

## Hangar 5 - Joint Base Elmendorf-Richardson

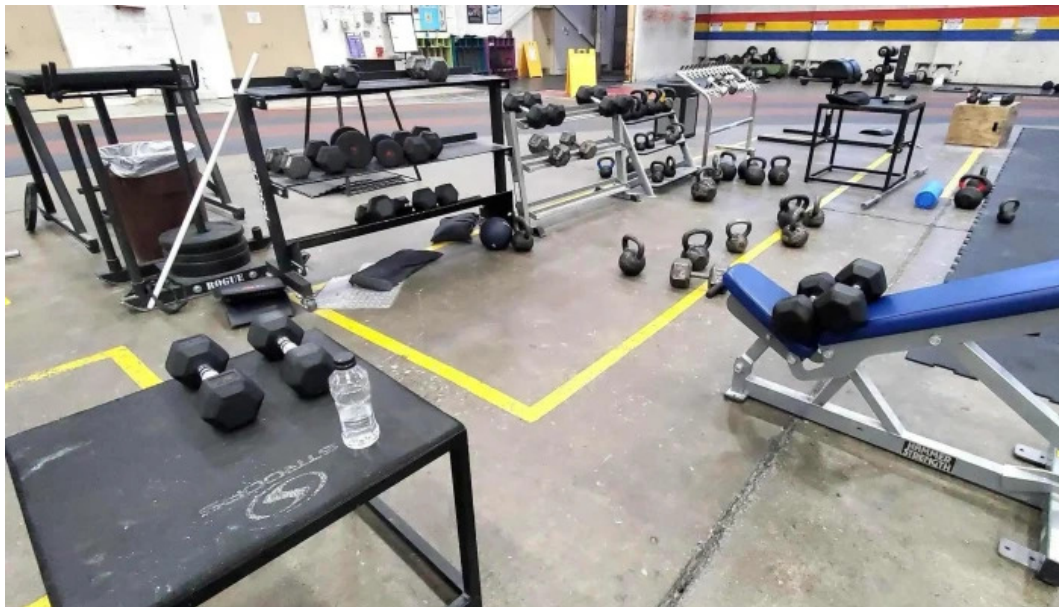
joint base elmendorf-richardson

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*joint base elmendorf-richardson*

*Hangar 5 - Joint Base Elmendorf-Richardson*

### Exploring Gym Hangar 5 at Joint Base Elmendorf-Richardson, Alaska

Gym Hangar 5 is an **\*\*underrated fitness gem\*\*** located at Joint Base Elmendorf-Richardson (JBER) in Alaska. With its unique setting and 24/7 accessibility, it caters to a range of fitness enthusiasts, from dedicated CrossFitters to casual gym-goers.

#### Accessibility for All

One of the standout features of Gym Hangar 5 is its commitment to

**\*\*accessibility\*\***. The facility boasts a **\*\*wheelchair-accessible entrance\*\***, ensuring that everyone can enjoy their workout experience without barriers. Additionally, the **\*\*wheelchair-accessible car park\*\*** makes getting to the gym as easy as possible.

## **Amenities That Enhance Your Workout**

While Gym Hangar 5 may be described as "barebones" by some, it offers essential amenities that meet the needs of its visitors. For those looking to cool off post-workout, the gym includes a **\*\*swimming pool\*\***, providing a refreshing way to unwind after exercising. Moreover, the facility has well-maintained **\*\*toilets\*\***, including those that are wheelchair accessible, contributing to a comfortable environment for all users. There are **\*\*showers\*\*** available, although guests have reported that it's wise to bring your own shower shoes due to cleanliness concerns.

## **Variety of Equipment**

Although some comments highlight limitations in equipment variety, Gym Hangar 5 features an impressive selection tailored for dynamic workouts. Members have access to a large indoor track—a boon during the harsh Alaskan winters—along with free weights, machines, and specialized CrossFit equipment. It's an ideal space for sprints, functional training, or simply jogging indoors when the weather outside is less than favorable.

## **Community Vibe and Flexibility**

A significant draw to Gym Hangar 5 is its **\*\*welcoming ambiance\*\***. The atmosphere is conducive to motivation—perfect for service members preparing for physical training tests or anyone aiming to improve their fitness levels. The gym is frequented by a mix of people, creating a supportive environment that encourages everyone to push their limits. Visitors appreciate the flexibility in meal options as well, often echoing the sentiment that customization is a major plus. The laid-back environment allows both locals and servicemembers to relax, grab a bite, and enjoy some downtime after their workouts.

