

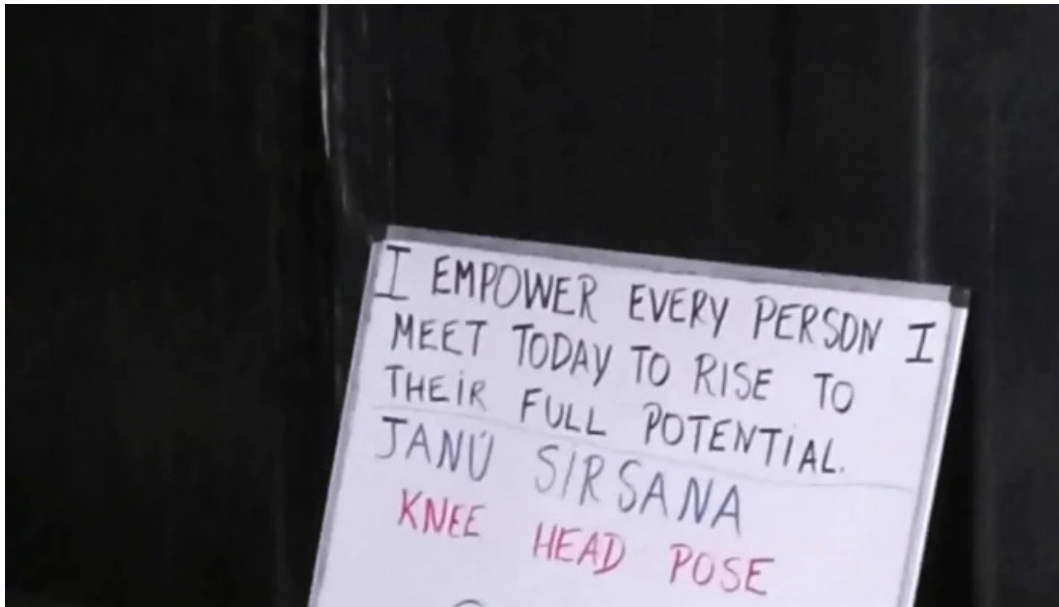
Et Fight Academy - Lufkin

lufkin

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Welcome to ET Fight Academy: The Premier Gym in Lufkin, Texas

ET Fight Academy is a premier training facility located in the heart of Lufkin, Texas, offering a variety of on-site services that cater to individuals of all ages and skill levels.

Diverse Offerings for Everyone

At ET Fight Academy, membership is required to access an array of classes designed for both young beginners and seasoned fighters. From Brazilian Jiu-Jitsu (BJJ) and Mixed Martial Arts (MMA) to Muay Thai and fitness sessions,

there is something for everyone. The gym also features specialized classes, including a ladies-only BJJ class, ensuring a welcoming environment for all.

Accessibility for All

The facility boasts excellent accessibility, featuring a wheelchair-accessible entrance and car park, making it easy for everyone to enjoy the benefits of this vibrant community. Additionally, the gym has accessible toilets and offers a swimming pool for members looking to combine fun with fitness.

Amenities that Enhance Your Experience

ET Fight Academy takes pride in its various amenities designed to enhance your training experience. The gym provides online classes for those who prefer to train from the comfort of their home. Members can also enjoy a well-stocked drink and snack bar, perfect for refueling after an intense workout.

Planning Your Visit

To make the most of your training journey, we encourage you to check out the training schedule available on our Facebook page. With classes scheduled at various times throughout the week, including mornings and late afternoons, you can easily find a session that fits your lifestyle.

A Family-Friendly Environment

With a reputation for being the best family-friendly gym in Lufkin, ET Fight Academy focuses on creating a supportive and inclusive atmosphere. As one member shared, "It's my Happy Place!" This sentiment reflects the camaraderie and respect that permeates the gym, making it a fantastic location for families and individuals alike.

Transformative Training Experiences

Trainers at ET Fight Academy are not just instructors; they are passionate mentors. Members have reported life-changing experiences, highlighting the knowledgeable coaches who provide personalized attention based on fitness levels. Whether you are training for your first fight or looking to improve your mental and physical health, this gym has the right support for you.

Join Us!

If you're in Lufkin and looking for a place to train, look no further than ET Fight Academy. With its wide range of classes, knowledgeable instructors, and family-oriented environment, you'll find everything you need to achieve your fitness goals. Come visit us and see why so many people consider ET Fight Academy as their gym of choice!

You will find us at

3116 S John Redditt Dr, 75904 Lufkin, Texas - United States (US)

The contact phone of the respective **Gym** is +1936-238-8059
And if you want to send a WhatsApp, you can do so at +1936-238-8059

Visit us during the following hours:

Day	Hours
Monday	9–10:30?AM 3:45–9?PM
Tuesday	5–7?PM
Wednesday	9–11?AM
Thursday	Closed
Friday	9–10:30?AM 3:45–9?PM
Saturday	9–10:30?AM 3:45–9?PM
Sunday	9–10:30?AM 3:45–9?PM

If you require to modify any detail that you think is not accurate regarding this portal, we kindly request send us a message and we will adjust it as soon as possible. In advance thanks for your cooperation.

