

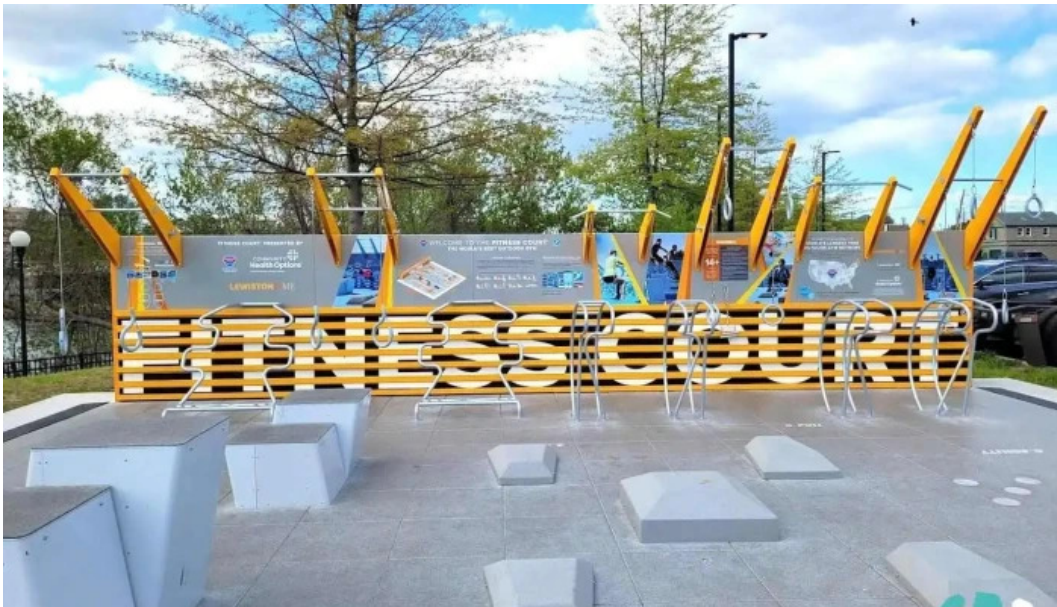
## Outdoor Fitness Court - Lewiston

lewiston

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*lewiston*

## *Outdoor Fitness Court - Lewiston*

### **Discover the Outdoor Fitness Court in Lewiston, Maine**

The Outdoor Fitness Court in Lewiston, Maine, is an innovative space designed to promote fitness and well-being for everyone. This community resource offers various exercise equipment and opportunities for outdoor workouts, making it an ideal destination for residents looking to stay active.

### **Wheelchair-Accessible Car Park**

One of the standout features of the Outdoor Fitness Court is its **\*\*wheelchair-accessible car park\*\***. This ensures that individuals with mobility

challenges can easily access the facilities and enjoy the benefits of outdoor fitness. The thoughtful design of the parking area demonstrates a commitment to inclusivity and accessibility, allowing everyone to participate in healthy activities.

## **Accessibility for All**

Accessibility is a core principle of the Outdoor Fitness Court. The layout is designed to accommodate users of all fitness levels, including those with disabilities. The inclusive atmosphere encourages community participation, fostering a supportive environment where everyone can feel welcome.

## **Community Engagement**

Feedback from visitors highlights the positive impact of the Outdoor Fitness Court on the local community. Users appreciate the combination of accessible features and the variety of workout options available. Whether you're looking to engage in strength training, cardio exercises, or simple stretches, this facility supports a healthy lifestyle for everyone.

## **Conclusion**

The Outdoor Fitness Court in Lewiston, Maine, stands out as a prime example of how public spaces can promote fitness and inclusivity. With its **\*\*wheelchair-accessible car park\*\*** and overall attention to **\*\*accessibility\*\***, it serves as a beacon of community wellness. Embrace the opportunity to enhance your fitness journey in a welcoming and supportive environment. Visit today and discover the myriad of fitness possibilities awaiting you!

