

## West Coast Strength - Keizer

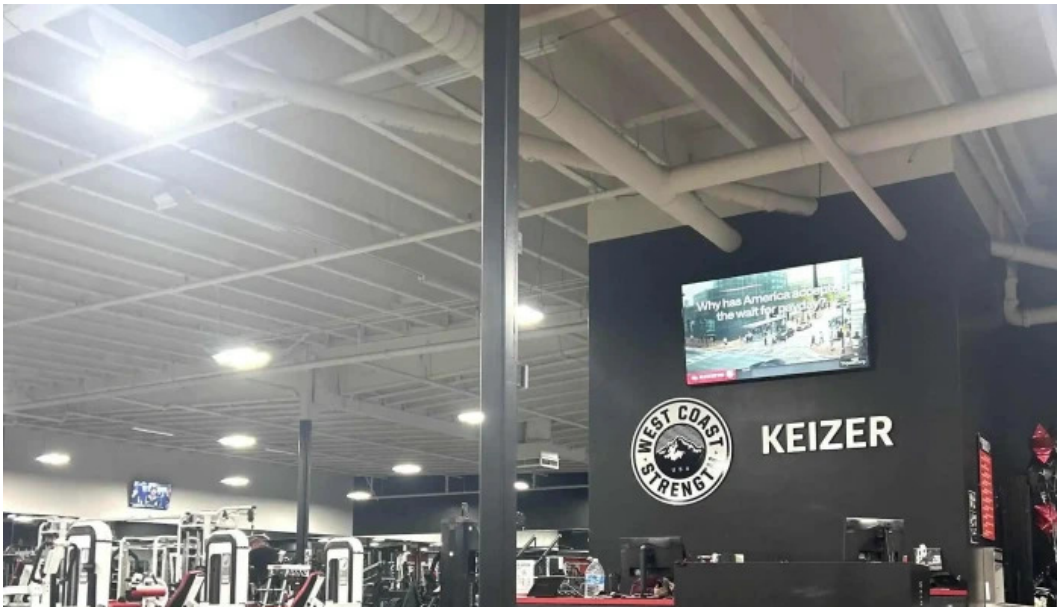
keizer

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[https://www.electrofitness.com/gym/keizer/west-coast-strength-keizer\\_297064.php](https://www.electrofitness.com/gym/keizer/west-coast-strength-keizer_297064.php)



*keizer*

## West Coast Strength - Keizer

### Welcome to West Coast Strength: Your Fitness Destination in Keizer, Oregon

If you're looking for a gym that truly understands your fitness needs while providing an inclusive and welcoming environment, look no further than **\*\*West Coast Strength\*\*** in Keizer, Oregon. This gym has transformed the typical workout experience by offering exceptional amenities and a community-focused atmosphere.

### Accessibility Features

One standout aspect of West Coast Strength is its commitment to accessibility. The gym boasts a **\*\*wheelchair-accessible car park\*\*** and a **\*\*wheelchair-accessible entrance\*\***, making it a convenient choice for everyone. The facility is designed to ensure that all members can enjoy their fitness journeys without barriers.

## **A Gym for Everyone**

With a wide variety of equipment and training options, West Coast Strength caters to all fitness levels. Whether you're just starting or are an experienced lifter, you can find what you need here. Recent visitors have praised the **\*\*clean, spacious environment\*\*** filled with top-notch machines. Members often comment on the respectful and courteous vibe prevalent in the gym, which fosters a sense of community. One member expressed, "The staff is super helpful and nice," reflecting the overall sentiment that West Coast Strength is a place where everyone can feel welcome.

## **Planning Your Fitness Journey**

Getting started at West Coast Strength requires a **\*\*membership\*\***, but many members believe it's worth the investment. With regular upgrades to equipment and facilities, including new squat racks and loading gear, members are witnessing improvements firsthand. One member mentioned, "You might spend a tiny bit more investing in your health using this gym instead of some of the other options in the area, but again, I really feel like you get what you pay for."

## **Community and Support**

Beyond the impressive equipment and layout, the sense of community at West Coast Strength is unparalleled. Staff members are committed to helping you achieve and maintain your fitness goals. As one satisfied member noted, "They want to help you achieve and maintain your fitness goals not feeding you a bunch of B.S." This camaraderie extends to fellow gym-goers, creating an encouraging environment where individuals share tips and motivation throughout their workouts.

## **Final Thoughts**

West Coast Strength in Keizer, Oregon, stands out as an excellent choice for anyone looking to enhance their fitness journey. With its commitment to accessibility, superior equipment, and a friendly atmosphere, it's clear why so many rave about this gym. So, if you're in the area, consider stopping by to see why this gym could be your perfect fit!

