

Orangetheory Fitness - Laguna Niguel

laguna niguel

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Orangetheory Fitness - Laguna Niguel

Discover Orangetheory Fitness in Laguna Niguel, California

Orangetheory Fitness (OTF) in Laguna Niguel is not just another gym; it's a vibrant community where fitness goals are achieved through a unique blend of motivation and support. This state-of-the-art facility offers various **amenities** that cater to all members, ensuring that everyone feels welcome and challenged.

Accessibility for Everyone

OTF Laguna Niguel takes **accessibility** seriously. The gym features a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, making it easy for everyone to participate in the classes. Additionally, the facility includes a **wheelchair-accessible toilet**, ensuring comfort for all members during their workouts.

A Supportive Environment

As many members share, the atmosphere at OTF Laguna Niguel is warm and inviting. Coaches like Jared are noted for their **planning** and dedication, ensuring that each workout is effective and enjoyable. Members appreciate how the coaches not only push them but also monitor their form closely, creating a **welcoming** environment that feels more like family than just a gym.

Unique Workouts and Amenities

The varied workouts at OTF keep members engaged and challenged. Clients rave about the **unique routines** that change every session, promising that no two workouts are ever the same. The gym also has a **swimming pool** available for those looking to blend cardio with aquatic exercise. Each class is designed to be inclusive, offering different modalities like treadmills, bikes, and free weights, allowing individuals of all fitness levels to thrive.

Membership Benefits

While a **membership is required** to access these incredible facilities and classes, members insist it is worth every penny. For less than \$200 a month, you gain access to top-notch facilities, expert coaching, and a highly motivating group atmosphere. Many have reported significant transformations in both their physical health and mental well-being since joining.

Community and Support

The sense of community at OTF Laguna Niguel stands out prominently in member reviews. With supportive staff like Maya, Harper, and Renata, members feel encouraged from the moment they step through the door. Regular social events, such as outdoor runs, foster a sense of belonging among participants, contributing to a friendly and uplifting environment.

Conclusion: Your Fitness Journey Awaits

In conclusion, if you are looking for a gym that prioritizes accessibility, community, and personalized training, Orangetheory Fitness in Laguna Niguel

might be the perfect fit. Whether you're starting your fitness journey or seeking to elevate your current routine, OTF offers a supportive atmosphere filled with energetic coaches and engaging workouts. Don't miss the opportunity to join this dynamic fitness community!

You can reach us at

24034 Aliso Creek Rd, 92677 Laguna Niguel, California - United States (US)

The contact line of the respective **Gym** is +1949-667-9999

And if you want to send a WhatsApp, you can do so at +1949-667-9999

Our business hours are:

Day Hours
Monday
5?AM–7:30?PM
Tuesday
5?AM–6:15?PM
Wednesday
6:30?AM–12:30?PM
Thursday
7?AM–1?PM
Friday
5?AM–7:30?PM
Saturday
5?AM–7:30?PM
Sunday
5?AM–7:30?PM

The website is Orangetheory Fitness

If you require to change any element that you feel is not correct related to this web, we kindly request forward a message so that we will correct it at the earliest convenience. With anticipation thank you very much.

Images



Orangetheory fitness street view 360deg



Orangetheory fitness map



Orangetheory fitness laguna niguel



Orangetheory fitness gym



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Tags

Amenities, Toilet, Accessibility, Wheelchair-accessible entrance, Swimming pool, Wheelchair-accessible car park, Membership required, Wheelchair-accessible toilet, Planning

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self defense school
senior citizen center
shooting range
shopping mall
soccer club
software company
spa
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sports club
sports complex
sports massage therapist
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