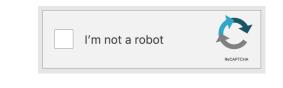


Electro Fitness: Best Electro Fitness

### Alpha Lyfe Fitness - Joshua

joshua



| Published on: 25/05/25 | Hits: 121    |
|------------------------|--------------|
| Comments: 0            | See comments |
| Votes: 11              | Score: 5     |

https://www.electrofitness.com/gym/joshua/alpha-lyfe-fitness-joshua\_337397.php



joshua

# Alpha Lyfe Fitness - Joshua

### Welcome to Alpha Lyfe Fitness in Joshua, Texas

If you're searching for a gym that truly cares about its members, look no further than \*\*Alpha Lyfe Fitness\*\* in Joshua, Texas. This facility has earned high praise from locals for its excellent offerings and commitment to fostering a supportive community atmosphere.

### **Amenities That Matter**

Alpha Lyfe Fitness boasts an impressive array of \*\*amenities\*\* designed to cater to everyone's needs. Whether you are just starting your fitness journey or

are a seasoned athlete, the state-of-the-art equipment and expert training available here ensure that all fitness goals can be achieved. Many members have noted how well-maintained the facility is, making it a pleasant environment to work out in.

### Accessibility at Its Best

One of the standout features of Alpha Lyfe Fitness is its focus on \*\*accessibility\*\*. The gym provides a \*\*wheelchair-accessible car park\*\* and a \*\*wheelchair-accessible entrance\*\*, ensuring that everyone can enjoy their fitness experience without barriers. This commitment to inclusivity makes it a welcoming space for all members of the community.

### **Child Care Services**

For parents looking to squeeze in a workout, Alpha Lyfe Fitness offers \*\*child care services\*\*, allowing you to focus on your fitness goals while knowing your children are in good hands. This amenity is a game-changer for busy families, as it allows participation in various fitness classes and gym activities without worrying about child supervision.

## **Community Spirit**

The sense of community at Alpha Lyfe Fitness is palpable. Many members appreciate the \*\*family atmosphere\*\*, where everyone feels welcome regardless of their fitness level. An example of this is the popular "Shake It With Codi" class, which attracts a diverse group of individuals, ranging from those in their 20s to members in their late 40s. It's a fun, energetic class that everyone looks forward to on Tuesday and Thursday mornings.

### Why Members Love Alpha Lyfe Fitness

Testimonials from members express a deep satisfaction with their experiences. One long-time member states, "I've been going here almost a year, and I have never had any complaints. I will be a lifer; it's changed my life for the better." Another adds, "Good equipment. Generally never crowded which is nice. People are chill and no over-the-top trainers." The positive energy in the gym, combined with the opportunity to meet distinguished personalities like the x8 Mr. Olympia, enhances the overall experience, making it a great spot to pursue fitness goals.

## Join the Alpha Lyfe Fitness Community

With a commitment to accessibility, exceptional amenities, and a supportive community, Alpha Lyfe Fitness in Joshua, Texas, stands out as a premier destination for fitness enthusiasts. Whether you're looking to join a high-energy class or embark on an individual training journey, this gym is ready to help you exceed your fitness goals. Come and see why so many people are raving about their experiences at Alpha Lyfe Fitness!

#### We are based in

#### 3300 SW Wilshire Blvd, 76058 Joshua, Texas - United States (US)

The phone number of the mentioned **Gym** is  $\pm 1817-484-2005$ And if you want to send a WhatsApp, you can do so at $\pm 1817-484-2005$ 

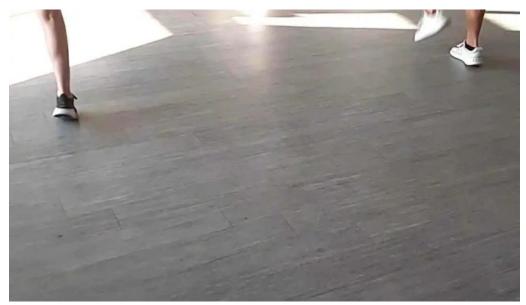
#### Our public attention hours are:

Day Hours Monday 6?AM-8?PM Tuesday 6?AM-8?PM Wednesday 4:30?AM-10?PM Thursday 4:30?AM-10?PM Saturday 4:30?AM-10?PM Saturday 4:30?AM-10?PM

#### The website is Alpha Lyfe Fitness

In case you want to alter any element that you believe is not accurate concerning this portal, please send us a message so that we will handle it at the earliest convenience. With anticipation we appreciate it.

