

## 116 Fitness - Hinesburg

hinesburg

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*hinesburg*

## 116 Fitness - Hinesburg

### Exploring 116 Fitness Gym in Hinesburg, Vermont

If you're searching for a gym that combines quality equipment with a welcoming atmosphere, look no further than **\*\*116 Fitness\*\*** in Hinesburg, Vermont. This small but mighty facility offers a variety of amenities that cater to fitness enthusiasts of all levels.

### Accessibility and Amenities

116 Fitness takes accessibility seriously. The gym features a **\*\*wheelchair-accessible entrance\*\*** and a **\*\*wheelchair-accessible car park\*\***,

ensuring that everyone can enjoy their workout experience. For added convenience, the facility includes **gender-neutral toilets** and **toilets** that are easy to access. Although the gym currently lacks a shower and locker room, there are lockers available for personal belongings. Members can change in the bathroom, which, while functional, is located in the middle of the gym setting.

## **On-Site Services and Environment**

One significant aspect of 116 Fitness is its **on-site services**. The friendly staff, led by owner Jake, are always present to assist members with any inquiries. Reviewers have consistently praised Jake for his dedication to maintaining a clean environment and high-quality equipment. While some feedback mentions ongoing construction and maintenance issues, those who frequent the gym appreciate the vibrant atmosphere and positive energy. Many have noted that despite being a **small gym**, it rarely feels crowded, allowing for a focused workout experience.

## **Quality Equipment and Service Options**

One of the standout features of 116 Fitness is its selection of high-quality weights and machines. Members love the **real squat rack** and variety of free weights available. While there have been some minor concerns over equipment maintenance, the overall impression is that the gym offers superior machinery compared to others in the area. The gym is open **24 hours**, providing flexibility for those with busy schedules. Reviewers have expressed satisfaction with the reasonable daily pricing, making it an attractive option for both locals and visitors.

## **Conclusion**

In conclusion, **116 Fitness** in Hinesburg, Vermont, is an excellent choice for anyone seeking a great workout environment. With its commitment to accessibility, friendly staff, and quality equipment, this gym has garnered positive reviews from its members. Whether you're a local or just passing through, Jake and his team have created a fitness haven that is worth checking out!

## **The location of our premises is**

22 Commerce St, 05461 Hinesburg, Vermont - United States (US)

The contact phone of said **Gym** is +1802-482-5900

And if you want to send a WhatsApp, you can do so at +1802-482-5900

**We look forward to seeing you at:**

Day Hours  
Monday  
*Open 24 hours*  
Tuesday  
*Open 24 hours*  
Wednesday  
*Open 24 hours*  
Thursday  
*Open 24 hours*  
Friday  
*Open 24 hours*  
Saturday  
*Open 24 hours*  
Sunday  
*Open 24 hours*

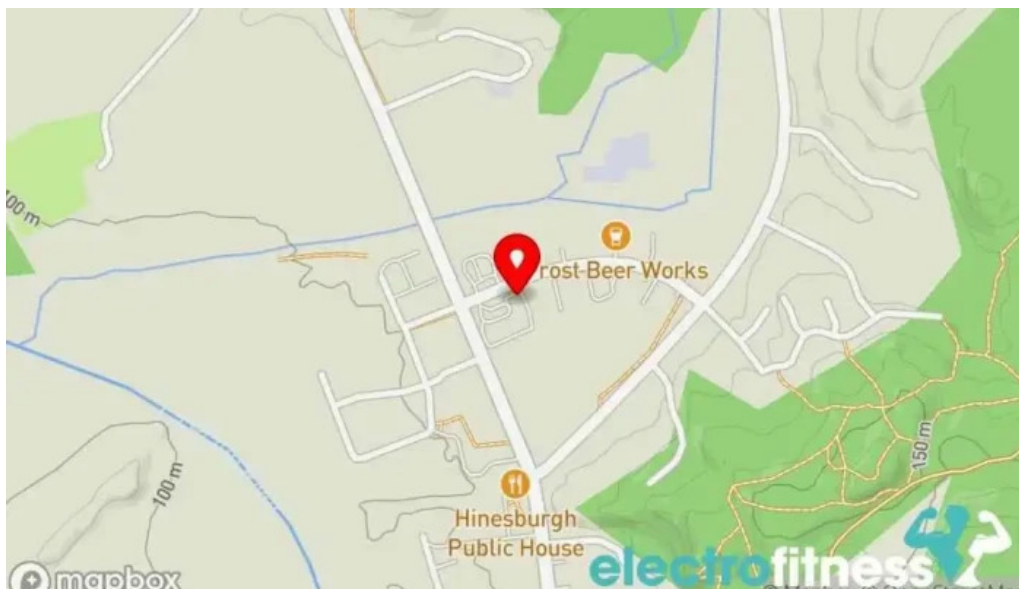
The website is [116 Fitness](#)

If you wish to change any information that you believe is incorrect related to this portal, we ask send a message and we will correct it quickly. Thank you in advance thank you very much.

## Images



*116 fitness street view 360deg*



*116 fitness map*



*116 fitness hinesburg*





*116 fitness gym*



*116 fitness by owner*



116 fitness all

## Tags

*Wheelchair-accessible entrance, Toilet, On-site services, Wi-Fi, Gender-neutral toilets, Wheelchair-accessible car park, Service options, Amenities, Accessibility*

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firearms academy
fitness
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golf club
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karate club
karate school
kenel
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kinesiotherapist
martial arts club
martial arts school
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meditation center
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park
personal trainer
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physical fitness program
physical therapist
physical therapy clinic
pickleball court
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private golf course
public educational institution
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self defense school
shooting range
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spa
spa and health club
sporting goods store
sports club
sports complex
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sports school
supermarket
swimming instructor
swimming school
tennis club



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vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
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