

## Merrill Gymnasium - Lewiston

lewiston

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## *Merrill Gymnasium - Lewiston*

### **Merrill Gymnasium: A Hub for Fitness and Community in Lewiston, Maine**

Merrill Gymnasium, located in the heart of Lewiston, Maine, is more than just a gym; it is a community space that offers a range of amenities for fitness enthusiasts and event-goers alike. With features that cater to all individuals, including those with accessibility needs, this gym exemplifies inclusivity.

#### **Accessibility Features**

One of the standout aspects of Merrill Gymnasium is its commitment to **\*\*accessibility\*\***. The facility boasts a **\*\*wheelchair-accessible entrance\*\***,

making it easy for everyone to enter and enjoy the services offered. Moreover, there is a designated **\*\*wheelchair-accessible car park\*\*** close to the entrance, ensuring convenient access for those who need it.

## **Top-notch Amenities**

The gym is equipped with various amenities designed to enhance the workout experience. For those who love hitting the courts, **\*\*Merrill Gymnasium has a tennis court\*\*** available for members and guests. Whether you're a seasoned player or just looking to have some fun, this feature adds diversity to your fitness routine. Additionally, the **\*\*swimming pool\*\*** at Merrill Gymnasium provides an alternative workout option. Swimming is an excellent full-body exercise, and the pool area is a great place for both recreational swimming and serious training sessions.

## **Community Feedback**

Feedback from visitors highlights the gym's positive atmosphere and functional design. One patron mentioned enjoying a concert at the venue, emphasizing that it's a **“\*\*nice venue\*\*”** for events beyond just workouts. Another visitor praised the equipment available, stating, **“\*\*THERE ARE ERGS IN THIS BUILDING 5 STAR!\*\*”** which points to the gym's commitment to providing quality fitness tools. Despite some crowds during peak hours, particularly from 4 PM to 5:30 PM, many still find it to be a **\*\*great place to work out\*\***. In general, patrons describe the gym as **“\*\*perfectly adequate\*\*”**, acknowledging that while it may get busy, the overall experience is well worth it. Users have also appreciated the **\*\*great service\*\*** they receive, enhancing their time spent at the facility.

## **Conclusion**

In conclusion, Merrill Gymnasium stands out not only for its wide range of amenities but also for its dedication to accessibility and community engagement. Whether you're looking to break a sweat, enjoy an event, or simply relax by the pool, this gym is a cherished part of the Lewiston community. If you haven't visited yet, consider checking it out for yourself!

## **We are established at**

141 Russell St, 04240 Lewiston, Maine - United States (US)

The contact line of the respective **Gym** is +1207-786-6255

And if you want to send a WhatsApp, you can do so at +1207-786-6255

## **Our service hours are:**

## Day Hours

Monday

6?AM–10?PM

Tuesday

6?AM–8?PM

Wednesday

9?AM–5?PM

Thursday

9?AM–8?PM

Friday

6?AM–10?PM

Saturday

6?AM–10?PM

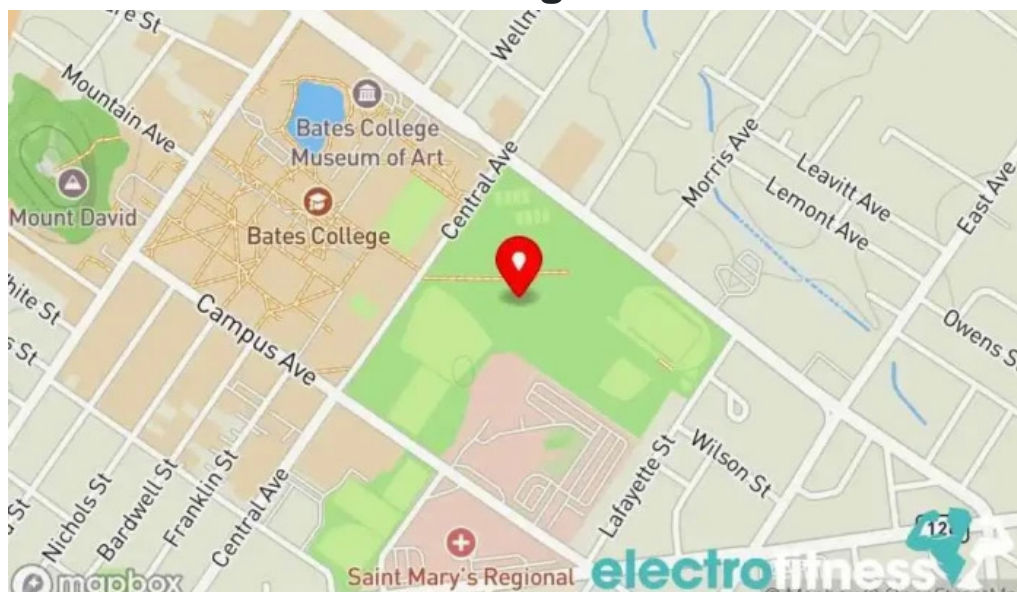
Sunday

6?AM–10?PM

The website is [Merrill Gymnasium](#)