### Images



Alpha lyfe fitness videos



Alpha lyfe fitness street view 360deg



Alpha lyfe fitness map



Alpha lyfe fitness joshua



Alpha lyfe fitness gym



Alpha lyfe fitness by owner



Alpha lyfe fitness all

## Tags

Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility, Amenities, Child care

# **Related content**

| 5.0 * | Alpha Pack, Aqua and Physio Therapy for Animals - Alpha |
|-------|---|
|-------|---|

- 5.0 \* Alpha Fit Club Basking Ridge
- 4.8 \* Alpha Fitness Club Elizabeth
- 5.0 \* Alpha Omega Elite Fitness Arvada
- 4.9 \* Alpha Fit Club Glen Rock
- 4.8 \* Alpha Aesthetics Abilene
- 4.3 \* Alpha Fitness Newton
- 5.0 \* Alpha Fit Club Marlton
- 4.9 \* Alpha Fit Club Short Hills
- 4.4 \* Alpha Performance & Nutrition United States

## Categories

academic department

| acupuncture clinic         |
|----------------------------|
| after school program       |
| aikido school              |
| amusement center           |
| amusement park ride        |
| animal feed store          |
| apartment building         |
| apartment complex          |
| aquatic centre             |
| arena                      |
| art gallery                |
| assisted living facility   |
| association / organization |
| athletic club              |
| auditorium                 |
| bar                        |
| barber shop                |
| basketball club            |
| basketball court           |
| batting cage center        |
| body shaping class         |
| boot camp                  |
| boxing club                |
| boxing gym                 |
| boxing ring                |
| buddhist temple            |
| cafe                       |
| children's party service   |
| chiropractor               |
| church                     |
| club                       |
| coffee shop                |
| college                    |
| community center           |
| convenience store          |
| corporate office           |
| counselor                  |
| country club               |
| coworking space            |
| cultural center            |
| dance club                 |
| dance company              |
|                            |

| day spa<br>department store<br>disability services and support organization<br>disc golf course<br>discount store<br>dive shop<br>doctor<br>dollar store<br>educational institution<br>electric utility company<br>elementary school<br>exercise equipment store<br>facial spa<br>fertility clinic<br>firearms academy<br>fitness<br>fitness center<br>fitness center<br>fitness center<br>food producer<br>food producer<br>foot care<br>fountain<br>gated community<br>golf club<br>golf course<br>golf instructor<br>grocery store<br>gun club<br>gym<br>gymnasium school<br>gymnasium school<br>health consultant<br>health food restaurant<br>health food store<br>health spa<br>hiking area<br>hiking area<br>hiking area<br>hiking area | dance school           |
|--|------------------------|
| department store<br>disability services and support organization<br>disc golf course<br>discount store<br>dive shop<br>doctor<br>dollar store<br>educational institution<br>electric utility company<br>elementary school<br>exercise equipment store<br>facial spa<br>fertility clinic<br>firearms academy<br>fitness<br>fitness center<br>fitness center<br>fitness equipment wholesaler<br>food producer<br>foot care<br>foot care<br>fountain<br>gated community<br>golf club<br>golf course<br>golf instructor<br>grocery store<br>gun club<br>gym<br>gymnastics center<br>gymnastics club<br>hair salon<br>health consultant<br>health food restaurant<br>health food store<br>health spa<br>historical landmark<br>hospital   |                        |
| disability services and support organization<br>disc golf course<br>discount store<br>dive shop<br>doctor<br>dollar store<br>educational institution<br>electric utility company<br>elementary school<br>exercise equipment store<br>facial spa<br>fertility clinic<br>firearms academy<br>fitness<br>fitness center<br>fitness center<br>fitness equipment wholesaler<br>food producer<br>foot care<br>fountain<br>gated community<br>golf club<br>golf club<br>golf club<br>golf club<br>golf course<br>gun club<br>gymn<br>gymnastics center<br>gymnastics center<br>gymnastics club<br>hair salon<br>health food store<br>health food store<br>health food store<br>health spa<br>hiking area<br>historical landmark<br>hospital<br>hotel  |                        |
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| grocery store<br>gun club<br>gym<br>gymnasium school<br>gymnastics center<br>gymnastics club<br>hair salon<br>health consultant<br>health food restaurant<br>health food store<br>health spa<br>hiking area<br>historical landmark<br>hospital<br>hotel  |                        |
| gun club<br>gym<br>gymnasium school<br>gymnastics center<br>gymnastics club<br>hair salon<br>health consultant<br>health food restaurant<br>health food store<br>health spa<br>hiking area<br>historical landmark<br>hospital<br>hotel   | golf instructor        |
| gym<br>gymnasium school<br>gymnastics center<br>gymnastics club<br>hair salon<br>health consultant<br>health food restaurant<br>health food store<br>health spa<br>hiking area<br>historical landmark<br>hospital<br>hotel   | grocery store          |
| gymnasium school<br>gymnastics center<br>gymnastics club<br>hair salon<br>health consultant<br>health food restaurant<br>health food store<br>health spa<br>hiking area<br>historical landmark<br>hospital<br>hotel  | gun club               |
| gymnastics center<br>gymnastics club<br>hair salon<br>health consultant<br>health food restaurant<br>health food store<br>health spa<br>hiking area<br>historical landmark<br>hospital<br>hotel  | gym                    |
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| hair salon<br>health consultant<br>health food restaurant<br>health food store<br>health spa<br>hiking area<br>historical landmark<br>hospital<br>hotel  | gymnastics center      |
| health consultant<br>health food restaurant<br>health food store<br>health spa<br>hiking area<br>historical landmark<br>hospital<br>hotel  |                        |
| health food restaurant<br>health food store<br>health spa<br>hiking area<br>historical landmark<br>hospital<br>hotel   | hair salon             |
| health food store<br>health spa<br>hiking area<br>historical landmark<br>hospital<br>hotel   | health consultant      |
| health spa<br>hiking area<br>historical landmark<br>hospital<br>hotel  | health food restaurant |
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| historical landmark<br>hospital<br>hotel   | health spa             |
| hospital<br>hotel  | hiking area            |
| hotel  | historical landmark    |
|  | hospital               |
| ice election vinte   | hotel                  |
| ice skating rink   | ice skating rink       |

