

## La Fitness - Lanham

lanham

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*lanham*

### *La Fitness - Lanham*

#### Exploring LA Fitness in Lanham, Maryland

If you're looking for a gym that combines excellent amenities with a welcoming atmosphere, **LA Fitness** in Lanham, Maryland, stands out as a reliable choice. From a **wheelchair-accessible car park** to an inviting **wheelchair-accessible entrance**, this facility ensures accessibility for everyone. The gym caters to various fitness enthusiasts, providing resources and support for those on their fitness journey.

## Amenities That Enhance Your Experience

At LA Fitness, members can enjoy a range of **amenities** designed for comfort and convenience. The facility boasts a spacious **basketball court**, perfect for both casual play and structured games. After an intense workout, relax in the sauna to unwind your muscles or take a refreshing dip in the **swimming pool**. The facility also features **showers** and **wheelchair-accessible toilets** to accommodate all members.

## Community and Support

Many visitors have praised the gym's friendly staff. Eric Jimenez, in particular, has garnered appreciation for his welcoming demeanor and extensive knowledge about the gym's offerings. Members feel supported during their fitness journey, with personal trainers available to assist and motivate them.

## Planning Your Visit

When planning your visit, keep in mind that a **membership is required** to access the facilities. While some members have expressed frustration with overcrowded conditions during peak hours, they appreciate the variety of **group fitness classes** available, including popular options like spin classes.

## Room for Improvement

Despite the overall positive feedback, there are areas where the gym could improve. Some members have pointed out issues with cleanliness, particularly in the locker rooms and shower areas. Additionally, requests for more sanitizing wipes and better organization of weights have been common themes among reviews. Ensuring that equipment is sanitized regularly and that weights are returned to their proper places could significantly enhance the gym experience.

## Conclusion

LA Fitness in Lanham, Maryland, offers a dynamic and accessible fitness environment, complete with various amenities and community support. With a focus on inclusion and wellness, this gym stands out as a solid choice for individuals seeking a supportive place to achieve their fitness goals.

## Our business is at

9450 Ruby Lockhart Blvd, 20706 Lanham, Maryland - United States (US)

The contact line of the respective **Gym** is +1240-623-8662

And if you want to send a WhatsApp, you can do so at [+1240-623-8662](https://www.whatsapp.com/business/profile/12406238662)

## **We are available at these times:**

Day	Hours
Monday	8?AM–8?PM
Tuesday	8?AM–8?PM
Wednesday	5?AM–11?PM
Thursday	5?AM–11?PM
Friday	5?AM–11?PM
Saturday	5?AM–11?PM
Sunday	5?AM–10?PM

The website is [LA Fitness](https://www.lafitness.com)

If necessary to modify any element that you think is not accurate about this portal, we urge you to deliver a message so that we will fix it at the earliest convenience. In advance thank you very much.