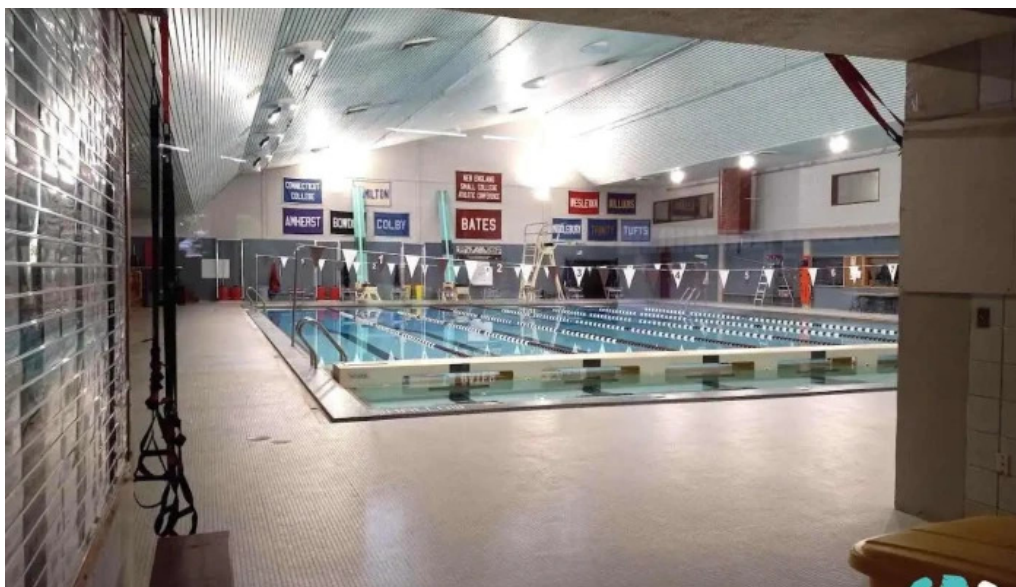
If you require to change any detail that you think is incorrect related to this page, we kindly request forward a message so we can we will correct it promptly. With anticipation thank you very much.

## Images

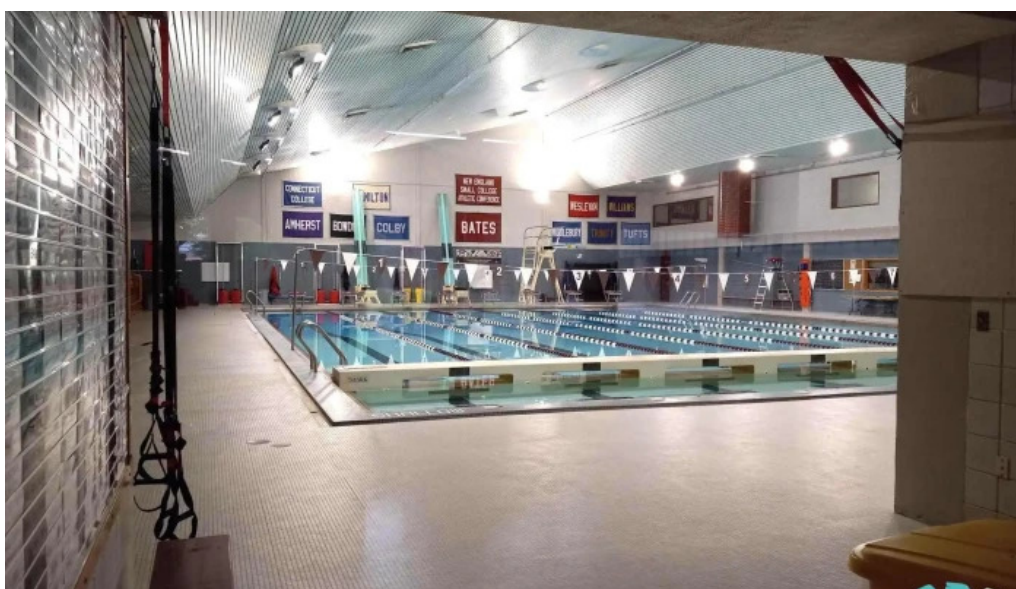


*Merrill gymnasium map*





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## Tags

*Wheelchair-accessible entrance, Has a tennis court, Accessibility, Wheelchair-accessible car park, Amenities, Swimming pool*

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acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
assisted living facility
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
beauty salon
beer store
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple

cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
community health centre
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
general hospital
golf club

golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store

outdoor swimming pool
pain control clinic
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parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
psychotherapist
public educational institution
public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
specialized clinic
sporting goods store
sports club
sports complex



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sports medicine clinic
sports nutrition store
sports school
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supermarket
swimming facility
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swimming pool
swimming school
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