**You can visit us at the address:**

5045 River Rd N, 97303 Keizer, Oregon - United States (US)

The phone of said **Gym** is +1503-991-5141

And if you want to send a WhatsApp, you can do so at +1503-991-5141

## Our public attention hours are:

Day Hours

Monday

5?AM–10?PM

Tuesday

5?AM–10?PM

Wednesday

7?AM–9?PM

Thursday

8?AM–8?PM

Friday

5?AM–10?PM

Saturday

5?AM–10?PM

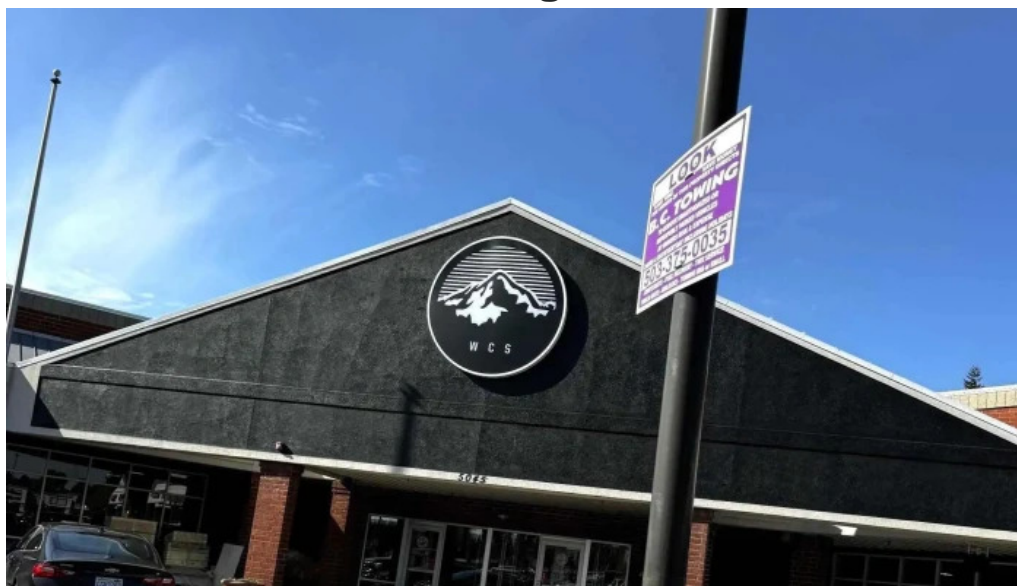
Sunday

5?AM–10?PM

The website is West Coast Strength

If you need to update any detail that you believe is not correct related to this page, we kindly request send us a message so we can we will handle it as soon as possible. In advance we appreciate it.

