

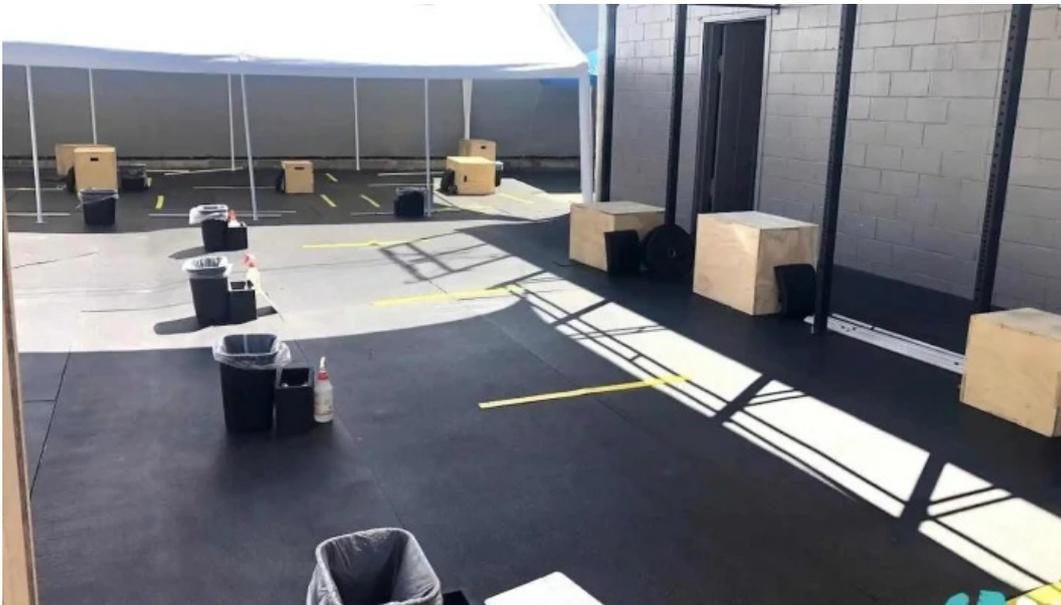
## Nela Athletics - Los Angeles

los angeles

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*los angeles*

## *Nela Athletics - Los Angeles*

### **Welcome to Nela Athletics: A Gym for Everyone in Los Angeles**

Nela Athletics is a vibrant fitness community located in the heart of Los Angeles, California. This gym not only emphasizes physical fitness but also prioritizes inclusivity and accessibility, making it an exceptional place for individuals from all walks of life.

### **Accessibility and Amenities**

Nela Athletics is committed to ensuring that everyone feels welcome. The gym features a **\*\*wheelchair-accessible entrance\*\*** and a **\*\*wheelchair-accessible car**

park\*\* to accommodate all members. The facility includes \*\*gender-neutral toilets\*\*, making it a \*\*transgender safe space\*\* where all individuals can feel comfortable and respected. The gym also offers a range of \*\*service options\*\*, ensuring personalized workouts tailored to individual needs.

## **LGBTQ+ Friendly Environment**

As an \*\*LGBTQ+ friendly\*\* gym, Nela Athletics fosters a supportive atmosphere. Members appreciate the welcoming vibes, noting that the supportive community dismantles any apprehensions they may have felt about starting their fitness journey. Many reviews highlight how coaches pay close attention to everyone's needs, creating tailored workout plans that respect personal boundaries and encourage growth regardless of fitness levels.

## **Membership and Service Options**

While a \*\*membership is required\*\* to enjoy the full benefits of Nela Athletics, new members are encouraged to try out classes with no pressure. This approach makes it easier for newcomers to gauge the best fit for their personal fitness goals. The gym provides a variety of \*\*on-site services\*\*, including specialized coaching, personal training, and group classes, ensuring a comprehensive experience that meets diverse fitness needs.

## **Outdoor and Online Services**

In response to the evolving fitness landscape, Nela Athletics offers \*\*outdoor services\*\* that allow members to stay active while enjoying the fresh air. Members can also participate in \*\*online classes\*\*, expanding accessibility for those who prefer working out from home or away from the gym.

## **A Community That Supports You**

Nela Athletics is more than just a gym; it's a community. Members often describe their experiences as transformative. Coaches like Wes and Paul have been highlighted for their ability to break down complex movements, creating a learn-at-your-own-pace environment. The supportive crowd fosters camaraderie and encouragement, making workouts feel less like a chore and more like a group activity among friends.

## **Transformative Fitness Journeys**

Numerous testimonials shed light on how training at Nela has positively impacted lives. Members have reported significant health improvements, increased strength, and even emotional well-being as they navigate personal challenges. With dedicated trainers who genuinely care, each member feels supported throughout their fitness journey.

## **Conclusion**

At Nela Athletics, you'll find a unique blend of expertise, community, and

inclusivity. From its **\*\*wheelchair-accessible\*\*** facilities to engaging **\*\*online classes\*\***, this gym sets itself apart as a truly welcoming space for everyone. If you're looking to embark on or elevate your fitness journey in Los Angeles, Nela Athletics is the perfect place to start.

**Our address is**

4662 Eagle Rock Blvd, 90041 Los Angeles, California - United States (US)

The contact phone of this **Gym** is +1323-902-7625

And if you want to send a WhatsApp, you can do so at +1323-902-7625

**Our service hours are:**

Day	Hours
Monday	5:30?AM–7:30?PM
Tuesday	5:30?AM–7:30?PM
Wednesday	7–11?AM
Thursday	Closed
Friday	5:30?AM–7:30?PM
Saturday	5:30?AM–7:30?PM
Sunday	5:30?AM–7:30?PM

The website is Nela Athletics

If necessary to alter any information that you think is incorrect concerning this portal, we urge you to deliver a message so we can we will handle it promptly. Thank you in advance thanks.

**Images**



*Nela athletics videos*



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## Tags

*Outdoor services, On-site services, Wheelchair-accessible entrance, Gender-neutral toilets, Accessibility, Crowd, Service options, Membership required, Wheelchair-accessible car park, Online classes, Transgender safe space, Planning, Amenities, LGBTQ+ friendly*

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basketball court
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boxing gym
boxing ring
children's party service
chiropractor
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club

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corporate office
counselor
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fitness center
fitness equipment wholesaler
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golf course
golf instructor
grocery store
gym
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gymnastics center
gymnastics club
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health food store
health spa
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karate school
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kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school

school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
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training centre
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