## **Conclusion: A Must-Visit Fitness Hub**

Gym Hangar 5 at Joint Base Elmendorf-Richardson is more than just a gym; it's a community hub that provides comprehensive fitness solutions for its users. With its **\*\*accessibility\*\***, essential amenities like a **\*\*swimming pool\*\*** and **\*\*wheelchair-accessible facilities\*\***, and a dedicated space for various workouts, it's a commendable choice for anyone looking to maintain or improve their fitness regime. Whether you visit during the day or in the middle of the night, Hangar 5 promises to deliver a fulfilling workout experience.

**Our business is located at**

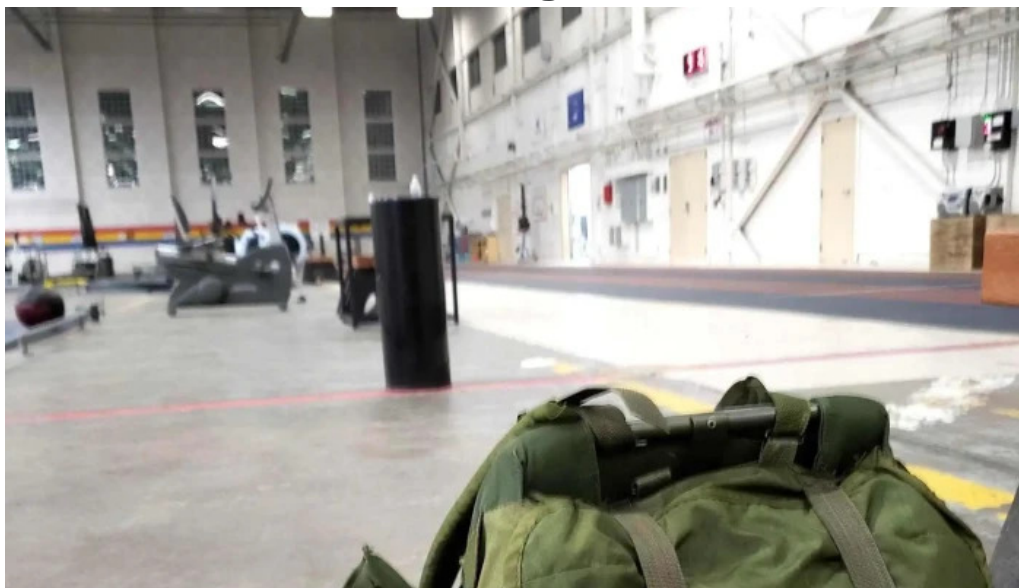
7309 13th St, 99506 Joint Base Elmendorf-Richardson, Alaska - United States (US)

The phone of the mentioned **Gym** is +1907-552-7561

And if you want to send a WhatsApp, you can do so at +1907-552-7561

If necessary to alter any data that you consider is incorrect regarding this web, we kindly request forward a message and we will correct it as soon as possible. With anticipation thank you very much.