## **You can find us in**

, [Lewiston, Maine - United States \(US\)](#)

## **We look forward to seeing you at:**

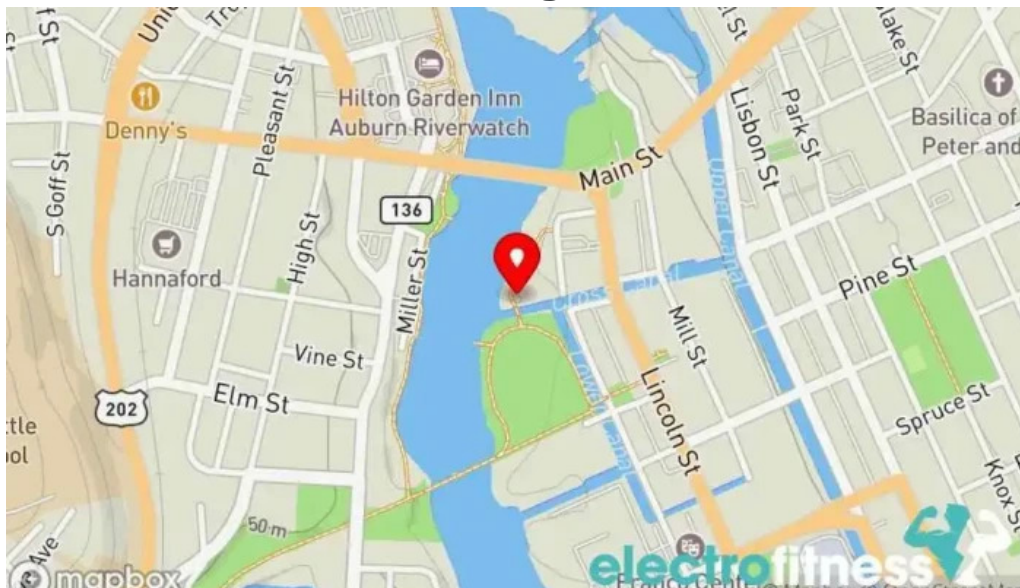
Day	Hours
Monday	Open 24 hours
Tuesday	Open 24 hours
Wednesday	Open 24 hours
Thursday	Open 24 hours
Friday	Open 24 hours

Saturday  
Open 24 hours  
Sunday  
Open 24 hours

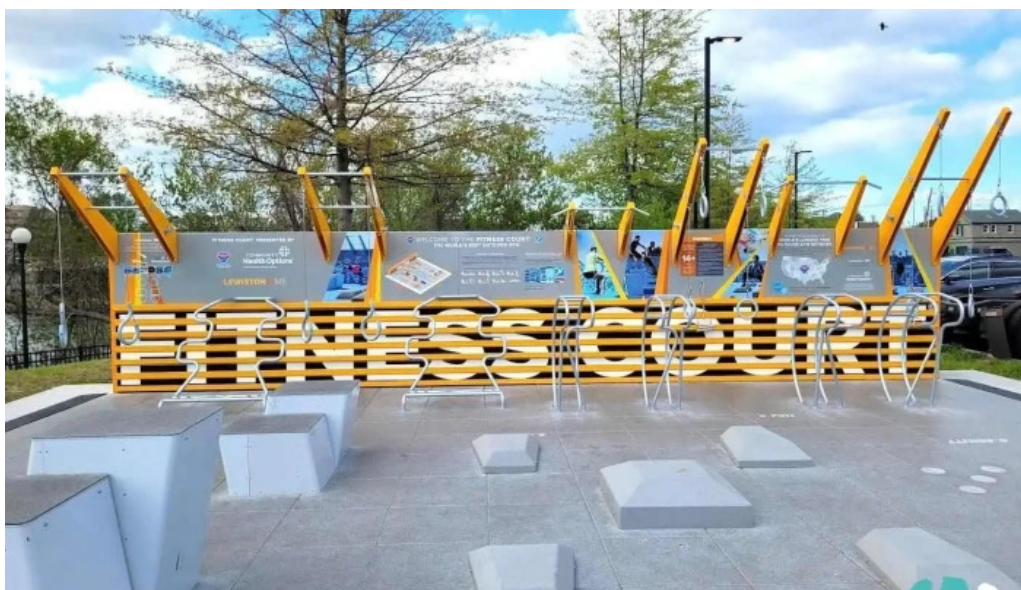
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## Images



*Outdoor fitness court map*



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Outdoor fitness court all

## Tags

*Accessibility, Wheelchair-accessible car park*

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health food restaurant
health food store
health spa
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indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
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massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
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outdoor sports store
outdoor swimming pool
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physical fitness program
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physical therapy clinic
pickleball court
pilates studio
pregnancy care center
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rock climbing gym
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school
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