

## 24 Hour Fitness - Laguna Niguel

laguna niguel

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*laguna niguel*

## 24 Hour Fitness - Laguna Niguel

### Exploring 24 Hour Fitness in Laguna Niguel, California

Located in the heart of Laguna Niguel, **24 Hour Fitness** stands out as a comprehensive fitness facility that caters to a diverse range of gym-goers. With its numerous amenities and a vibrant atmosphere, it's no wonder many members have shared positive experiences about their time at this gym.

### Accessibility Features

This fitness center prioritizes **accessibility**, ensuring that all members can enjoy their workout. Among its facilities, you'll find a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, making it easier for everyone to access the gym. Additionally, there are **wheelchair-accessible toilets**, which further enhance convenience for members with mobility needs.

## Amenities That Stand Out

One of the notable aspects of 24 Hour Fitness is its variety of **amenities**. The gym features a spacious **swimming pool**, perfect for those looking to incorporate aquatic workouts or simply relax after a rigorous fitness session. For members who enjoy sweating it out, the **sauna** offers a place to unwind post-workout. Furthermore, there's a basketball court, catering to those who want to include a fun game into their exercise routine.

Members appreciate the extensive range of equipment available, including power racks and resistance machines. Many have mentioned the importance of having multiple sets of each type of equipment, which reduces wait times and enhances the overall workout experience.

## Creating a Welcoming Atmosphere

The **atmosphere** at 24 Hour Fitness is often described as encouraging and friendly. Staff members are known for their professionalism and helpfulness, which contributes to a positive environment. Whether you're a seasoned athlete or new to fitness, the welcoming staff can assist you in planning your fitness journey and ensuring you get the most out of your membership.

## Membership Insights and Planning Your Visit

It's important to note that a **membership is required** to access the facilities. Reviews indicate that while the gym can become crowded during peak hours, particularly on weekends and weekday evenings, visiting during off-peak times can lead to a more enjoyable experience. Members recommend planning workouts around quieter hours to avoid congestion.

## Challenges and Considerations

Despite many positive features, some members have raised concerns regarding cleanliness and maintenance. There are comments about the condition of the locker rooms and showers, highlighting the need for better cleaning practices. Moreover, some users have discussed the inconsistency in the upkeep of the swimming pool and sauna areas, citing instances where cleanliness standards could be improved.

## Final Thoughts

Overall, the **24 Hour Fitness** in Laguna Niguel has a great deal to offer—with its accessibility, varied amenities, and supportive atmosphere, it serves as an excellent choice for individuals looking to maintain or elevate their fitness levels. However, potential members may want to visit during different times to gauge the cleanliness and crowd levels before committing to a long-term membership. As with any fitness facility, being part of a community means also contributing to its overall upkeep. Keeping shared spaces clean and being considerate of fellow gym-goers can enhance the experience for everyone involved.

### We are situated in

27921 La Paz Rd, 92677 Laguna Niguel, California - United States (US)

The contact phone of the respective **Gym** is +1949-614-1024

And if you want to send a WhatsApp, you can do so at +1949-614-1024

### Our public attention hours are:

Day	Hours
Monday	Open 24 hours
Tuesday	Open 24 hours
Wednesday	Open 24 hours
Thursday	Open 24 hours
Friday	Open 24 hours
Saturday	Open 24 hours
Sunday	Open 24 hours

The website is 24 Hour Fitness

If necessary to update any data that you consider is incorrect concerning this page, we urge you to deliver a message so that we will fix it promptly. With anticipation thanks for your cooperation.

