

## Fitness System Lodi - Lodi

lodi

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### *Fitness System Lodi - Lodi*

## Discover Fitness System Lodi: Your Ultimate Gym Experience in Lodi, California

If you're looking for a gym that combines extensive amenities with a supportive community, **Fitness System Lodi** stands out in the heart of **Lodi, California**. Whether you're a fitness enthusiast or just starting your journey, this gym caters to all levels of experience.

### Convenient Location and Accessibility

The **on-site parking** is a significant advantage for members. With plenty of spaces available, parking is never a hassle. For those using public transport, the gym also offers **free of charge street parking** nearby. Furthermore, the facility boasts a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring everyone can enjoy a great workout.

## A Comprehensive Range of Amenities

Members can take advantage of several exciting offerings:

**Sauna:** A perfect place to unwind after a rigorous workout. **Basketball Court:** Play some hoops and add variety to your fitness routine. **Child Care:** Families will appreciate the on-site child care services available at no additional cost, making gym time easier for busy parents. **Wi-Fi:** Stay connected with complimentary Wi-Fi throughout the facility. With these **amenities**, Fitness System Lodi aims to provide a holistic approach to health and wellness.

## Membership Options and Services

While a **membership is required** for access to the gym's facilities, many users have expressed satisfaction with the value they receive. However, potential members should be aware of the **predatory membership and billing policies** noted in some reviews. Many recommend clarifying the terms before joining to avoid unexpected fees, like the 30-day cancellation policy.

## Community and Support

The staff at Fitness System Lodi receive numerous accolades for their friendliness and helpfulness. Members describe it as a welcoming and supportive environment where everyone is encouraged to work towards their fitness goals. Despite a few concerns regarding cleanliness and equipment maintenance reported by some users, many still appreciate the overall atmosphere and community spirit.

## Final Thoughts

Fitness System Lodi is not just a place to work out; it's a community that encourages fitness in a friendly environment. While it's essential to be aware of potential pitfalls regarding membership policies, many find the benefits of the gym, such as **on-site services** and robust amenities, outweigh the negatives. Explore what Fitness System Lodi has to offer—your journey to fitness starts here!

**You will find us at**

512 N Cherokee Ln, 95240 Lodi, California - United States (US)

The phone of the respective **Gym** is +1209-366-2800

And if you want to send a WhatsApp, you can do so at +1209-366-2800

## **We look forward to seeing you at:**

Day	Hours
Monday	Open 24 hours
Tuesday	Open 24 hours
Wednesday	Open 24 hours
Thursday	Open 24 hours
Friday	Open 24 hours
Saturday	Open 24 hours
Sunday	Open 24 hours

The website is Fitness System Lodi

If you require to modify any information that you believe is not correct regarding this page, we kindly request send us a message so we can we will fix it at the earliest convenience. In advance we appreciate it.

## **Images**



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*Fitness system lodi schedule*





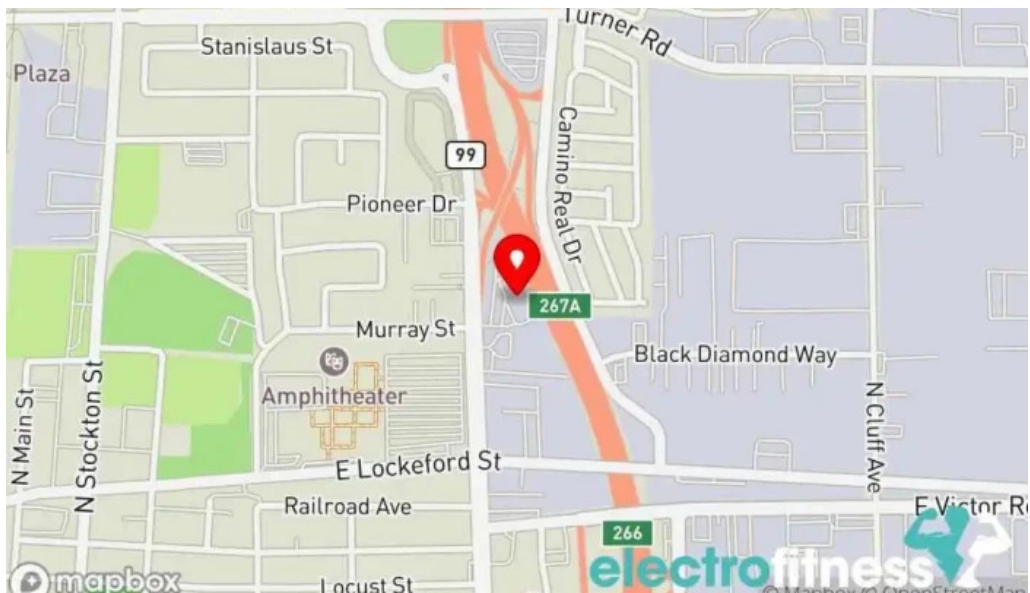
*Fitness system lodi reviews*



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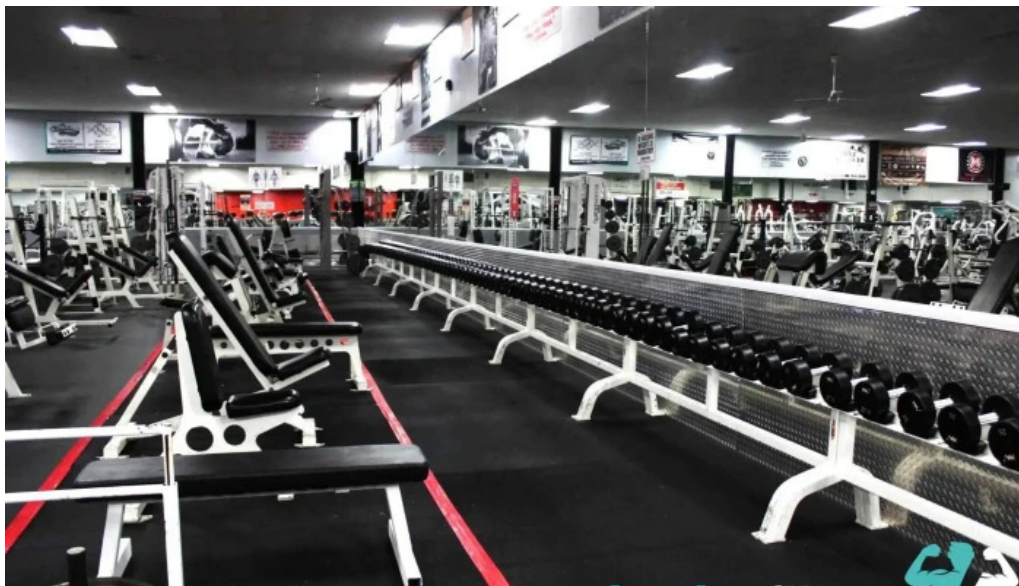
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## Tags

*Sauna, Basketball court, Offerings, Wheelchair-accessible entrance, Wheelchair-accessible car park, Child care, Free of charge street parking, Planning, Free parking lot, On-site services, Amenities, On-site parking, Accessibility, Parking, Membership required, Service options, Wi-Fi*

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**4.1 \*** *Onelife Fitness - Pike & Rose - Rockville*

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**4.2 \*** *Gold's Gym - Totowa*

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**4.3 \*** *Onelife Fitness - North Frederick - Frederick*

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**4.4 \*** *Southern Prairie Family Fitness Center - Creston*

## Categories

academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
assisted living facility
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club

dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel



ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
psychotherapist
public educational institution
public library

public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
water park
weight loss service

weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization