

Tactical Fitness Center - Joint Base Andrews

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Gym Tactical Fitness Center: A Comprehensive Overview

The ****Gym Tactical Fitness Center**** at Joint Base Andrews, Maryland, stands out as a top-tier facility for fitness enthusiasts. With its variety of equipment and amenities, it caters to everyone, from beginners to seasoned athletes.

A Space Designed for Efficiency

Many visitors appreciate the gym's spacious layout, which includes an ****indoor running track**** and abundant workout machines. The equipment is strategically

spaced out to prevent a cramped environment, allowing users to maximize their workout experience without feeling rushed. This thoughtful design minimizes distractions, as there are no TVs or mirrors, making it easier to focus on personal fitness goals.

Facilities and Amenities

One of the standout features of the Gym Tactical Fitness Center is its **“basketball court”**, perfect for those looking to add a fun cardio option to their routine. In addition to traditional exercise equipment, the facility boasts a **“rock wall”**, which provides an exciting alternative for strength training. The center also prioritizes **“accessibility”**, featuring a **“wheelchair-accessible entrance”** and a **“wheelchair-accessible car park”**. This ensures that everyone can enjoy the benefits of fitness without barriers.

Service Options and Online Classes

In today's digital age, the Gym Tactical Fitness Center has adapted by offering **“online classes”** for members who prefer to work out from home or want to supplement their in-gym experience. Whether it's zumba, cycling, or high-intensity interval training (HIIT), there are options to suit various fitness levels.

Feedback from Gym Goers

Visitors have expressed their satisfaction with the gym's cleanliness and friendly staff. Many have highlighted the gym's ability to maintain equipment, ensuring they are always available for use. However, some minor issues were noted, such as occasional problems with the WiFi and the sound system. Nonetheless, these do not significantly detract from the overall positive experience.

Conclusion

Overall, the Gym Tactical Fitness Center at Joint Base Andrews is well-regarded for its extensive amenities, accessibility, and dedicated staff. While it does have room for improvement in areas like locker room maintenance, it remains a favorite among users seeking a comprehensive and distraction-free workout environment. Whether you are stationed on the base or nearby, this gym offers a solid fitness experience worth exploring.

Our premises are located at

Building, 1444 Concord Ave, 20762 Joint Base Andrews, Maryland - United States (US)

The contact phone of this **Gym** is +1301-981-7101

And if you want to send a WhatsApp, you can do so at +1301-981-7101

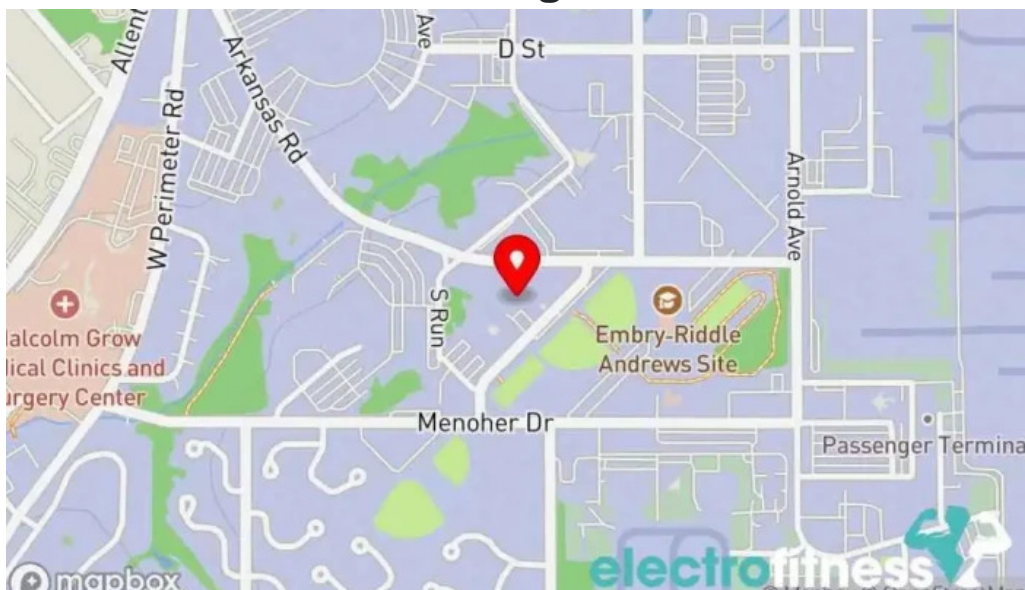
We open at the following schedule:

Day	Hours
Monday	4:30?AM–9?PM
Tuesday	4:30?AM–9?PM
Wednesday	7?AM–3?PM
Thursday	Closed
Friday	4:30?AM–9?PM
Saturday	4:30?AM–9?PM
Sunday	4:30?AM–9?PM

The website is [Tactical Fitness Center](#)

If you wish to alter any detail that you feel is not precise regarding this page, we urge you to send us a message so we can we will adjust it promptly. In advance thanks for your cooperation.

Images



Tactical fitness center map



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Tactical fitness center gym



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Tags

Online classes, Basketball court, Amenities, Service options, Wheelchair-accessible car park, Accessibility, Wheelchair-accessible entrance

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