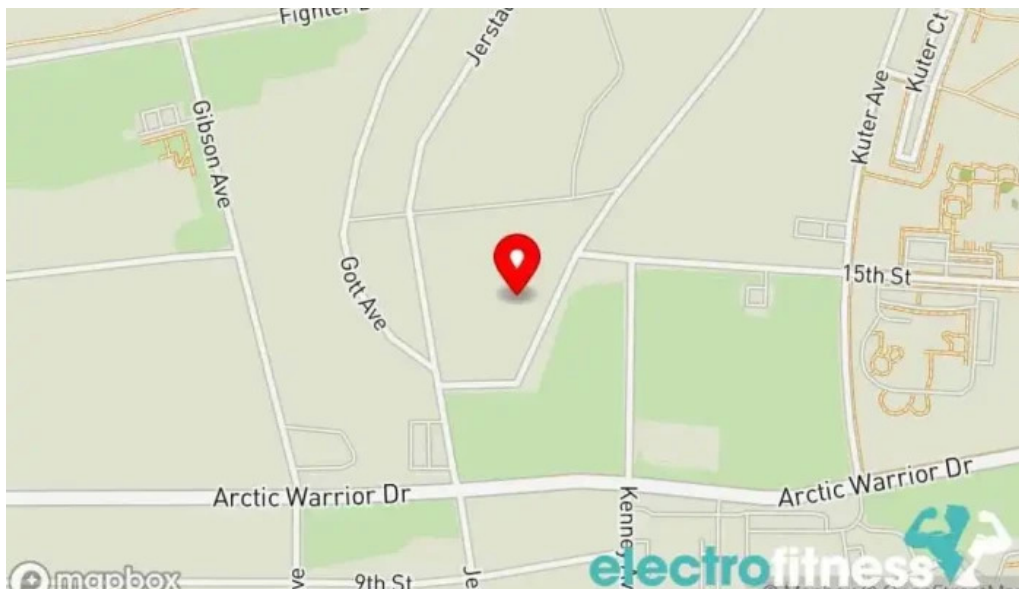
## Images



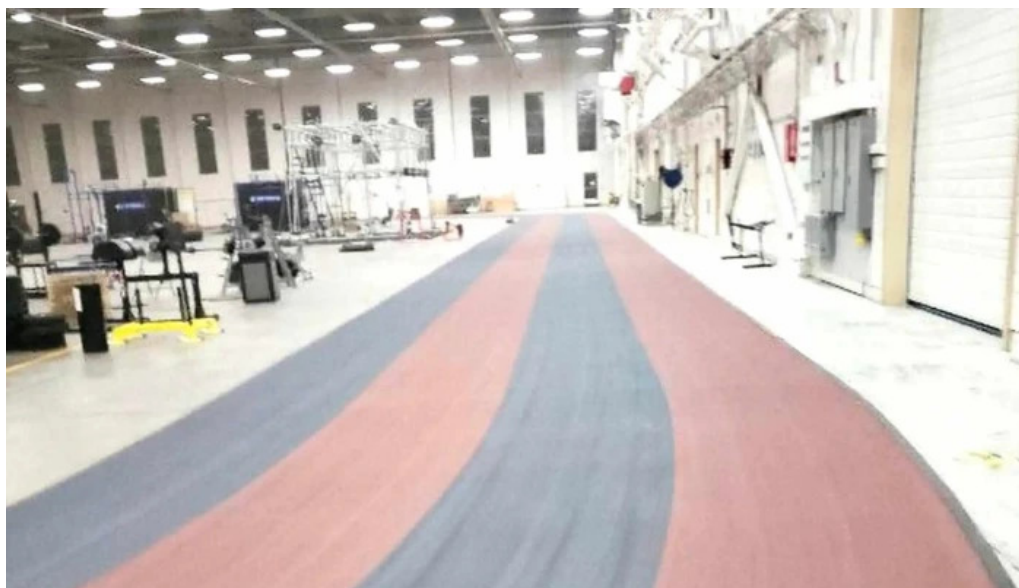
*Hangar 5 schedule*



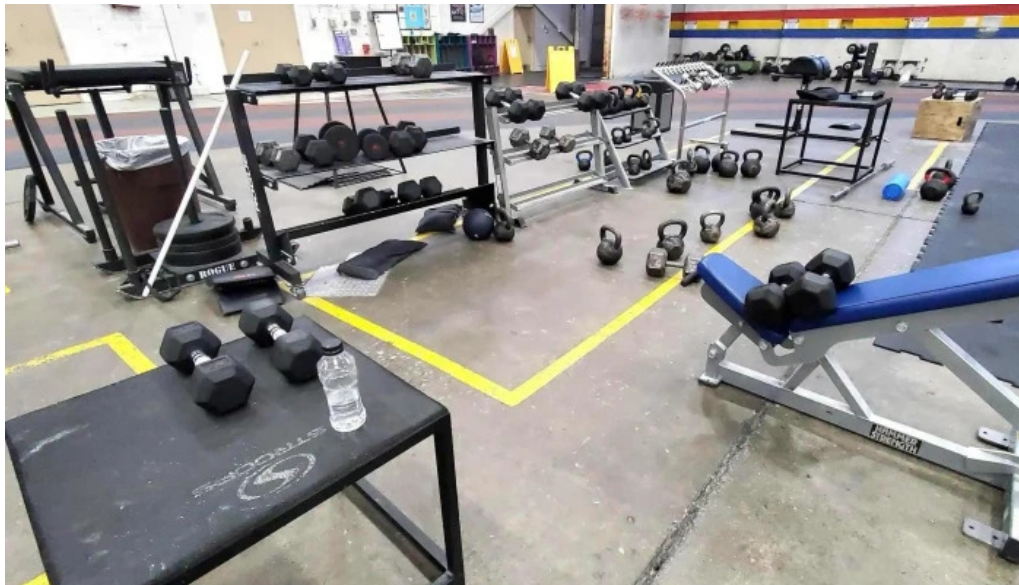
*Hangar 5 near me*



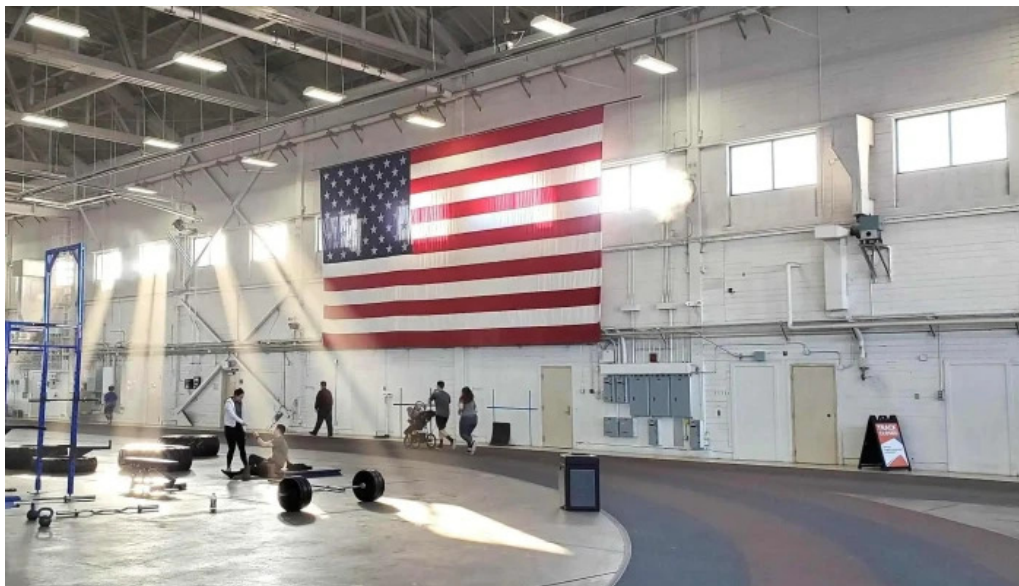
*Hangar 5 map*



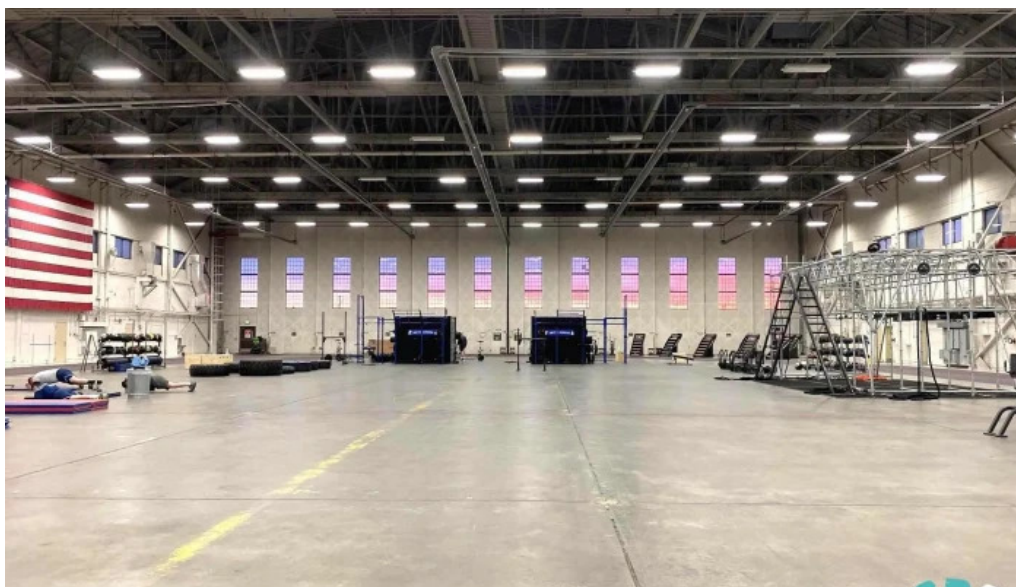
*Hangar 5 location*



*Hangar 5 joint base elmendorf richardson*



*Hangar 5 gym*



*Hangar 5 all*



*Hangar 5 address*

## Tags

*Accessibility, Wheelchair-accessible entrance, Swimming pool, Toilet, Wheelchair-accessible car park, Amenities*

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