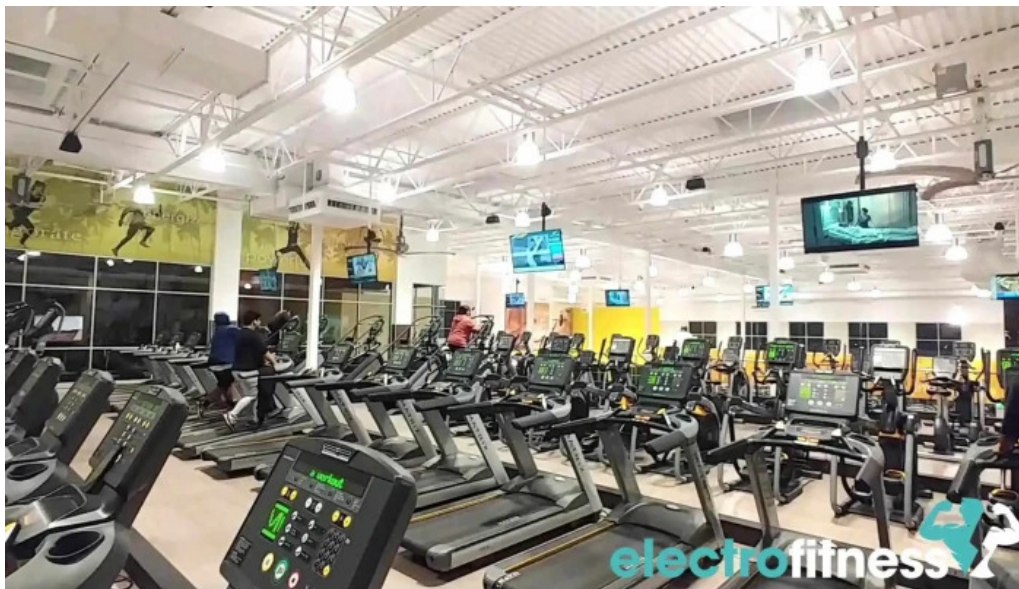
## **Images**



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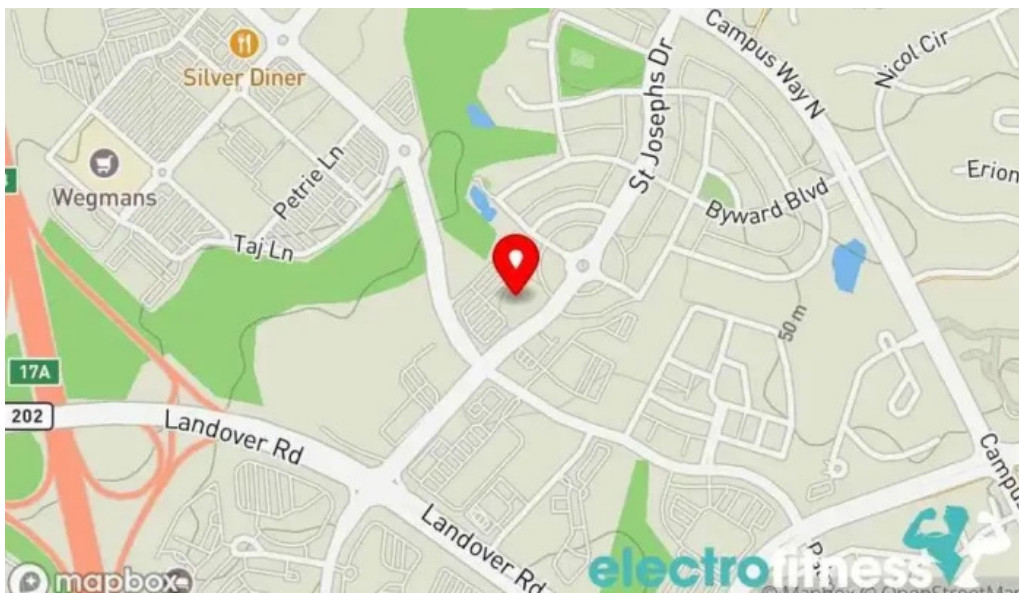
*La fitness street view 360deg*



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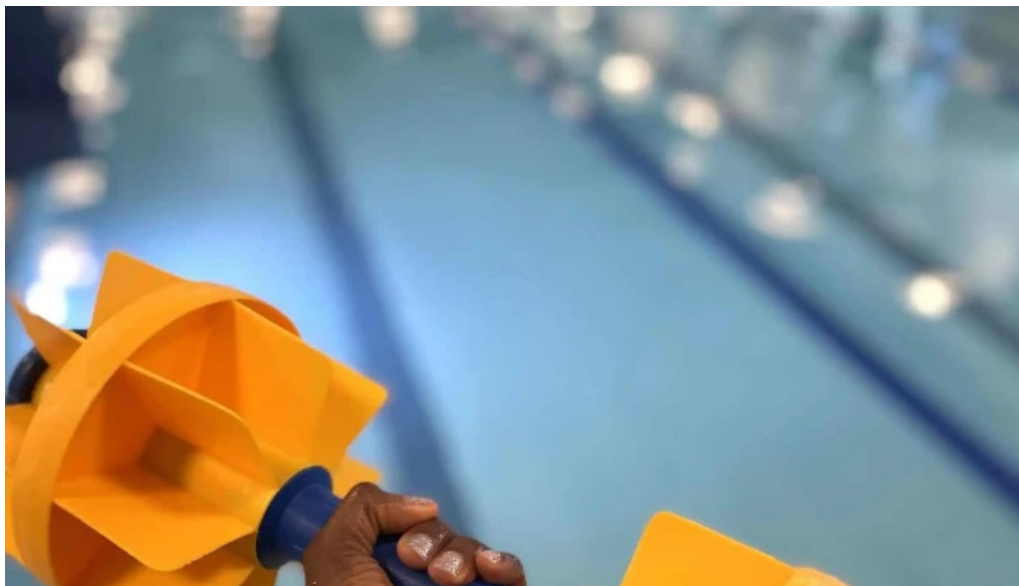


*La fitness map*





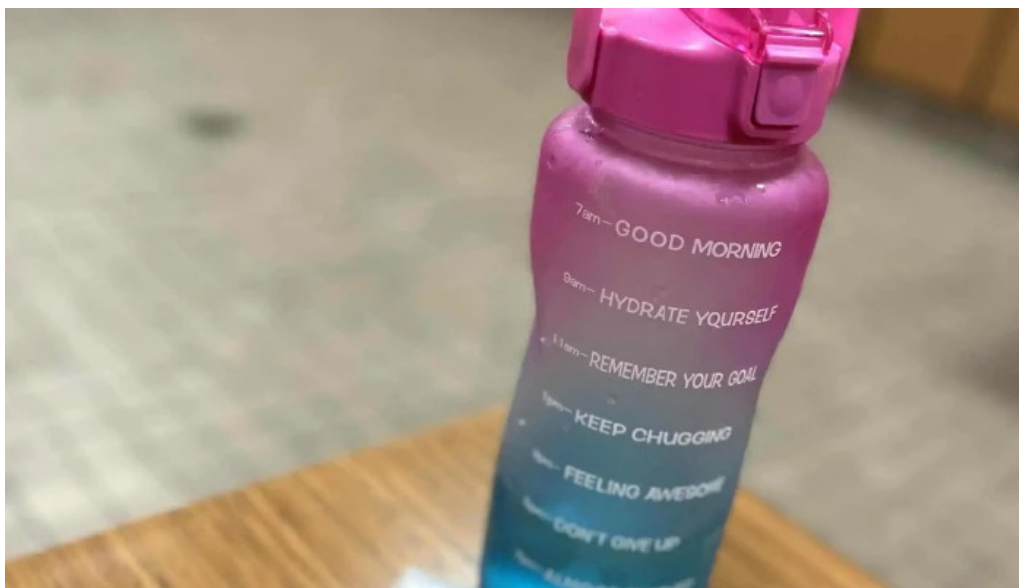
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## Tags

*Shower, Accessibility, Basketball court, Sauna, Wheelchair-accessible entrance, Amenities, Planning, Wheelchair-accessible car park, Swimming pool, Wheelchair-accessible toilet, Membership required, Atmosphere*

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