

## Jackson Fitness - Jackson

jackson

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## *Jackson Fitness - Jackson*

### **Discover Jackson Fitness: A Hub for Health and Wellness**

Located in the heart of Jackson, California, **\*\*Jackson Fitness\*\*** stands out as a premier destination for fitness enthusiasts. With exceptional instructors, state-of-the-art facilities, and a welcoming atmosphere, it caters to everyone from beginners to seasoned athletes.

### **Membership Required**

To enjoy all that Jackson Fitness offers, a **\*\*membership is required\*\***. This allows access to various amenities, classes, and the gym's unique features,

ensuring a comprehensive fitness experience for all members.

## **Accessibility Matters**

Jackson Fitness prioritizes accessibility for all its members. The facility boasts a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, making it easy for individuals with mobility challenges to access the gym. This commitment to inclusivity ensures that everyone feels welcome and supported.

## **Amenities that Elevate Your Workout**

One of the highlights of Jackson Fitness is its incredible **amenities**. Members can take advantage of: - A spacious **swimming pool**, known as the best in the area. - A **sauna** and a **steam room** for post-workout relaxation. - Well-stocked machines and free weights for effective training sessions. - A variety of classes including Pilates, aqua aerobics, TRX, and more. Whether you prefer lifting weights or enjoying some time in the water, Jackson Fitness has something for everyone.

## **Planning Your Visit**

Planning your workouts is made easy with the gym's diverse **offerings** and class schedules. Members appreciate the range of classes available at different times, although there's a desire for more options in the early afternoon. The friendly staff is always ready to help you find the right class that suits your fitness goals.

## **Stay Connected with Wi-Fi**

For those who like to stay connected while working out, Jackson Fitness provides **Wi-Fi** throughout the facility. Whether you're checking in on social media, tracking your workouts, or browsing fitness tips online, you can stay connected while you get fit.

## **Community and Support**

The atmosphere at Jackson Fitness is warm and inviting. Members frequently comment on the **kindness of staff and patrons**, creating a community vibe that encourages everyone to reach their fitness goals. With a great management team led by Kimberly, members feel supported and valued.

## **A Taste of Wellness at the Bistro**

Don't forget to visit the onsite bistro, where you can indulge in healthy meals and snacks. From delicious veggie sandwiches to refreshing smoothies, the bistro complements your fitness journey with tasty options that nourish your body.

## **Conclusion**

In summary, Jackson Fitness is more than just a gym; it's a community dedicated to health, wellness, and overall well-being. With its extensive

amenities, inclusive environment, and friendly atmosphere, it truly is a gem in Jackson, California. Whether you're swimming in the pool, sweating it out in a class, or simply enjoying the bistro, you'll find everything you need to achieve your fitness aspirations. Join today and become part of this fantastic fitness family!

**You can reach us at**

615 New York Ranch Rd Suite 2, 95642 Jackson, California - United States (US)

The phone of this **Gym** is +1209-419-5156

And if you want to send a WhatsApp, you can do so at +1209-419-5156

**We are available at these times:**

Day Hours  
Monday  
6?AM-9?PM  
Tuesday  
6?AM-9?PM  
Wednesday  
5?AM-10?PM  
Thursday  
5?AM-10?PM  
Friday  
5?AM-10?PM  
Saturday  
5?AM-10?PM  
Sunday  
5?AM-10?PM

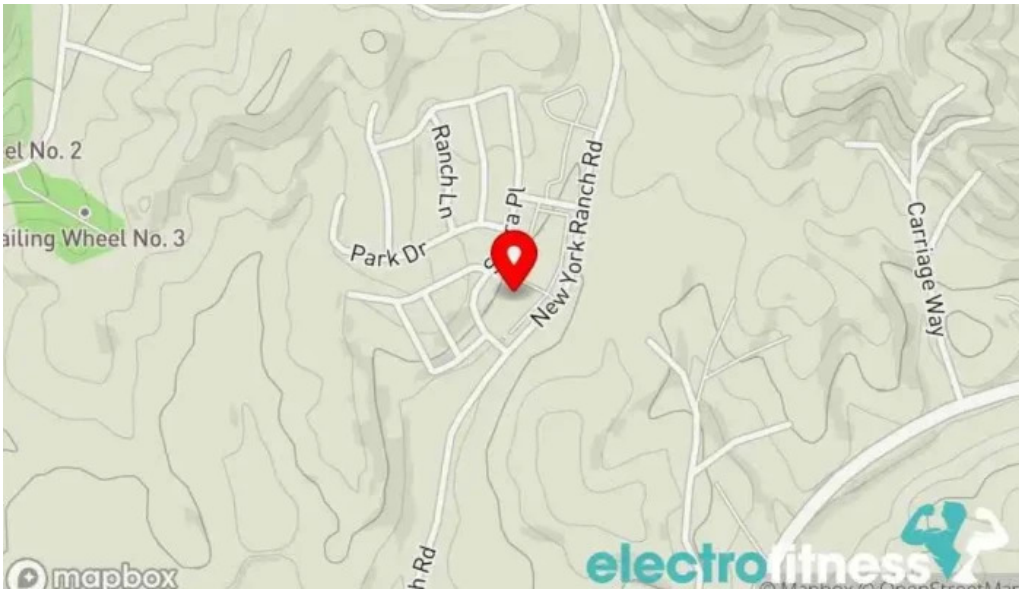
The website is Jackson Fitness

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**Images**



*Jackson fitness street view 360deg*



*Jackson fitness map*



*Jackson fitness jackson*



*Jackson fitness by owner*



*Jackson fitness all*

## Tags

*Wheelchair-accessible entrance, Sauna, Membership required, Wi-Fi, Accessibility, Amenities, Offerings, Wheelchair-accessible car park, Swimming pool, Planning*

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boot camp
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boxing gym
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dance club
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dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
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fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink



indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
psychotherapist
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public library
public swimming pool

real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
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shooting range
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spa and health club
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wellness center
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wrestling school
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