Hastings, Nebraska - United States (US)

The phone number of said **Gym** is <u>+1402-519-4561</u>
And if you want to send a WhatsApp, you can do so at<u>+1402-519-4561</u>

### We look forward to seeing you at:

Day Hours Monday

5:30-6:30?AM 12-1?PM 4:30-5:30?PM

Tuesday

9-10?AM

Wednesday

Closed

Thursday

5:30-6:30?AM 12-1?PM 4:30-6:30?PM

Eriday 5:30-6:30?AM 12-1?PM 4:30-6:30?PM

Saturday

5:30-6:30?AM 12-1?PM 4:30-6:30?PM

Sunday

5:30-6:30?AM 12-1?PM 4:30-6:30?PM

## The website is Crossfit ReSound

If you need to adjust any element that you believe is incorrect about this portal, we urge you to send us a message and we will handle it at the earliest convenience. With anticipation thank you very much.



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### **Tags**

Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility

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