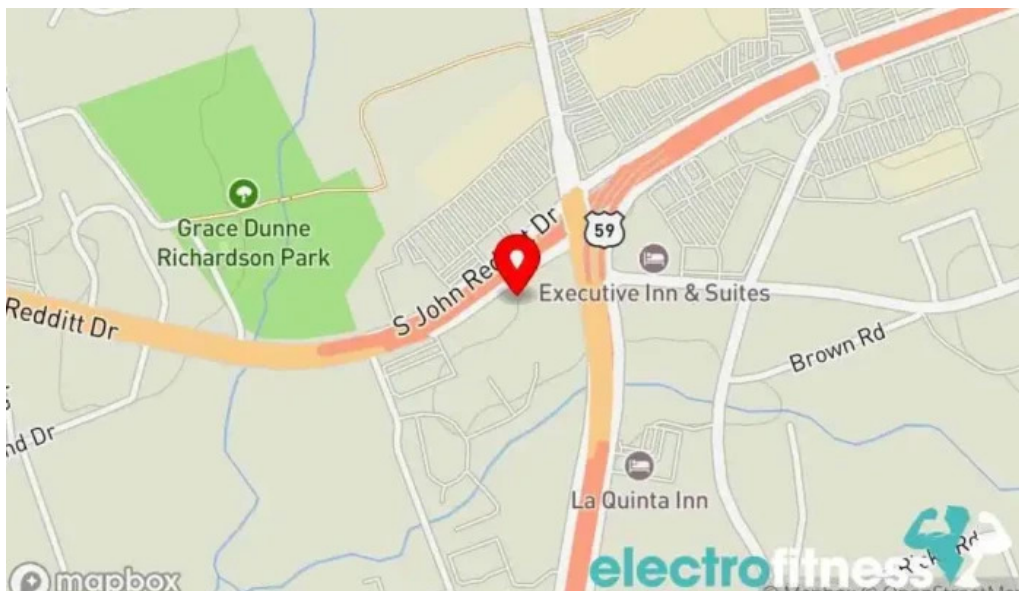
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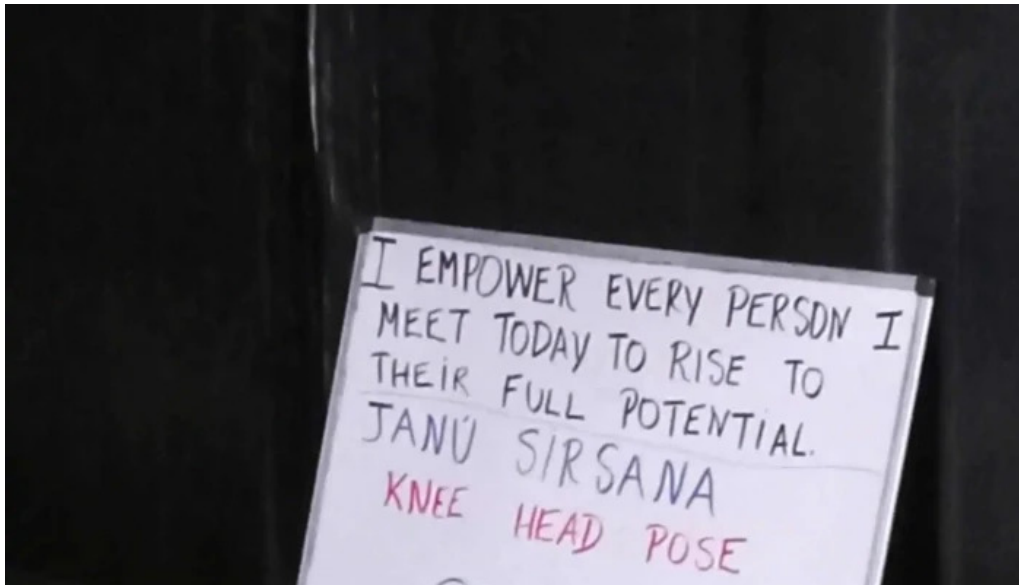
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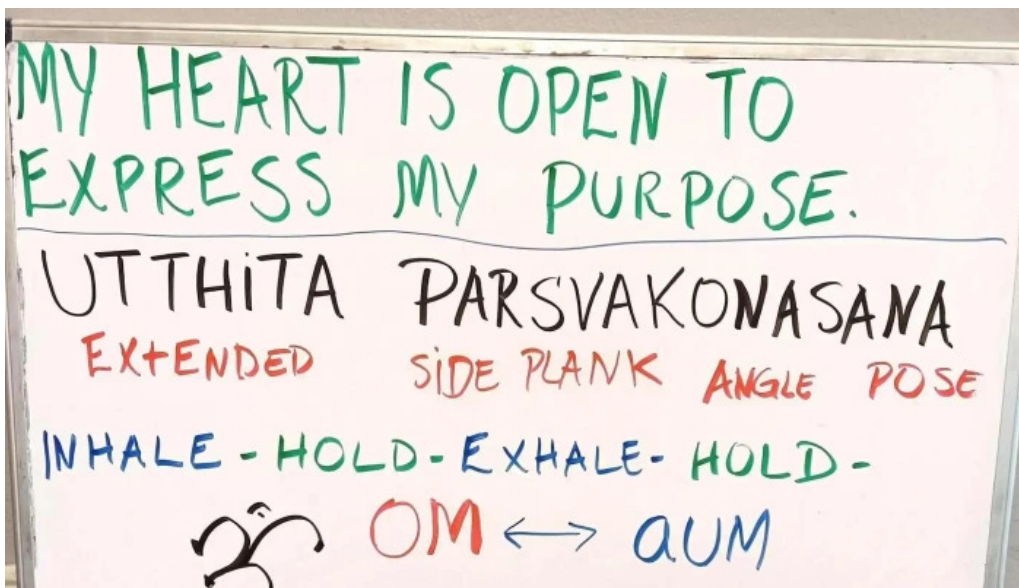
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Et fight academy map



Et fight academy lufkin



Et fight academy gym



Et fight academy by owner



Et fight academy all

Tags

Wheelchair-accessible car park, Accessibility, Toilet, Amenities, Membership required, Planning, On-site services, Online classes, Wheelchair-accessible entrance, Swimming pool, Offerings, Service options, Sauna

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