

## Orangetheory Fitness - Kingston

kingston

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kingston

## Orangetheory Fitness - Kingston

### Discover Orangetheory Fitness in Kingston, Massachusetts

Are you looking for a fitness experience that not only challenges you but also supports your journey? Look no further than **\*\*Orangetheory Fitness\*\*** located in Kingston, Massachusetts. With its unique approach to group workouts and community support, this gym has become a favorite among locals.

### Facilities and Amenities

One of the key features of the Kingston location is its commitment to **\*\*accessibility\*\***. The gym offers a **\*\*wheelchair-accessible entrance\*\***,

**\*\*wheelchair-accessible car park\*\***, and a **\*\*wheelchair-accessible toilet\*\***, ensuring that everyone can enjoy their fitness journey without barriers. Moreover, members can take advantage of various amenities, including state-of-the-art workout equipment and a clean, inviting environment that enhances the overall experience.

## **A Commitment to Community**

Joining Orangetheory Fitness means becoming part of a vibrant community. Current members rave about the supportive atmosphere where peers push each other toward their goals. Members celebrate victories together, creating a family-like dynamic that sets this gym apart. According to many reviews, the coaches at OTF Kingston are described as knowledgeable, enthusiastic, and genuinely invested in helping you succeed.

## **The Workouts**

The structured fitness program at OTF Kingston is designed to deliver results. Participants report burning between **\*\*800 to 1200 calories per session\*\***, thanks to the engaging combination of treadmill, rowing, and strength training exercises. The workout is never boring; it constantly changes, keeping you motivated and challenged. Whether you're a beginner or an experienced athlete, workouts can be tailored to suit your individual fitness level.

## **Membership Experience**

Membership at OTF Kingston is **\*\*required\*\*** for access to classes. While some may initially view the cost as higher than traditional gyms, many members agree the investment is worthwhile. With expert coaching, a supportive environment, and the opportunity to participate in motivating challenges throughout the year, many find it to be the best decision for their fitness journey.

## **Why Choose OTF Kingston?**

Members often express their love for the studio, highlighting the friendly staff, inclusive atmosphere, and exceptional coaching. Many reviews point out that even if you may not feel like working out, the community's energy can help you push through. It's common to see members transform their perception of exercise into something enjoyable rather than a chore. In conclusion, with its comprehensive approach to fitness, top-notch amenities, and a strong sense of community, **\*\*Orangetheory Fitness Kingston\*\*** stands out as a premier choice for anyone looking to elevate their health and well-being. Whether you're just starting or continuing your fitness journey, the doors are open for you to join this supportive and motivating environment!

## **We are found at**

160 Summer St, 02364 Kingston, Massachusetts - United States (US)

The phone number of said **Gym** is +1781-209-5090

And if you want to send a WhatsApp, you can do so at +1781-209-5090

### **Our business hours are:**

Day Hours  
Monday  
5?AM–5?PM  
Tuesday  
7–11?AM  
Wednesday  
7–11:30?AM  
Thursday  
5?AM–7?PM  
Friday  
5?AM–7?PM  
Saturday  
5?AM–7?PM  
Sunday  
5?AM–7?PM

The website is Orangetheory Fitness

If necessary to adjust any information that you think is not precise related to this portal, we kindly request deliver a message so that we will handle it promptly. In advance thank you very much.

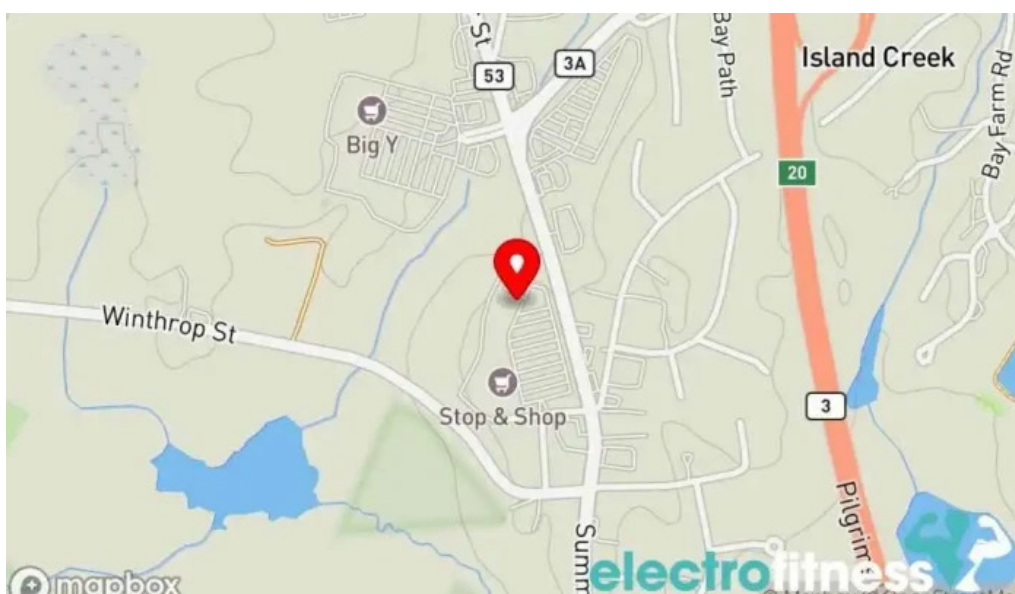
### **Images**



## Orangetheory fitness videos



Orangetheory fitness street view 360deg



Orangetheory fitness map





*Orangetheory fitness kingston*



*Orangetheory fitness gym*



*Orangetheory fitness exercise machine*



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## Tags

*Membership required, Accessibility, Planning, Wheelchair-accessible toilet, Toilet, Wheelchair-accessible car park, Amenities, Wheelchair-accessible entrance, Swimming pool*

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4.9 \* *Orangetheory Fitness - Aberdeen*

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4.9 \* *Orangetheory Fitness - Dyer*

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4.9 \* *Orangetheory Fitness Valparaiso - Valparaiso*

4.8 *	<i>Orangetheory Fitness - Abilene</i>
5.0 *	<i>Orangetheory Fitness - Pleasant Hill</i>
4.9 *	<i>Orangetheory Fitness - Walnut Creek</i>
4.8 *	<i>Orangetheory Fitness - Lafayette</i>
4.9 *	<i>Orangetheory Fitness - Crown Point</i>
5.0 *	<i>California Diving Academy - Walnut Creek</i>

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amusement park ride
arena
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athletic club
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boxing gym
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community center
convenience store
country club
coworking space
dance school
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
grocery store
gym
gymnastics center

hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex



sports medicine clinic
sports school
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
wellness center
wellness program
yoga instructor
yoga studio
youth organization