| indoor cycling                      |
|-------------------------------------|
| indoor golf course                  |
| indoor lodging                      |
| jujitsu school                      |
| karate club                         |
| karate school                       |
| kennel                              |
| kickboxing school                   |
| kinesiologist                       |
| kinesiotherapist                    |
| martial arts club                   |
| martial arts school                 |
|                                     |
| massage spa                         |
| massage therapist                   |
| medical clinic                      |
| medical group                       |
| medical spa                         |
| meditation center                   |
| metaphysical supply store           |
| muay thai boxing gym                |
| non-profit organization             |
| nutritionist                        |
| outdoor clothing and equipment shop |
| outdoor sports store                |
| outdoor swimming pool               |
| pain control clinic                 |
| park                                |
| parking lot                         |
| parkour spot                        |
| personal trainer                    |
| pharmacy                            |
| physical fitness program            |
| physical therapist                  |
| physical therapy clinic             |
| pickleball court                    |
| pilates studio                      |
| private golf course                 |
| psychotherapist                     |
| public educational institution      |
| public library                      |
| public swimming pool                |
| real estate developer               |
|                                     |

| recreation center           |
|-----------------------------|
| rehabilitation center       |
| resort hotel                |
| restaurant                  |
| rock climbing               |
| rock climbing gym           |
| rv park                     |
| sauna                       |
| school                      |
| school district office      |
| self defense school         |
| senior citizen center       |
|                             |
| shooting range              |
| shopping mall               |
| soccer club                 |
| social club                 |
| software company            |
| spa                         |
| spa and health club         |
| sporting goods store        |
| sports club                 |
| sports complex              |
| sports massage therapist    |
| sports medicine clinic      |
| sports nutrition store      |
| sports school               |
| summer camp organizer       |
| supermarket                 |
| swimming facility           |
| swimming instructor         |
| swimming pool               |
| swimming school             |
| taekwondo school            |
| tanning salon               |
| tennis club                 |
| thrift store                |
| training centre             |
| vitamin & supplements store |
| water park                  |
| weight loss service         |
| weightlifting area          |
| wellness center             |
|                             |

| wellness program         |
|--------------------------|
| women's organization     |
| women's personal trainer |
| wrestling school         |
| yoga instructor          |
| yoga studio              |
| youth center             |
| youth organization       |