## Images



*West coast strength website*

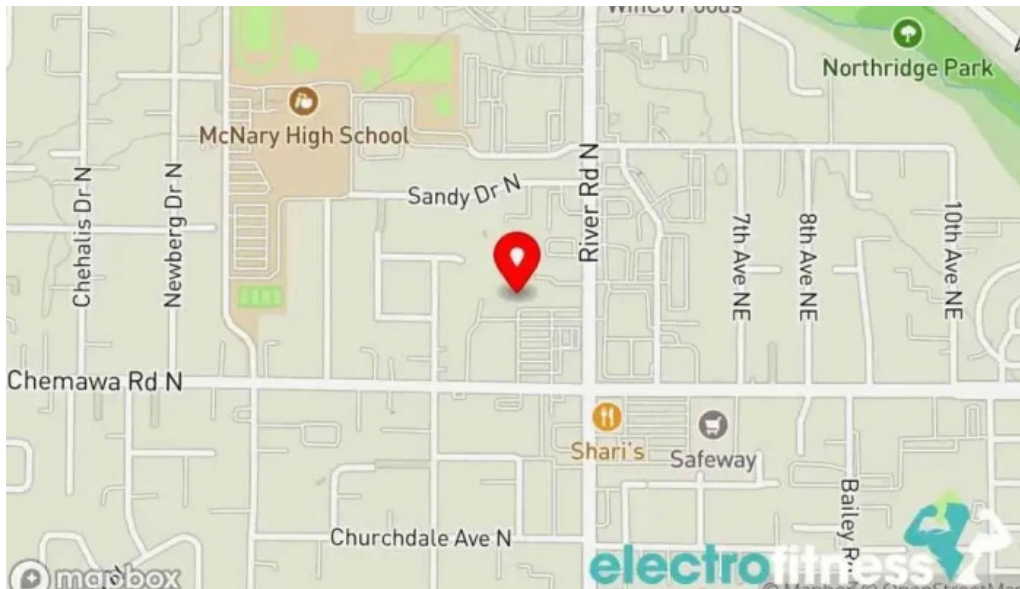


*West coast strength videos*



*West coast strength street view 360deg*

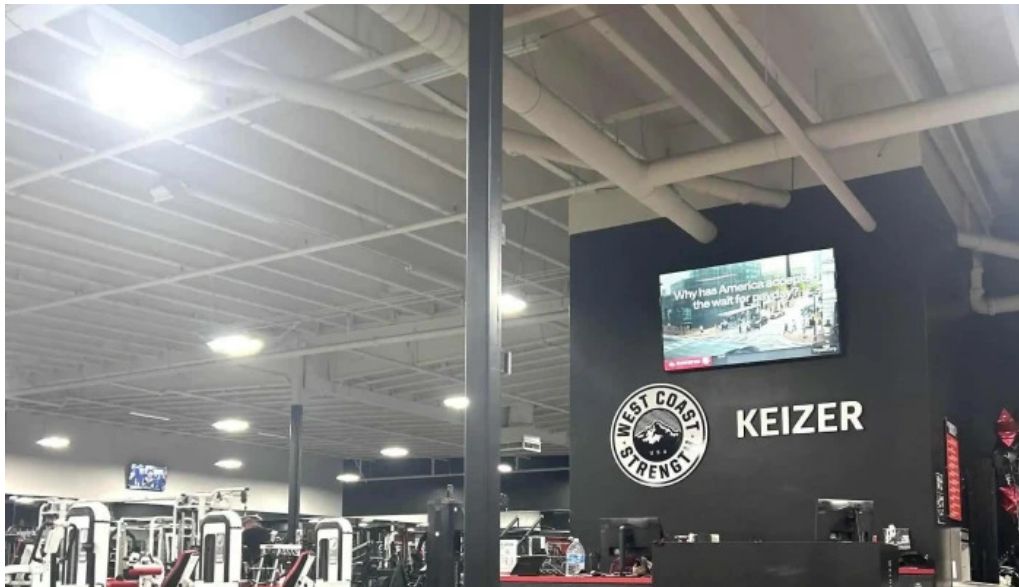




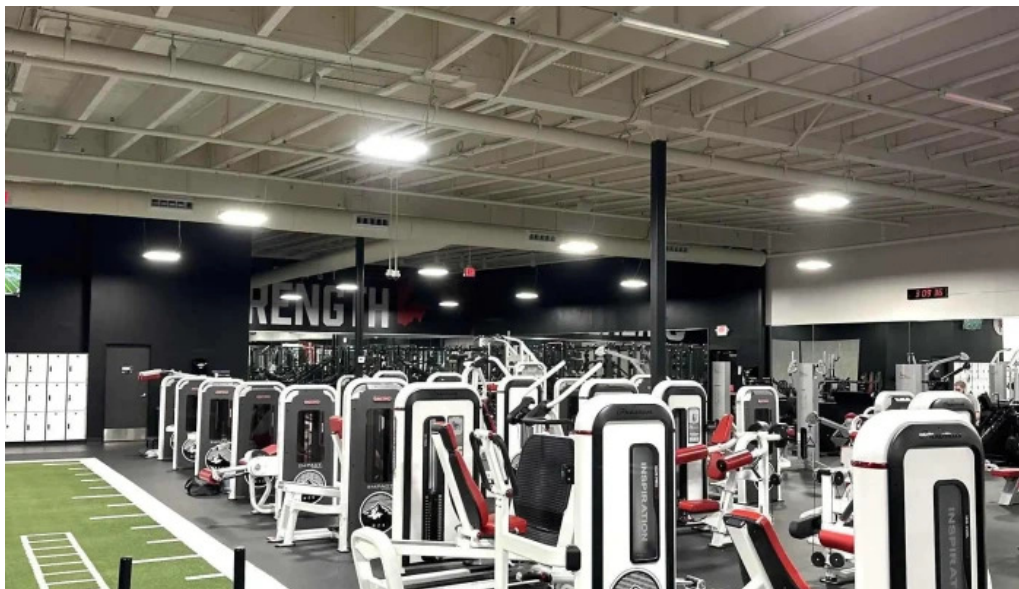
*West coast strength map*



*West coast strength latest*



*West coast strength keizer*



*West coast strength how to get there*



*West coast strength gym*



*West coast strength discounts*



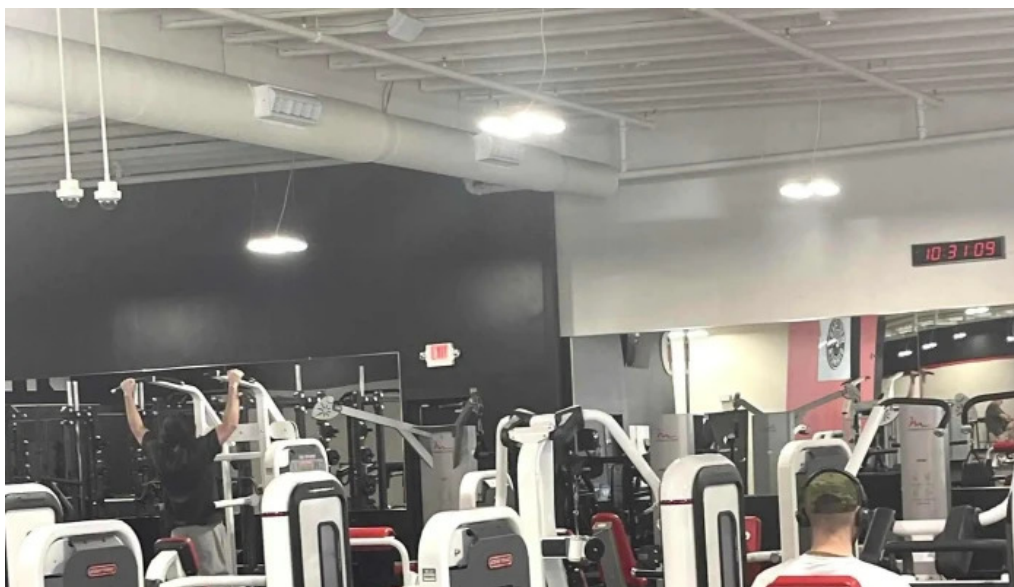


*West coast strength comments*

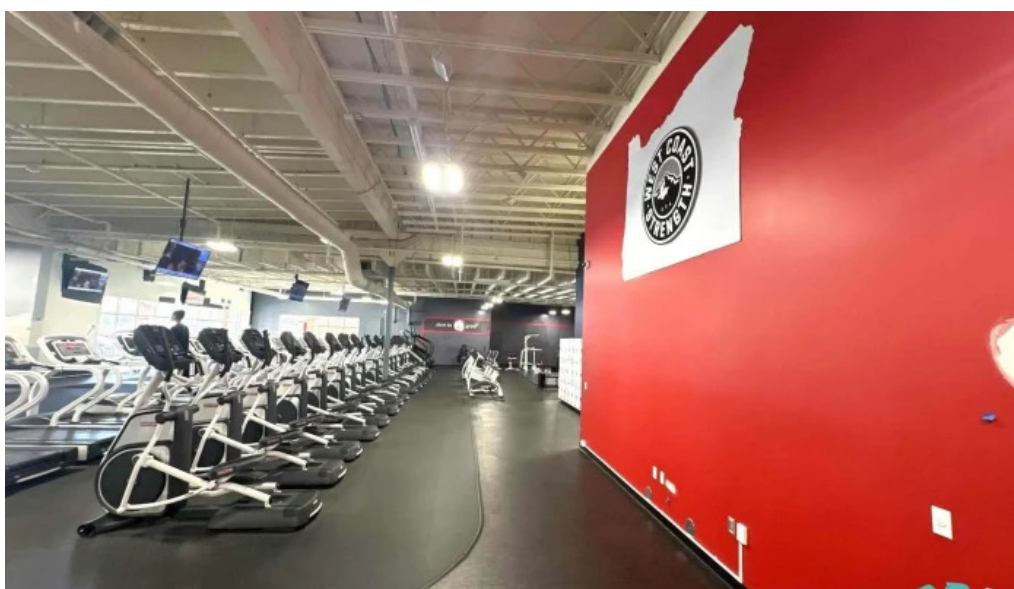


*West coast strength catalog*





*West coast strength area*



*West coast strength all*

## Tags

*Wheelchair-accessible entrance, Planning, Accessibility, Wheelchair-accessible car park, Membership required*

## Related content

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**4.9 \*** *Left Coast Power Yoga - Oakland*

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**4.9 \*** *Sbg East Coast - North Dartmouth*

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**4.9 \*** *Left Coast Power Yoga - Laurel - Oakland*

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**5.0 \*** *South Coast Self Defense - Cardio Kickboxing, Krav Maga &*

## *Fitness - New Bedford*

<b>4.8 *</b>	<i>Coast Guard Island Base Gym - Alameda</i>
<b>4.6 *</b>	<i>Wyo West Fitness - Wyomissing</i>
<b>4.7 *</b>	<i>The Union Studios West - Spokane</i>
<b>4.4 *</b>	<i>West View Recreation Center - Broomfield</i>
<b>3.7 *</b>	<i>West Boise Ymca and Boise City Aquatic Center - Boise</i>
<b>4.8 *</b>	<i>F45 Training Meridian West - Meridian</i>

## Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club

coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel

indoor cycling
jujitsu school
karate club
karate school
kenel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school



school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization