

Get emPowered Fitness Studio - Hudsonville

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Welcome to Get emPowered Fitness Studio

Located in Hudsonville, Michigan, ****Get emPowered Fitness Studio (GEFS)**** offers a unique and empowering environment for individuals looking to enhance their physical and mental well-being. This women-owned studio is dedicated to fostering a sense of community while providing a diverse range of fitness options.

Accessibility and Amenities

When you arrive at GEFS, you'll find a ****wheelchair-accessible car park**** and a ****wheelchair-accessible entrance****, ensuring that everyone can enjoy the facilities without barriers. The studio features a clean and well-maintained atmosphere, with amenities including a ****wheelchair-accessible toilet**** and ample ****free parking**** to make your visit as convenient as possible.

From the Business: What Makes GEFS Special?

At GEFS, members appreciate the wide variety of classes available—from yoga to strength training. As one member puts it, "The classes offer a wide variety of workouts—it's easy to find something that fits into any busy lifestyle." The studio emphasizes a holistic approach to fitness, integrating mind, body, and spirit for comprehensive wellness.

On-site Services and Service Options

In addition to group classes, GEFS provides ****on-site services**** such as personal training and one-on-one stretch sessions. These tailored experiences allow you to focus on your individual health goals. Furthermore, for those who prefer to workout from home, ****online classes**** are available, making it easier than ever to stay active.

Community and Support

Walking through the doors of GEFS, you're greeted by friendly staff and a welcoming community. Members often highlight the encouraging atmosphere: "Everyone is kind, supportive, and genuinely interested in each other's health journeys." This sense of belonging is what sets GEFS apart, making each visit a positive experience.

Massage Therapy: A Unique Offering

Alongside fitness classes, GEFS offers professional massage therapy, highly acclaimed by many clients. One patron noted, "Raeanne was amazing and it was such a wonderful treat!" These therapeutic sessions are designed to enhance recovery and relaxation after workouts.

Join Us Today!

If you're in Hudsonville and looking for a fitness studio that prioritizes accessibility, variety, and community, look no further than Get emPowered Fitness Studio. With an array of classes, welcoming staff, and exceptional services, you will find everything you need to embark on your fitness journey. Explore the possibilities at GEFS and experience the transformative power of community-centered fitness!

Our business is found at

7559 36th Ave Suite 100, 49426 Hudsonville, Michigan - United States (US)

The contact line of this **Gym** is +1616-551-8651

And if you want to send a WhatsApp, you can do so at +1616-551-8651

Our service hours are:

Day Hours
Monday

8:30–10?AM 5:30–8?PM

Tuesday

7:30–10?AM 5:30–7?PM

Wednesday

7:30–11?AM

Thursday

8:30–11?AM

Friday

Closed

Saturday

8:30–11?AM 5:30–8?PM

Sunday

7:30–10?AM 5:30–7?PM

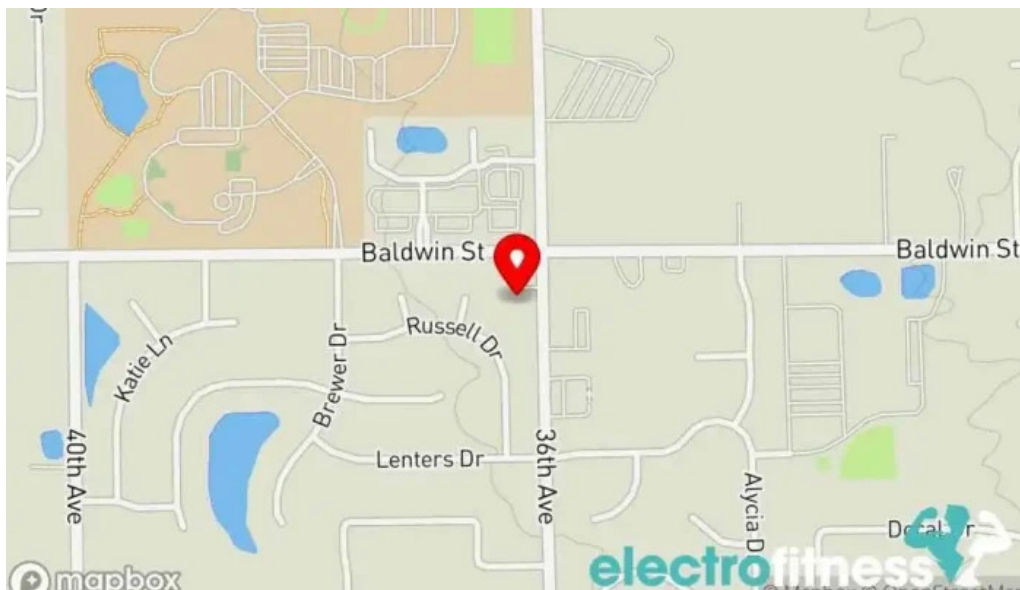
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Images



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Get empowered fitness studio gym



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Get empowered fitness studio all

Tags

Service options, Wheelchair-accessible entrance, Identifies as women-owned, Amenities, Parking, On-site services, Wheelchair-accessible car park, Online classes, Free parking lot, From the business, Accessibility, Wheelchair-accessible toilet, Toilet

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