## Images



*24 hour fitness street view 360deg*



*24 hour fitness score*





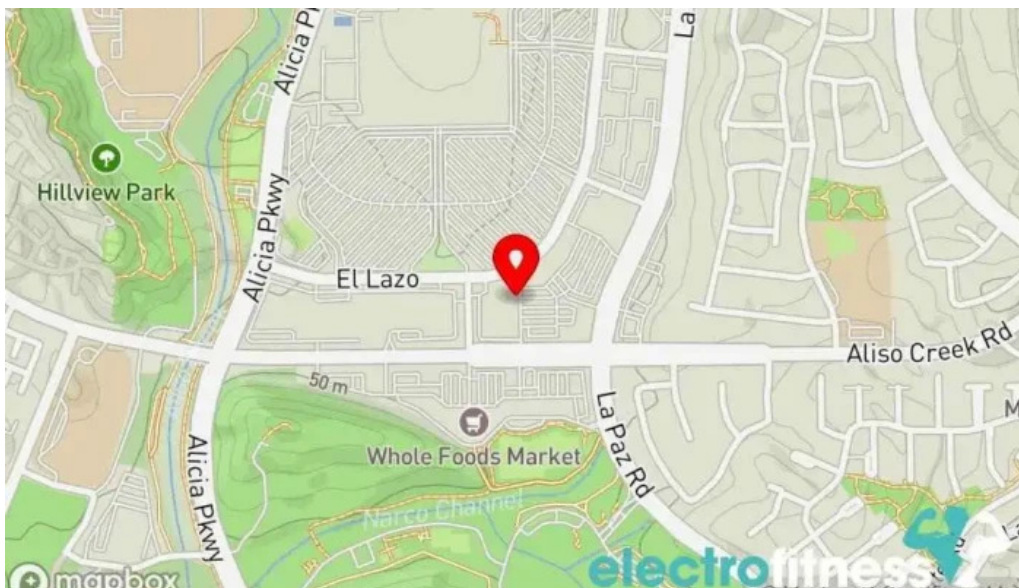
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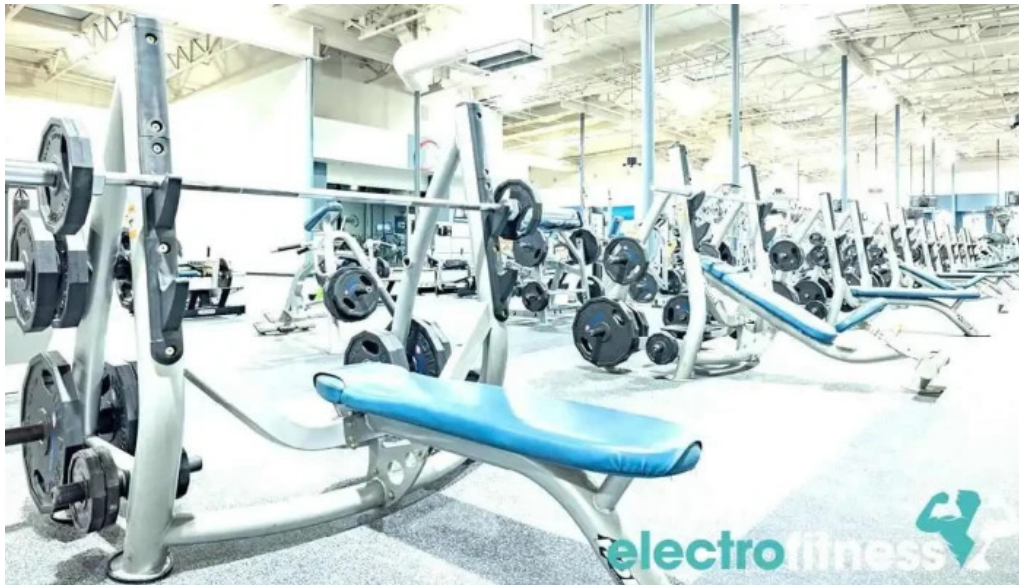


*24 hour fitness gym*



*24 hour fitness catalog*





*24 hour fitness by owner*



*24 hour fitness area*



24 hour fitness all

## Tags

*Accessibility, Membership required, Wheelchair-accessible car park, Swimming pool, Shower, Amenities, Sauna, Wheelchair-accessible toilet, Wheelchair-accessible entrance, Planning, Basketball court, Atmosphere*

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## Comments

*I must say, it would be quite splendid to see some assistance in the maintenance of the floors and the executive section. It truly is disheartening to observe that despite the additional fee for such a space, it remains in a rather unkempt and soiled state. One often finds the staff mainly stationed at the reception, with no one attending to the cleaning or the replenishing of paper towels. Nevertheless, if this matter were to be addressed, I would not hesitate to recommend this establishment.*

## Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club
coworking space
cultural center

dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist



medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school

summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
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weight loss service
weightlifting area
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wellness program
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