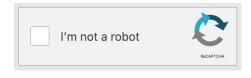


Electro Fitness: Best Electro Fitness

#### Painful Pleasure Fitness - Long Beach

long beach



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https://www.electrofitness.com/gym/long-beach/painful-pleasure-fitness-long-beach\_307337.php



long beach

# Painful Pleasure Fitness - Long Beach

#### Welcome to Painful Pleasure Fitness in Long Beach, California

Painful Pleasure Fitness is a newly established gym that promises an incredible experience for fitness enthusiasts of all levels. Located in Long Beach, this facility stands out not just for its dedication to fitness but also for its commitment to accessibility.

#### Accessibility Features

One of the major highlights of Painful Pleasure Fitness is its \*\*wheelchair-accessible car park\*\* and \*\*wheelchair-accessible entrance\*\*. This commitment ensures that everyone can enjoy their fitness journey without barriers, making it an inclusive environment for all members of the community.

## A Unique Fitness Community

As highlighted by visitors, Painful Pleasure Fitness fosters an \*\*amazing fitness community\*\*. It's not just a gym; it's a place where connections are made, and support systems are built. The trainer, Bryan, is dedicated and passionate, inspiring members with his own journey of strength and determination. He embodies the spirit of the gym, encouraging all participants to face their challenges head-on.

## A Transformative Experience

Joining Painful Pleasure Fitness is more than just signing up for workouts. The gym offers a meaningful experience that goes beyond physical transformation. Members have the opportunity to enjoy two free classes with no obligation or commitment, allowing newcomers to dive into the vibrant community and see the difference firsthand.

### **Personalized Training**

Painful Pleasure Fitness specializes in personal training, providing one-on-one sessions that are tailored to individual needs. The trainers here are knowledgeable and skilled, ensuring that each workout is effective and engaging. With a focus on mental stimulation as well, members are challenged physically and mentally, creating a comprehensive fitness experience.

### Your Journey Begins Here

Whether you're looking for intense workouts, supportive mentorship, or simply a place to connect with like-minded individuals, Painful Pleasure Fitness has it all. Remember, "WE DON'T GET TIRED!" So, if you're ready to transform your life and become part of an incredible community, stop by today and take that first step.

#### We are established at

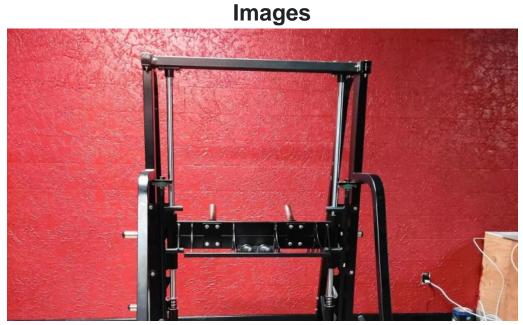
6670 Long Beach Blvd, 90805 Long Beach, California - United States (US)

The contact phone of the respective **Gym** is  $\pm 1918-809-4888$ And if you want to send a WhatsApp, you can do so at $\pm 1918-809-4888$ 

### Our business hours are:

Day Hours Monday 7?AM-2?PM Tuesday Closed Wednesday 8?AM-10?PM Thursday 8?AM-10?PM Eriday 8?AM-10?PM Saturday 8?AM-10?PM Sunday 8?AM-10?PM

If you require to modify any data that you think is not correct concerning this site, we ask deliver a message and we will correct it as soon as possible. In advance thanks.



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# Tags

Accessibility, Wheelchair-accessible car park, Wheelchair-accessible entrance

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parking lot
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pharmacy
physical fitness program
physical therapist
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pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna

school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
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