

## Fitt Life - Lufkin

lufkin

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## *Fitt Life - Lufkin*

### Discover the Fitt Life Gym Experience in Lufkin, Texas

Welcome to **\*\*Fitt Life\*\***, an exceptional gym located in Lufkin, Texas, where fitness meets fun for the entire family. This gym is not just about working out; it's about creating memorable experiences with on-site services and a welcoming atmosphere.

### On-Site Services and Accessibility

Fitt Life offers a variety of **\*\*on-site services\*\*** tailored to meet the needs of all members. With a **\*\*wheelchair-accessible entrance\*\*** and a

**\*\*wheelchair-accessible car park\*\***, it ensures that everyone can enjoy their fitness journey. The gym is committed to inclusivity, making it an excellent choice for families, seniors, and individuals with mobility challenges.

### **Family-Friendly Atmosphere**

The atmosphere at Fitt Life is vibrant and supportive, making it one of the best gyms around. Families have reported hosting birthday parties at the gym, like the unforgettable 4-year-old birthday bash that included a ninja obstacle course and a thrilling nerf gun battle. Children are engaged in personal coaching to ensure safety and enjoyment, contributing to a memorable experience.

### **Engaging Online Classes and Training Options**

In addition to its physical facilities, Fitt Life offers **\*\*online classes\*\***, providing flexibility for those who may not be able to attend in person. With **\*\*service options\*\*** catering to various fitness levels, members can choose from a wide range of activities, including weekly classes that spice up training routines with unique elements like the ninja course and other fun obstacles.

### **Clean, Affordable, and Well-Equipped**

Affordability is another highlight of Fitt Life, making it accessible to a broader audience. One of the visitors noted that it offered the **\*\*cheapest day pass\*\*** in Lufkin. Despite some older equipment, the gym has everything needed for a complete workout, all in a clean and uncrowded environment.

### **A Community-Centered Gym**

The owners, Casey and Sandi, are known for their kindness and community involvement. They regularly contribute to community events and create an uplifting atmosphere that makes everyone feel welcome. Many members have expressed their appreciation for the supportive gym family that fosters long-term relationships and encourages personal fitness goals.

### **Conclusion: A Must-Visit Gym in Lufkin**

Whether you're looking for a place to work out, engage in exciting activities with your children, or attend a fun birthday party, Fitt Life in Lufkin, Texas, is the ultimate destination. With its comprehensive **\*\*on-site services\*\***, accessibility features, and inviting atmosphere, Fitt Life invites you to embark on your fitness journey today! Don't miss out—join the Fitt Life community and discover why it's considered the best gym in Lufkin!

### **Our location is in**

533 S Chestnut St Suite B, 75901 Lufkin, Texas - United States (US)

The phone of the respective **Gym** is +1936-208-8455

And if you want to send a WhatsApp, you can do so at +1936-208-8455

## Visit us during the following hours:

Day Hours  
Monday

*Open 24 hours*

Tuesday

*Open 24 hours*

Wednesday

*Open 24 hours*

Thursday

*Open 24 hours*

Friday

*Open 24 hours*

Saturday

*Open 24 hours*

Sunday

*Open 24 hours*

The website is [Fitt Life](#)

If you need to change any data that you think is incorrect about this portal, we ask deliver a message so that we will adjust it quickly. Thank you in advance thanks for your cooperation.

## Images



*Fitt life street view 360deg*



*Fitt life map*

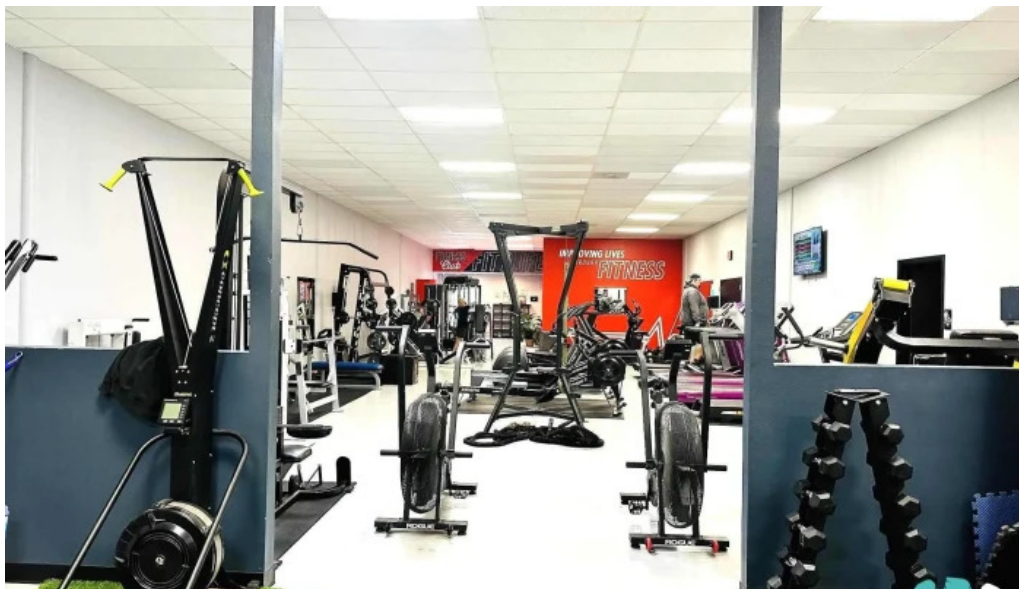


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*Fitt life gym*



*Fitt life by owner*



*Fitt life all*

## Tags

*Online classes, Accessibility, Service options, Shower, Wheelchair-accessible car park, Atmosphere, Wheelchair-accessible entrance, On-site services*

## Related content

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**3.9 \*** *Life Time - Westminster*

**3.9 \*** *Life Time - Gaithersburg*

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arena
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athletic club
athletic track
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
beauty salon
beer store
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
community health centre
convenience store
corporate office
counselor
country club

coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
general hospital
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa



hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center

private golf course
psychotherapist
public educational institution
public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
specialized clinic
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
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water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization